



Pacific View

Assisted Living & Memory Care

1000 6th Street SW • Bandon, OR 97411 • (541) 347-7502

Happy 4th of July!!

We are full swing into summer and we are enjoying every minute of it. We had some fun and exciting events and activities last month.. Our residents made some of their own sugar scrub, celebrated Father's Day with an inside game of golf and a Surf & Turf menu, Summer Selfie Party, and celebrated Flag Day with a traditional Color Guard flag dedication ceremony assisted by our very own Veteran, Steve Sable and the US Coast Guard.

Please look out for some fun, exciting, and new things coming up this month, as we start celebrating our Passport Series happy hour this month.

Have a safe and fun filled summer !

Leslie Davis,
Executive Director



Hydrating Foods

Staying hydrated is important, especially when the temperature soars. In addition to drinking water, try snacking on these fruits and vegetables that are more than 90 percent water: strawberries, watermelon, tomatoes, cucumbers, baby carrots and celery.

July 2018



Leslie Davis	Executive Director
Melynda Cunningham	Memory Care Administrator
Kim Hicks	Community Relations
Joe Newman	Business Office Manager
Amy Smith	Life Enrichment Coord. - ALF
Taylor Lewis	Life Enrichment Coord. - MC
Amanda Petersen	Co-Dining Service Director
Sherry Capobianco	Co-Dining Service Director
George Swanson	Maintenance Director
Melissa Wathen	Resident Care Coordinator
MaryAnn Ewing	Director of Resident Services
Carol Reed	Director of Resident Services



Employee of the Month



Donna Nagle has been selected for our July Employee of the Month. It comes as no surprise to me that she has been chosen. Donna treats each resident as if they were her own mother or father. She jokes with them and laughs with them. Donna makes Pacific View a great place to work, and a wonderful place to live. Thank you Donna and Congratulations!!

Resident of the Month



Our Resident of the Month happens to be a new resident. Julie Carney came to live at Pacific View in June and has brought a smile to everyone's faces. Always willing to participate in social functions, she is full of life and laughter. Congratulations to Julie on becoming our wonderful Resident of the Month.

Happy Birthday

3rd Sharon Sullivan
4th Gordon Corbett
4th Larry Sanborn
4th Marta Pen
7th Melva Woodward
13th Matt Utal
17th Charles Moore
24th Lee Pollin
25th Dianne Taylor
31st Lois "Carly" Ritter

Activities



The Coast Guard honoring our flag at our dedication ceremony.



Resident Melva Woodward and Billie, one of our Furry Friends.



Quote of the Month

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." - John Quincy Adams

Save the Date



July Dates to Celebrate

4th Pacific View 4th of July
"Backyard" BBQ
14th Vendor Fair 10 am- 4pm
18th Evening Summer
Concert with Shaymus Hanlin
25th Hot Dog Social
27th July Resident Birthday
Social



The Dog Days of Summer

"The Dog Days" of summer refers to an ancient Greek belief about the star Sirius, which appeared to rise just before the sun in late July, the hottest time of year for the Ancient Greeks.

FAMILY SUPPORT GROUP

Come join us each month for the family support group. We discuss topics that can help caregivers, residents, and family members deal with the challenges of aging and care. Residents, family and friends are all welcome to attend. We meet the first Monday of the month from 10:30 to 11:30am at the Pacific View third floor library.



RESIDENT OF THE MONTH



Jane McCCasey came home to Pacific View only a short while ago and since then has made many new friends. Jane has a wide range of interests from art, gardening and music to sports and trivia. Jane is super friendly and cares a great deal for others. If you like people who are fun loving and easygoing, then you're going to love Jane McCCasey.

MEMORY CARE NEIGHBORHOOD



The weather has been so nice; it's time for outside activities.



Making our surroundings a little more beautiful, we spruced up the courtyard with some colorful flowers.

EMPLOYEE OF THE MONTH



Alice Bigbee is an employee that takes her position very seriously. She keeps Memory Care running like a finely tuned machine with her ability to stay on top of important issues. Alice is also one of the nicest people you will ever meet. Thank you Alice and congratulations!

Happy Birthday

ERNEST AMLING 7/4/34

JANE MCCCASEY 7/16/48



We all work together to keep the flowers looking nice and the tomatoes growing.





Roller Coaster High Points

With their fast curves, dizzying loops and steep drops, roller coasters have entertained thrill-seekers for decades. Here's your ticket to ride some of America's most innovative roller coasters.

Year	Roller Coaster	Claim to Fame
1884	Switchback Railway Coney Island, N.Y.	America's first coaster
1895	Flip Flap Railway Coney Island, N.Y.	First U.S. coaster with a loop
1907	Drop the Dip Coney Island, N.Y.	First to use lap bar restraints
1959	Matterhorn Bobsleds Disneyland, Calif.	First tubular steel track
1975	Corkscrew Knott's Berry Farm, Calif.	First corkscrew design
1981	The Bat Kings Island, Ohio	First suspended coaster
2005	Kingda Ka Six Flags Great Adventure, N.J.	World's tallest coaster

"This Month In History"

JULY

1904: The ice cream cone debuts at the World's Fair in St. Louis.

1913: Alfred Carlton Gilbert is granted a patent for the Erector Set. His invention became one of the most popular toys of all time.

1922: A new sport is invented on a lake in Minnesota when 18-year-old Ralph Samuelson skis on water using two planks of wood.

1930: Congress creates the Veterans Administration.

1946: The new flag of the Philippines is raised over Manila after the U.S. grants the Asian nation full independence.

1957: John Glenn, then a major in the U.S. Marines, sets a new transcontinental speed record, flying a jet from California to New York in 3 hours, 23 minutes.

1963: To help speed up mail delivery, the Postal Service begins implementing the ZIP code system.

1976: Bicentennial celebrations are held all over the U.S. to celebrate the 200th anniversary of the signing of the Declaration of Independence.

1981: President Ronald Reagan announces he will nominate Sandra Day O'Connor to be the new associate justice of the U.S. Supreme Court. She was the first woman to serve on the court.

1999: The U.S. women's soccer team wins the World Cup, defeating China in front of a record crowd at the Rose Bowl in California.

2005: NASA's space probe Deep Impact slams into a comet as part of a mission to learn more about the solar system.

2015: Star ballerina Misty Copeland becomes the first African-American principal dancer of the prestigious American Ballet Theatre.