

# Appetizers

## Cauliflower Croquettes

Roasted cauliflower and ancient grains with red pepper aioli.

## Potato Skins \*Can be prepared

Fried potato skins loaded with cheddar cheese broccoli or bacon.

## Shrimp Cocktail

Poached shrimp, chilled and served with cocktail sauce and lemon.

# Soup Kettle

Daily we offer: Chicken Noodle, Tomato, & Soup of the Day

**\*Try a combo:** Choose a steaming cup of soup, a refreshing side salad, and a delicious sandwich from today's selection.

# Entrée Salads

## Roasted Squash and Beet Salad

Roasted butternut squash, sliced beets, toasted walnuts, red onions, feta cheese on a bed of baby spinach.

## Tranquility House Salad

Blend of romaine and spinach with cherry tomato, cucumber, red onion & croutons.

## Shaved Brussels Sprout & Fennel Salad

Freshly shaved brussels sprouts, sliced fennel, red onion, dill and parmesan cheese.

## Tuna Salad, Chicken Salad or

## Cottage Cheese Fruit Plate

Freshly prepared tuna salad, chicken salad or cottage cheese nestled in a bed of shredded lettuce, accompanied by fresh fruit.

**Dressings:** Ranch, Bleu Cheese, Italian, French, Thousand Island, Raspberry Vinaigrette, Caesar, Balsamic Vinaigrette, Honey Vinaigrette.

 **Low sodium - denotes less than 140mg per serving**

 **No Sugar Added**

 **Vegetarian**

 **Gluten Free**

# Lunch Entrées

Served with soup or side salad and choice of one side:

Tossed salad, Caesar salad, French fries, homemade potato chips, sweet potato puffs, cottage cheese, applesauce, fruit bowl

## Deli Sandwich Selection

Deli sandwiches include lettuce, tomato and mayonnaise with your choice of **Bread:** White, Wheat or Rye. **Meats:** Turkey, **LS** Ham, Corned Beef or Bacon. **Cheese:** Swiss, American or Provolone.

## Eggplant Muffuletta **V**

Breaded eggplant, provolone cheese, fire roasted red pepper, spinach, tomato, mayo and olive spread on toasted ciabatta bread.

## Boursin Turkey Melt **LS**

Shaved turkey, smokey bacon and creamy herbed boursin cheese baked on grilled Texas toast, topped with cranberry relish.

## All American Burger, Turkey Burger or

## Veggie Burger \*Can be prepared **V** **LS** **GF**

Seared hamburger patty on a grilled bun with lettuce, tomato, onion, pickle. Add your choice of cheese: American, Swiss or Provolone cheese.

## Bourbon Onion Chicken \*Can be prepared **LS** **GF**

Bourbon glazed grilled chicken breast topped with caramelized onions, and swiss cheese.

## Salmon Guacamole Wrap \*Can be prepared **LS**

Oven broiled salmon, wrapped up with fresh guacamole, roasted red pepper, spinach and tomato in a flour tortilla.

## Create Your Own Personal Pizza

Oven baked 7" pizza with sauce & cheese plus your choice of toppings  
Pepperoni, sausage, ham, bacon, mushroom, onion, green pepper, green olive, black olive, tomato, spinach.

# Create Your Own Omelet

French style 2 egg omelet with toast & your choice of cheese and fillings:

American, Swiss or Cheddar cheese

Ham, Bacon, Mushroom, Onion, Green Pepper, Tomato, Spinach

\*Egg whites available upon request.

## Dessert

### Tiramisu

Made with espresso-soaked lady fingers layered with mascarpone and whipped cream, dusted with Dutch cocoa.

### Mini Lemon Layer Cake

Lemon sponge cake, lemon mousse, whipped topping and lemon candy sprinkle.

### Ice Cream

Vanilla Bean \*No sugar added available 

Chocolate

Black Cherry

Mackinac Island Fudge

**Toppings:** Hershey's chocolate syrup, vanilla cream, raspberry sauce, bourbon caramel, whipped cream.

### Dessert of the Day

Inquire with your server for today's selection.

## Kid's Menu

Mac & Cheese

Chicken Tenders & Fries

Hot Dog & Fries

Chicken Quesadilla

Grilled Cheese & Fries