



The Meadows

25	26	27	28	29	30	Dec 1
						Light Caesar Salad Lime Tarragon Turkey Cutlet Beef Burgundy <i>or</i> Cornbread Dressing Mixed Vegetables Pineapple Cake
2 Green Salad Seasoned Meatballs/Gravy Garlic Herb Pork Roast <i>or</i> Garlic Mashed Potatoes Baby Carrots Peach Pie	3 Pasta Salad Marinated Drum Sticks Veal/Mushroom Sauce <i>or</i> Lemon Rice Chef's Steamed Vegetable Cranberry Apple Crisp	4 Five Fruit Salad Grilled Pork Cutlet Swiss Steak/Tomatoes <i>or</i> Baked Yams Herbed Corn Boston Cream Pie	5 Caesar Salad Spaghetti/Meat Marinara Sauce Bacon Wrapped Patty <i>or</i> Baked Potato Mixed Vegetables Graham Streusel Cake	6 Green Salad Rosemary Lemon Chicken BBQ Saint Louis Beef Ribs <i>or</i> Seasoned Brown Rice Capri Blend Blueberry Parfait	7 Coleslaw Crunch-Topped Fish Country Fried Steak/Gravy <i>or</i> Fresh Mashed Potatoes/Gravy Green Beans Almondine Carrot Cake	8 Four Bean Salad Meatloaf with Mozzarella Turkey Cutlets/Pan Gravy <i>or</i> O'Brien Potatoes Peas and Pearl Onions Cherry Crisp
9 Carrot Raisin Salad Smothered Cube Steak Bacon Ranch Chicken <i>or</i> Herb Mashed Potatoes Oven Roasted Broccoli Apple Pie	10 Green Salad Oven Roasted Pork Classic Lasagna <i>or</i> Glazed Sweet Potatoes Green Beans Italian Carrot Cake	11 Broccoli Raisin Salad Beef Patty/Mushroom Sauce <i>or</i> Breaded Catfish <i>or</i> Parmesan Peas Chocolate Cake	12 Caesar Salad Sliced Turkey Breast Crispy Pork Chops <i>or</i> Cornbread Dressing Roasted Squash Blueberry Cobbler	13 Ambrosia Ham Roast Buttermilk Baked Chicken <i>or</i> Parsley Rice Mixed Vegetables Autumn Spice Cake	14 French Onion Soup Honey Glazed Meatballs Cod AuGratin <i>or</i> Rice Sweet Sour Beets Ice Cream Bar	15 Green Salad Mushroom and Swiss Chicken Corned Beef Brisket <i>or</i> Steamed Red Potatoes Garlic Carrots Fruit Crisp
16 Cucumber Tomato Salad Hamburger Steak/Gravy Chicken Cordon Bleu <i>or</i> Fried Potatoes/Onions California Normandy Blend Crescent Cream Bars	17 Green Salad Rosemary Roasted Turkey BBQ Saint Louis Pork Ribs <i>or</i> Fresh Mashed Potatoes Green Beans Chocolate Love Cake	18 Fall Fruit Salad Melt In Your Mouth Chicken Sausage and Peppers <i>or</i> Penne Pasta Mixed Vegetables Assorted Desserts	19 Light Caesar Salad Cranberry Glazed Ham Adobo Chicken <i>or</i> Brown Rice Parsley Carrots Banana Cream Pudding	20 Green Salad Beef Parmesan Patty Lemon Oregano Turkey <i>or</i> Best Noodles Sauteed Zucchini Cheesecake/Fruit Topping	21 Coleslaw Grilled Chicken/Roasted Pepper Sauce Glazed Salmon <i>or</i> Rice Green Beans Dump Cake	22 Marinated Potato Salad Sirloin Steak Dilled Pork Roast <i>or</i> Baked Potato Corn on the Cob Baked Roll Marshmallow Treat
23 Yogurt Jello Salad Zesty Meatloaf Fried Chicken/Creamy Gravy <i>or</i> Fresh Mashed Potatoes Scandinavian Veg Pumpkin Pie	24 Asian Cabbage Salad Cod/Garlic Herb Sauce Asian Pork <i>or</i> Rice Pilaf Chef's Steamed Vegetable Peach Cobbler	25 Green Salad Almond Crusted Pork Cutlet Turkey Piccata <i>or</i> Smashed Sweet Potatoes Corn Mixed Berry Crisp	26 Green Salad Ham Steak/Cider Sauce Country Fried Steak/Gravy <i>or</i> Baked Potato Parsley Carrots Fresh Banana Cream Pie	27 Vegetable Pasta Salad BBQ Chicken Leg Beef and Broccoli Stir-Fry <i>or</i> Delicious Rice Mixed Vegetables Blueberry Crumb Bar	28 Caesar Salad Seasoned Baked Tilapia Spanish Cubed Steak <i>or</i> Parmesan Pasta Lemon Pepper Green Beans Carrot Cake	29 Fresh Fruit Salad Braised Beef Cubes Herb Roasted Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Autumn Spice Cake

	30	31	Jan 1	2	3	4	5
Cucumber Pepper Salad		Marinated Green Bean Salad					
Brown Sugar Ham		Garlic Ranch Chicken					
Oven Pot Roast		Hawaiian Meatballs					
<i>or</i>		<i>or</i>					
Fresh Mashed Potatoes/Gravy		Lemon Rice					
Sauteed Carrots		Corn O'Brien					
Cinnamon Coffee Cake		Coconut Cake					