

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

December 2018

Compass Rose

						10:00 In the news 12:00 Lunch 1:30 Chair Zumba 2:30 Puzzles and Games 3:30 Movie and Popcorn 5:00 Dinner
10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:00 Snow Leopard Festival 3:00 Movie and popcorn 5:00 Dinner	10:00 Good Morning Goleta Chronicles, today in history Huffington post, nail salon day 12:00 Lunch 1:30 Afternoon Yoga 2:00 Ornament decoration 3:00 Beverage Break 4:00 What's that Sound? 5:00 Dinner <small>1st Day of Hanukkah</small>	10:15 Vitality w Arden Day 12:00 Lunch 1:30 Chair Zumba 2:00 Starbucks Trip 3:00 Music w Gem 4:00 Sports Trivia 5:00 Dinner	10:00 Morning news 10:30 Music w Trudy and Oscar 12:00 Lunch 1:30 Afternoon Stretches 2:00 Wine and Cheese 3:15 Vitality w Susan Gomez 5:00 Dinner	10:00 Vitality w Arden 12:00 Lunch 1:30 Nature Walk/Stretches 2:00 Christmas Tree Decoration 3:00 Tea Party 4:00 Animal Trivia 5:00 Dinner	10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Scenic Drive 2:00 Movie and popcorn 3:00 Vitality Class-Rebecca 5:00 Dinner	10:00 In the news 12:00 Lunch 1:30 Chair Zumba 2:30 Puzzles and Games 3:30 Movie and Popcorn 5:00 Dinner
10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Bible Study 2:00 Scenic Drive 3:00 Movie and popcorn 5:00 Dinner	10:00 Good Morning Goleta Nail Salon Day 11:00 Music w Rod 12:00 Lunch 1:30 Afternoon Yoga 2:00 Arts and Crafts 3:00 Beverage Break 4:00 What's that Sound? 5:00 Dinner	10:15 Vitality w Arden Day 12:00 Lunch 1:30 Chair Zumba 2:00 Fun Facts 3:00 Karaoke 4:00 Sports Trivia 5:00 Dinner	10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Afternoon Stretches 2:00 Wine and Cheese 3:15 Vitality w Susan Gomez 5:00 Dinner	10:00 Vitality w Arden 12:00 Lunch 1:30 Nature Walk/Stretches 2:00 Karaoke 3:00 Tea Party 4:00 Animal Trivia 5:00 Dinner	10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Scenic Drive 2:00 Movie and popcorn 3:00 Vitality Class-Rebecca 5:00 Dinner	10:00 In the news 12:00 Lunch 1:30 Chair Zumba 2:30 Puzzles and Games 3:30 Movie and Popcorn 5:00 Dinner
10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Bible Study 2:00 Scenic Drive 3:00 Movie and popcorn 5:00 Dinner	10:00 Good Morning Goleta Chronicles, today in history Huffington post, nail salon day 12:00 Lunch 1:30 Afternoon Yoga 2:00 Arts and Crafts 3:00 Beverage Break 4:00 What's that Sound? 5:00 Dinner	10:15 Vitality w Arden Day 12:00 Lunch 1:30 Chair Zumba 2:00 State Street Drive 3:00 Karaoke 4:00 Sports Trivia 5:00 Dinner	10:00 Morning News 10:30 Music w Trudy and Oscar 12:00 Lunch 1:30 Afternoon Stretches 2:00 Music w Gem 3:15 Vitality w Susan Gomez 5:00 Dinner	10:00 Vitality w Arden 12:00 Lunch 1:30 Nature Walk/Stretches 2:00 Visit from Santa Claus and Mrs.Claus 3:00 Tea Party 4:00 Animal Trivia 5:00 Dinner	10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Scenic Drive 2:00 Movie and popcorn 3:00 Vitality Class-Rebecca 5:00 Dinner <small>Winter Begins</small>	10:00 In the news 12:00 Lunch 1:30 Chair Zumba 2:30 Puzzles and Games 3:30 Movie and Popcorn 5:00 Dinner
10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Bible Study 2:00 Scenic Drive 3:00 Movie and popcorn 5:00 Dinner	10:00 Good Morning Goleta 11:00 Music w Rod 12:00 Christmas eve lunch 1:00 Music w Trudy and Oscar 2:00 Santa Claus Visit 3:00 Christmas Movies 5:00 Dinner	10:00 Christmas Movies 12:00 Christmas Lunch 1:30 Christmas Painting 2:30 Music Therapy 3:00 Cookies and Hot Chocolate 3:30 Santa Clause Movie-Netflix 5:00 Dinner	10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Afternoon Stretches 2:00 Wine and Cheese 3:15 Vitality w Susan Gomez 5:00 Dinner	10:00 Vitality w Arden 12:00 Lunch 1:30 Nature Walk/Stretches 2:00 Karaoke 3:00 Tea Party 4:00 Animal Trivia 5:00 Dinner	10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Scenic Drive 2:00 Movie and popcorn 3:00 Vitality Class-Rebecca 5:00 Dinner	10:00 In the news 12:00 Lunch 1:30 Chair Zumba 2:30 Puzzles and Games 3:30 Movie and Popcorn 5:00 Dinner
10:00 Good Morning Goleta Chronicles, Today in history Huffington Post Morning Exercise 12:00 Lunch 1:30 Bible Study 2:00 Scenic Drive 3:00 Movie and popcorn 5:00 Dinner	10:00 Good Morning Goleta Chronicles, today in history Huffington post, nail salon day 12:00 Lunch 1:30 Afternoon Yoga 2:00 Arts and Crafts 3:00 Beverage Break 4:00 What's that Sound? 5:00 Dinner <small>New Year's Eve</small>					

It's The Most Wonderful Time of The Year