A Retirement Community
CHANDLER'S SQUARE

Weekly Menu

Chandler's Square

	Sun 11-11-2018	Mon 11-12-2018	Tue 11-13-2018	Wed 11-14-2018	Thu 11-15-2018	Fri 11-16-2018	Sat 11-17-2018
BRK	Cheesy Scrambled Eggs Hash Browns Bacon Sausage Link Fresh Fruit 100% Juice	Eggs Benedict Fruit Cocktail 100% Juice	Waffles Sausage Link Applesauce/Topping 100% Juice	Chef's Choice Omelet Hash Browns 100% Juice Raisin Toast	Pancakes Mandarin Oranges 100% Juice	Egg and Ham Scramble Hash Browns Peaches 100% Juice	Bacon Cheese Omelet Fruit Cocktail 100% Juice Raisin Toast
LUN	Garden Cheese Soup Baked Chicken Fingers/Fries Coleslaw Vinaigrette	Chicken Vegetable Soup Shrimp Louis Pasta Salad Tomato Wedges Muffin	Vegetable Barley Soup Grilled Turkey Cheddar Sandwich Jello Salad	Creamed Spinach Soup Shredded Pork/Bun Ambrosia	Ham and Lentil Soup Chicken Avocado Sandwich Beet Salad	Navy Bean Soup Classic Taco Salad Veggies in Salad Muffin	Homemade Bean Bacon Soup Classic Chicken Salad Sandwich Garden Pasta Salad
DIN	Soup Du Jour *and* Green Salad Hamburger Steak/Gravy *or* Bacon Ranch Chicken Fresh Mashed Potatoes/Gravy Seasoned Peas Lemon Meringue Pie	Tomato Soup *and* Sour Cream Fruit Salad Beef Goulash *or* Artichoke Chicken Seasoned Rice Green Beans Bread Pudding/Vanilla Sauce	Baked Potato Soup *and* Fruit Cup Sausage and Peppers *or* Lemon Garlic Rockfish Red Potatoes Mixed Vegetables Berry Cobbler	Vegetable Medley Soup *and* Zucchini Tomato Salad Fried Haddock *or* Beef Enchilada Sauteed Orzo Kale/Garlic and Peppers Cherry Chocolate Cake	Soup Du Jour Cauliflower Salad Lime Tarragon Turkey Cutlet *or* Swedish Meatballs Greek Potatoes Chef's Steamed Vegetable Fruit Cocktail Bars	Chicken Noodle Soup *and* Fruit Cup Cashew Chicken *or* Lemon Garlic Sole Rice Baked Seasoned Squash Pineapple Blueberry Crumble	Beef Rice Soup *and* Green Salad BBQ Saint Louis Pork Ribs *or* Dijon Honey Roasted Chicken Baked Potato Corn O'Brien Marshmallow Treat
							Week 5

Dietitian's Signature: Diane Fagu RDN 610158 10-26-2018