

November 2018



	Pacifica Memory Care				SENIOR LIVING	
Sunday 🥒	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Walks outside are offered morning and afternoon; weather permitting			9:15 School student visits (RCS) 10:30 Piano music w/ Monty (MSR) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Classical music (M)	9:00 Morning socializing (CSR) 9:30 Holy Communion (SCR) 11:00 Library book exchange (CS) 2:00 Piano music with Leilti (MS) 7:00 Reminisce (RS)	9:00 Morning socializing (CSR) 9:30 Exercise ball toss (PS) 10:30 Jewelry making (LCS) 2:00 Scenic Drive (RSO) 3:15 Word games (CS) 7:00 Evening walk (SOP)	8:30 Morning socializing (SC 9:30 Manicures (LS) 10:30 Outdoor games (OPS 2:00 Poetry reading (RSC) 3:30 Reminisce (SR) 7:00 Classic movies (SCR)
9:30 Walk and talk (PSR) 10:15 Short stories (SC) 2:00 Movie Matinee (RS) 3:00 Spiritual music (SCR)	9:00 Morning socializing (SCR) 10:30 Name 5 game (CS) 11:15 Reminisce (SCR) 2:00 Piano w/ Bill (SMR) 3:00 Life stories (SCR) 7:00 Manicures (SL)	9:00 Morning socializing (SCR) 9:30 Walk and talk (SCR 10:15 Garden Club (OPS) 2:00 Tone it up (PS) 3:30 Walk and talk (POS)	9:15 School student visits (SCR) 10:00 Piano music with Monty (SRM) 2:15 Bingo (CS) 3:30 Stretch and flex (PS) 7:00 Classical music (M)	9:00 Morning socializing (SRC) 10:30 Family Support Group 2:00 Classic movies (SR) 3:30 Sit and be fit (MPS) 7:00 Manicures (LPS)	8:30 Morning socializing (SCR) 9:30 Exercise ball toss (PS) 10:30 Folding towels (LR) 2:00 Veterans Day Celebra- tion (SCR) 3:00 Sing-a-long (MS) 7:00 Puzzles (CS)	8:30 Morning socializing (SR 9:30 Manicures (LSR) 10:30 Walk and talk (SPO) 2:00 Short Stories (SCR) 3:30 Sing-a-long (MSR) 7:00 Movie night (SR)
9:00 Morning socializing (SCR) 9:30 Spiritual music (MSC) 10:00 Remembering travels (SCR) 2:00 One to one time (CSR) 3:30 Manicures (LC)	9:00 Morning socializing (SCR) 9:30 Walk and talk (OSR) 10:30 Rosary (SRC) 2:00 Stretch and flex (PS) 4:00 Therapy dog Zita's visit (SR) 7:00 Puzzles (CS)	8:30 Good news stories 9:00 Tone it up (PS) 10:15 Garden Club (OPS) 2:00 Name 5 game (CSR) 3:00 Walk and talk (OPS) 7:00 Manicure Spa (LS)	9:15 School student visits (RCS) 10:30 Folding towels (LR) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Life story sharing (RS)	9:00 Morning socializing (SCR) 10:30 Scenic drive (ORS) 2:00 Piano music with Leilti (MS) 3:00 Sit and be fit (PS) 7:00 Reminisce (RS)	9:00 Morning socializing CR) 9:30 Art & crafts (PSC) 10:30 Holiday sing-a-long (MSR) 3:00 Exercise ball toss (PS) 7:00 Classic movie night (SR)	8:30 Good news (SR) 9:30 Manicures (LS) 10:30 Movie matinee (SR) 2:00 Name 5 game (SC) 3:30 Walk and talk (OPS) 7:00 Reminisce (RS)
2:00 Morning socializing (SCR) 0:30 Spiritual music (M) 0:30 One on one visits (SCR) 0:00 Movie matinee (SR) 0:30 Puzzles and games (SC) 0:00 Life Stories (R)	9:30 Short stories (CSR) 10:30 Games and puzzles (CSR) 2:00 Stretch and flex (PS)	9:00 Morning socializing (SCR) 9:30 Reminisce stories (CSR) 10:15 Garden club (OPS) 2:00 Live guitar with Will (SMR) 3:15 Tone it up (PS) 7:00 Classical music (MS)	9:15 School student visits (SCR) 10:30 Outdoor games (OPS) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Life stories (CSR)	Thanksgiving 9:00 Folding towels (LSR)) 9:30 Short stories (SCR) 10:30 Puzzles and games (CS) 12:00—1:00 Thanksgiving Dinner 3:00 Sit and be fit (PS) 7:00 Puzzles and games CS)	9:00 Morning socializing (SRC) 9:30 Outdoor fun (OPS) 11;00 Mass (CS) 2:00 Birthday party (SR) 3:15 Exercise ball toss (PS) 7:00 Manicures (LSP)	24 8:30 Good news (CS) 9:30 Manicures (LS) 10:30 Walk and talk (SOP) 2:00 Reminisce (CRS) 3:30 Movie matinee (SR) 7:00 Life Stories (RS)
2:500 Morning socializing (SCR) 9:30 Kick-a-ball (PS) 0:00 One on one visits (SCR) 2:00 Movie matinee (RS) 3:30 Puzzles and games CSR) 7:00 Manicure Spa (LS)	9:00 Morning socializing (SRC) 9:30 Music with Gabriel (SRM) 10:30 Finish the phrase game (SCR) 2:00 Short stories (SCR) 4:00 Therapy dog Zita's visit (SR) 7:00 Finish the phrase (CS)	9:00 Morning socializing (SCR) 9:30 Reminiscing (SRC) 10:15 Garden club (OPS) 2:00 Art and crafts (SCR) 3:15 Tone it up PS) 7:00 Classic movie night (SRC)	9:15 School student visits (SCR) 10:30 Short stories (SCR) 2:15 Bingo (SC) 3:30 Stretch and flex (PS) 7:00 Reminisce (SCR)	9:00 Morning socializing (SCR) 9:30 Scenic drive (OSR) 11:00 Folding towels (LR) 2:00 Piano music with Leilti 3:00 Hand massages (RP) 7:00 Classic movie night (SRC)	8:30 Inspirational reading (CSR) 9:15 Tone it up (PS) 10:15 Men's club (SR) 2:00 Folding towels (LRP) 3:00 Exercise ball toss (PS) 7:00	