



| 25  | 26   | 27  | 28   | 29   | 30  | Dec 1   |
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|   |  |   |  |  |   | Bok Choy Salad<br>Old Fashion Stew<br>Cranberry Glazed<br>Turkey Roast<br>Beef Burgundy<br>Cornbread Dressing<br>Fresh Mashed<br>Potatoes/Gravy<br>Roasted Parmesan<br>Brussels Sprouts<br>Mixed Vegetables<br><i>and</i><br>Hot Croissant<br>Pineapple Cake        |
| 2   | 3  | 4   | 5  | 6  | 7   | 8   |
| Green Pea Salad<br>Home Chicken<br>Noodle Soup<br><i>or</i><br>Cajun Seasoned Cod<br>Perfect Fried Chicken<br><i>or</i><br>Garlic Mashed<br>Potatoes<br>Rice Pilaf<br><i>or</i><br>Baby Carrots<br>Winter Squash<br><i>and</i><br>Baked Roll<br>Homemade Peach Pie                  | Peach Yogurt Salad<br>Autumn Ham Soup<br><i>or</i><br>Cheese Stuffed<br>Chicken Breast<br>Beef Tips Au Jus<br><i>or</i><br>Sugar Topped Sweet<br>Potatoes<br>Penne Pasta<br><i>or</i><br>Steamed Sugar Snap<br>Peas<br>Ratatouille<br><i>and</i><br>Hot Croissant<br>Banana Pudding<br>Poke Cake | Fruity Green Salad<br>Cream of<br>Cauliflower Soup<br>Swiss<br>Steak/Tomatoes<br>Beef Taco<br>Roasted Smashed<br>Potatoes<br>Spanish Rice<br>Herbed Corn<br>Green Beans<br><i>and</i><br>Buttermilk Cornbread<br>Glazed Pumpkin<br>Cake | Fruited Jello Salad<br>Creamy Tomato<br>Bisque<br><i>or</i><br>Bacon Wrapped Patty<br>Spaghetti/Meat<br>Marinara Sauce<br><i>or</i><br>Fresh Mashed<br>Potatoes/Gravy<br>Candied Yams<br><i>or</i><br>Mixed Vegetables<br>Grilled Zucchini<br><i>and</i><br>Garlic Bread<br>Pudding Tart | Fruit Toss<br>Vegetable Sausage<br>Soup<br>Chicken Marsala<br>Fried Catfish<br>Best Noodles<br>Simple Pinto Beans<br>Parsley Carrots<br>Creamy Coleslaw<br><i>and</i><br>Buttermilk Cornbread<br>Blackberry Vanilla<br>Parfait               | Corn Pepper Salad<br>Blue Ribbon Chili<br>Crab Imperial<br>Ham and Gravy<br>Fresh Mashed<br>Potatoes<br>White and Wild Rice<br>Pilaf<br>Bacon Sautéed Lima<br>Beans<br>Garlic Green Beans<br><i>and</i><br>Cheesy Garlic<br>Biscuits<br>Pina Colada Pie                             | Classic Waldorf<br>Salad<br>Chicken Wild Rice<br>Soup<br>Bohemian<br>Beef/Sauerkraut<br>Turkey Cutlets/Pan<br>Gravy<br>O'Brien Potatoes<br>Parmesan Pasta<br>Peas and Pearl<br>Onions<br>Roasted Brussels<br>Sprouts<br><i>and</i><br>Baked Roll<br>Red Velvet Cake |
| 9   | 10   | 11  | 12   | 13   | 14  | 15  |
| Carrot Coin Salad<br>Ham Potato Cabbage<br>Soup<br><i>or</i><br>Tender Beef Roast<br>Perfect Fried Chicken<br><i>or</i><br>Herb Mashed<br>Potatoes<br>Seasoned Black-<br>Eyed Peas<br><i>or</i><br>Yellow<br>Squash/Onions<br>Greens<br><i>and</i><br>Baked Roll<br>Dutch Apple Pie | 7-Up Salad<br>Cream of Zucchini<br>Soup<br><i>or</i><br>Grilled Pork Steak<br>Three Cheese Ravioli<br><i>or</i><br>Glazed Sweet<br>Potatoes<br>Lentils<br><i>or</i><br>Green Beans Italian<br>California Normandy<br>Blend<br><i>and</i><br>Cheesy Garlic<br>Biscuits<br>Homemade Carrot<br>Cake | Vegetable Pasta Salad<br>Plantation Vegetable<br>Soup<br>Sour Cream Cheddar<br>Tilapia<br>Beef Taco<br>Roasted Potato<br>Medley<br>Refried Beans<br>Parmesan Peas<br>Roasted Carrots<br><i>and</i><br>Garlic Bread<br>Lemon Cream Cake  | Caesar Salad<br>Chicken Chowder<br><i>or</i><br>Sliced Turkey Breast<br>Crispy Pork Chops<br><i>or</i><br>Cornbread Dressing<br>Fresh Mashed<br>Potatoes/Gravy<br><i>or</i><br>Roasted Squash<br>Herbed Corn<br><i>and</i><br>Baked Roll<br>Fruit Marshmallow<br>Dessert                 | Bacon Lettuce Salad<br>Beef Barley Soup<br>Baked Spiral Ham<br>Fried Catfish<br>Cream and Cheese<br>Potatoes<br>Simple Pinto Beans<br>Mixed Vegetables<br>Creamy Coleslaw<br><i>and</i><br>Buttermilk Cornbread<br>Butterscotch Cream<br>Pie | Dutch Spinach Salad<br>French Onion Soup<br>Marinated Flank<br>Steak<br>Baked Flounder with<br>Creole Sauce<br>Rice<br>Roasted Rosemary<br>Potatoes<br>Lemon Buttered<br>Broccoli<br>Snap Pea Vegetable<br>Blend<br><i>and</i><br>Hot Croissant<br>Frozen Mint<br>Chocolate Squares | Romaine Orange<br>Salad<br>Red Bean Chili<br>Mushroom and<br>Swiss Chicken<br>Corned Beef Brisket<br>Apple Sausage<br>Stuffing<br>Steamed Red<br>Potatoes<br>Country Trio Medley<br>Rutabagas<br><i>and</i><br>Baked Roll<br>Caramel Apple Crisp                    |

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| 16<br>Lime Jello With Pears<br>Beef Stew<br><i>or</i><br>North Carolina Pork Roast<br>Perfect Fried Chicken<br><i>or</i><br>Fried Potatoes/Onions<br>Baked Beans with Bacon<br><i>or</i><br>Baby Carrots<br>French Cut Green Beans<br><i>and</i><br>Buttermilk Cornbread Brownies    | 17<br>Sour Cream Fruit Salad<br>Chicken Vegetable Soup<br><i>or</i><br>Country Fried Steak/Gravy<br>French Dip Sandwich<br><i>or</i><br>Fresh Mashed Potatoes<br>Sweet Potato Tots<br><i>or</i><br>Brussels Sprouts/Lemon Sauce<br>Butternut Squash<br><i>and</i><br>Baked Roll<br>Lemonade Icebox Pie | 18<br>Zucchini Tomato Salad<br>Baked Potato Soup<br>Rigatoni Italian Beef Taco<br>Bacon and Blue Potato Salad<br>Southwest Rice<br>Mixed Vegetables<br>Sauteed Zucchini<br><i>and</i><br>Garlic Bread<br>Banana Split Dessert               | 19<br>Fall Fruit Salad<br>Vegetable Medley Soup<br><i>or</i><br>Teriyaki Shrimp<br>Cranberry Glazed Ham<br><i>or</i><br>Scalloped Potatoes<br>Coconut Rice<br><i>or</i><br>Grilled Asparagus<br>Parsley Carrots<br><i>and</i><br>Hot Croissant<br>Peach Melba Ribbon Pie                   | 20<br>Lime Fluff Jello<br>Pork and Hominy Soup<br>Beef Parmesan Patty<br>Fried Catfish<br>Fresh Mashed Potatoes/Gravy<br>Simple Pinto Beans<br>Roasted Summer Squash<br>Creamy Coleslaw<br><i>and</i><br>Buttermilk Cornbread<br>Italian Cream Cake | 21<br>Rainbow Salad<br>Ham and Lentil Soup<br>Grilled Chicken/Roasted Pepper Sauce<br>Beef Enchilada<br>Lime Cilantro Rice<br>Angel Pasta<br>Green Beans<br>Corn Maque Choux<br><i>and</i><br>Cheese Biscuits<br>Dump Cake               | 22<br>Garden Pasta Salad<br>Homemade Bean Bacon Soup<br>BBQ Saint Louis Pork Ribs<br>Sirloin Steak<br>Baked Potato<br>Fresh Cooked Yams<br>Garlic Spinach<br>Marinated Mushrooms<br><i>and</i><br>Baked Roll<br>Rootbeer Float Cake          |
| 23<br>Yogurt Jello Salad<br>Chicken Broccoli Soup<br><i>or</i><br>Zesty Meatloaf<br>Perfect Fried Chicken<br><i>or</i><br>Fresh Mashed Potatoes/Gravy<br>Seasoned Black-Eyed Peas<br><i>or</i><br>Roasted Carrots<br>Corn<br><i>and</i><br>Baked Roll<br>Pumpkin Pie                 | 24<br>Asian Cabbage Salad<br>New England Clam Chowder<br><i>or</i><br>Honey Curry<br>Chicken Breast<br>Cod/Garlic Butter Sauce<br><i>or</i><br>Rice Pilaf<br>Homemade Stuffing<br><i>or</i><br>Broccoli Greens<br><i>and</i><br>Hot Croissant<br>Swirled Apple Sour Cream Cake                         | 25<br>Cinnamon Fruit Cup<br>Split Pea Sausage Soup<br>Almond Crusted Pork Cutlet<br>Beef Taco<br>Roasted Yukon Potatoes<br>Spanish Rice<br>Brussels Sprouts<br>Garlic Green Beans<br><i>and</i><br>Buttermilk Cornbread<br>Cream Pecan Cake | 26<br>Zesty Cucumber Salad<br>White Bean Chili<br><i>or</i><br>Salisbury Steak<br>Ham with Raisin Sauce<br><i>or</i><br>Fresh Mashed Potatoes/Gravy<br>Southern Baked Beans<br><i>or</i><br>Sauteed Spinach<br>Sauteed Mushrooms<br><i>and</i><br>Fresh Biscuits<br>Fresh Banana Cream Pie | 27<br>Vegetable Pasta Salad<br>Oven Roasted Chicken Breast<br>Braised Pork<br>Lyonnais Potatoes<br>Mixed Vegetables<br>Baked Roll<br>Blueberry Cream<br>Angel Dessert   | 28<br>Ambrosia<br>Cheddar Ham Soup<br>Seasoned Baked Tilapia<br>Steak with Balsamic<br>Cranberry Sauce<br>Parmesan Pasta<br>AuGratin Potatoes<br>Peas and Carrots<br>Sauteed Red Cabbage<br><i>and</i><br>Baked Roll<br>Texas Sheet Cake | 29<br>Fresh Fruit Salad<br>Pasta Fagioli Soup<br>Braised Beef Cubes<br>Turkey A La King<br>Seasoned Brown Rice<br>Glazed Sweet Potatoes<br>Sauteed Zucchini<br>Loaded Cauliflower<br><i>and</i><br>Buttermilk Cornbread<br>Autumn Spice Cake |
| 30<br>Strawberry Winter Jello Salad<br>Butternut Squash Soup<br><i>or</i><br>Scalloped Ham/Potatoes<br>Perfect Fried Chicken<br><i>or</i><br>Roasted Yams<br>Butter Beans<br><i>or</i><br>Sauteed Carrots<br>Homestyle Cream Corn<br><i>and</i><br>Baked Roll<br>Homemade Cherry Pie | 31<br>Marinated Green Bean Salad<br>Classic Minestrone Soup<br><i>or</i><br>Garlic Ranch Chicken<br>Shrimp Style Scampi<br><i>or</i><br>Potato Bacon Gratin<br>Lemon Rice<br><i>or</i><br>Garlic Zucchini Saute<br>Herb Roasted Tomatoes<br><i>and</i><br>Herb Biscuits<br>Cranberry Cheesecake        | Jan 1   | 2  | 3   | 4  | 5  |