

December 2018



Wellsprings Assisted Living

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25	26	27	28	29	30	Dec 1 Cranberry Glazed Turkey Roast Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
Shepherds Pie Baby Carrots Baked Roll Peach Pie	Marinated Drum Sticks Ranch Roasted Potatoes Vegetable Medley Cranberry Apple Crisp	Grilled Pork Chop/Applesauce Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Spaghetti/Meat Marinara Sauce Green Salad Baked Roll Chocolate Chip Cookie	Rosemary Lemon Chicken Fresh Mashed Potatoes/Gravy Capri Blend Baked Roll Pear Cobbler	Red Potatoes and Ham Coleslaw Baked Roll Ice Cream	Turkey with Pan Gravy Fresh Mashed Potatoes/Gravy Seasoned Peas Whole Grain Bread Gingerbread Bar
Tender Beef Roast Fresh Mashed Potatoes/Gravy Oven Roasted Broccoli Baked Roll Apple Pie	Oven Roasted Pork Hash Brown Bake California Normandy Blend Whole Grain Bread M&M Cookie	Classic Lasagna Green Salad Garlic Bread Peanut Butter Brownie	Sliced Turkey Breast Fresh Mashed Potatoes/Gravy Roasted Squash Cornbread Blueberry Cobbler	Ham Roast Cream and Cheese Potatoes Seasoned Cauliflower Baked Roll Cranberry Cake	Cod AuGratin Rice Seasoned Pea Pods Fruit Yogurt Parfait	Cranberry Chicken Steamed Red Potatoes Garlic Carrots Baked Roll Caramel Apple Crisp
Hamburger Steak/Gravy Fresh Mashed Potatoes California Normandy Blend Baked Roll Lime Jello With Pears	Rosemary Roasted Turkey Cheesy Potato Rounds Green Beans Baked Roll Bread Pudding	Melt In Your Mouth Chicken Delicious Rice Mixed Vegetables Berry Cobbler	Ham and Potato Casserole Parsley Carrots Baked Roll Angel Food Cake	Beef Parmesan Patty Ranch Potato Bake Sauteed Zucchini Baked Roll Cheesecake/Fruit Topping	Blackened Chicken Rice Coleslaw Baked Roll Dump Cake	Shepherd's Pie Green Salad Baked Roll Chocolate Sugar Cookies
Beef Roast/Gravy Fresh Mashed Potatoes/Gravy Roasted Carrots Baked Roll Yogurt Jello Salad	24 Chicken/Mushroom Gravy Rice Pilaf Broccoli Baked Roll Swirled Apple Sour Cream Cake	Turkey Piccata Boiled Potatoes Corn Cornbread Ice Cream	Salisbury Steak Cheesy Scalloped Potatoes Garden Green Salad Baked Roll Mounds Bar	Jeweled Pork Roast Baked Macaroni Cheese Mixed Vegetables Whole Grain Bread Blueberry Cream Angel Dessert	Meat and Potato Casserole Sauteed Red Cabbage Cornbread Texas Sheet Cake	Herb Roasted Turkey Fresh Mashed Potatoes/Gravy Vegetable Medley Caramel Apple Dessert
Scalloped Ham/Potatoes Baked Lima Beans Whole Grain Bread Cherry Pie	31 Garlic Ranch Chicken Angel Hair Pasta Corn O'Brien Whole Grain Bread Coconut Cake	Jan 1	2	3	4	5