



## ADMINISTRATOR'S NOTES

Happy November! The holidays are upon us, a time when we think of spending time with family and friends, and remembering good times spent with each other.

We welcome friends and family to our home at Flower Mound Assisted Living this season and to making new memories with you.

Over the next two months we have a lot of activities planned to celebrate the season. Please be sure to refer to our event calendar for dates and times and plan to join in for the fun!

I do want to call your attention to a couple of things.

- 1. Thanksgiving dinner will be at 12:00 pm on November 22nd.** Guests are welcome, and the cost per person is \$5. Please sign up at the front desk by November 12th.
- 2. Our Christmas Bazaar will be held on December 13th**

**from 2:30 pm – 4:30pm followed by Family Night and our auction benefitting the Alzheimer's Association.**

We're serving spaghetti, salad, rolls and dessert for dinner following the Bazaar. Family members, please be our guest and join us for a night of good food, entertainment and information. To help us plan, be sure to sign up at the front desk if you plan to join us for dinner.

- 3. If you or someone you know would like to participate as a vendor in our Christmas Bazaar,** please call Sandy or Rachel for more information.

We've been getting a lot of requests for room trays recently. As a rule, we generally do not send room trays unless there is a medical reason to do so, such as a contagious illness, surgery,

*CONTINUED ON PAGE 2*



### *Happy Birthday*

#### RESIDENTS

Bonnie Nov. 25th

#### EMPLOYEES

Heather Nov. 18th

Brenda Nov. 19th

#### ONE YEAR ANNIVERSARY

Amina

#### FIVE YEAR ANNIVERSARY

Helen

FLOWER MOUND  
ASSISTED LIVING

# UPCOMING EVENTS

## **November 4th, 2am:**

Remember to set your clocks back for daylight savings.

## **November 6th, 3:00pm:**

It's National Nacho Day and we will have a nacho bar set up.

## **November 8th, 3:00pm:**

Want to learn different ways to eat healthy during the holidays? Then join us for part one of our Healthy Eating series.

## **November 15th, 3:00:**

Join us for our next seminar about the seven documents you need for estate planning. Virginia Hammerle will be presenting.

## **November 25th through December 1st:**

We are hosting our annual Toys for Tots drive this week. Please stop by the front desk to donate new unwrapped toys.

*To R.S.V.P. or to request more information please contact Rachel or Kristian.*

## ADMINISTRATOR'S NOTES CONT'D

or other similar scenarios. If you think you need a room tray, please tell the nurse or med tech so they will be aware and can monitor your condition. The nurse or med tech will tell the kitchen staff there is a need for a room tray after talking with you. Excessive requests for room trays may result in additional charges.

I wanted to remind everyone too about HIPPA rules. State regulations and our internal policies prohibit our staff from sharing personal medical information about other residents with other residents and/or their family members. I know we all care about each other and it's natural to want to know about other residents when they are ill or at the

hospital. Please understand that we cannot share personal medical information with anyone who is not directly involved in the care of that resident.

We have some vacancies at the moment, and it's an excellent time to remember our refer a neighbor program! If you refer a friend and he/she moves in, you will both receive \$500 off one month's rent. Several of our residents have benefitted from this program. Ask Sandy for details about this great program.

Please let me know if I can assist you with anything. I wish you and your family a very happy Thanksgiving holiday!

*– Nita Collins*



## Resident Spotlight

### **Last month we lost our dear friend Truman.**

Truman had lived with us at FMAL since 2010 and he became such an important part of our daily lives. We will miss his laughter and his huge heart! Our hearts and prayers go out to his friends and family.

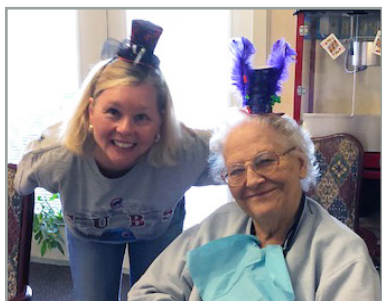




# Halloween Party



# Mad Hatter Tea Party



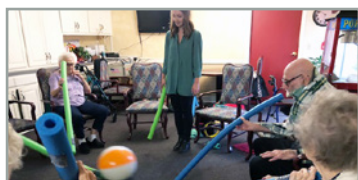
# ACTIVITY HIGHLIGHTS



Can food drive



Costume Contest  
and Door Decoration  
winners



Music exercise



Get to know you



Balloon volleyball

# HAUNTED HOUSE



# FLOWER MOUND ASSISTED LIVING

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## OUR STAFF

### ADMINISTRATOR

Nita Collins

### HEALTH SERVICES DIRECTOR

Cassandra Bullard

### MARKETING DIRECTOR

Sandy Rasberry

### MAINTENANCE DIRECTOR

Nicco Rios

### DIETARY MANAGER

Mark Derichsweiler

### ACTIVITY DIRECTOR

Rachel Layne



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## NOVEMBER – WORD SEARCH

V	G	R	A	T	I	T	U	D	E	B	T	F	P	T
E	Y	U	W	D	L	R	V	H	S	O	H	Z	I	B
T	P	Y	T	U	R	K	E	Y	J	R	A	Z	Z	X
E	J	V	H	O	N	O	R	M	L	C	N	I	Z	G
R	H	O	D	C	U	A	M	S	H	L	K	Z	A	E
A	I	M	I	V	J	I	G	V	U	D	S	N	Y	E
N	W	P	A	I	T	A	L	I	A	N	G	J	C	R
U	A	O	B	P	Y	T	B	H	N	F	I	I	H	B
S	A	M	E	B	J	N	T	J	E	G	V	N	I	L
Y	R	W	T	P	I	E	J	C	T	R	I	D	M	A
J	X	J	E	P	E	H	A	T	E	I	N	T	Y	Z
P	D	S	S	T	B	M	A	S	W	K	G	N	E	N
A	F	L	O	S	S	I	N	G	S	A	V	I	N	G
C	R	R	A	N	D	Q	L	M	G	W	S	S	H	M
D	T	O	K	C	C	A	R	E	G	I	V	E	R	D

AGING  
CAREGIVER  
DIABETES  
FLOSSING  
GRATITUDE

HONOR  
ITALIAN  
PIE  
PIZZA  
SAVING

SERVICE  
TEETH  
THANKSGIVING  
TURKEY  
VETERAN