





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Daily Activity Elements</b> <ul style="list-style-type: none"> <li>Physical Wellness</li> <li>Reminiscent Activities</li> <li>Social/Spiritual</li> <li>Engagements</li> <li>Language Skills</li> <li>Music</li> <li>Life Enrichment Skills</li> </ul>	<b>1</b> 10:30 Morning Stroll 1:00 West Cliff Plaza Outing 2:00 Hot Cocoa Social 2:30 Music w / Chris 6:00 Evening Documentary <b>-Into The INFERNO-</b>	<b>2</b> 10:30 Game on / <b>Bingo!</b> 2:00 Neighborhood Stroll 2:30 Karaoke Singalong 3:00 Game on / <b>Black Jack!</b> 6:00 Evening Theater	<b>3</b> 10:00 Saddleback Church Services 2:00 Neighborhood Stroll 2:30 Hot Cocoa Social 3:00 Travel Club 'Alaska' 6:00 Evening Football
<b>4 Daylight Savings</b> 9:30 Holy Trinity 10:30 Neighborhood Stroll 2:00 Hot Cocoa Social 2:30 'Life Story' 6:00 Evening theater <b>'Evan Almighty'</b>	<b>5 Medical Transport Day</b> 10:30 Morning Walk 2:00 Hot Coco Social 2:30 Choose A Card Game! 6:00 Cinema For The Soul <b>'Country Crush'</b>	<b>6 National Nachos Day</b> 10:00 Game on / <b>Scrabble!</b> 1:00 Movie Matinee <b>-PS I Love You-</b> 3:00 Happy Hour! 6:00 Evening Sports 'College Basketball'	<b>7 Medical Transport Day</b> 10:30 Chair Exercise 2:00 Chat & Snack Time 2:30 Travel Club 'Paris' 6:00 Evening Theater <b>'Benji'</b>	<b>8</b> 10:30 Meeting w/ Chef Alex 1:00 Outing / Trader Joe's 2:30 Music w / Chris 3:00 Chat & Snack Time 6:00 Evening Documentary <b>- Kingdom Of The Day-</b>	<b>9</b> 10:30 Game on / <b>Uno!</b> 2:00 Neighborhood Stroll 2:30 Snack & Chat Time 3:00 Game on / <b>Black Jack</b> 6:00 Evening Theater <b>-Christmas Ranch-</b>	<b>10</b> 10:00 Saddleback Church Services 2:00 Neighborhood Stroll 2:30 Hot Cocoa Social 3:00 Game on / <b>Yahtzee</b> 6:00 Evening Basketball
<b>11 Veterans Day</b> 9:30 Holy Trinity 10:30 Neighborhood Stroll 2:00 Veterans Event & Refreshment 6:00 Evening Theater <b>'The Vietnam War'</b>	<b>12 Medical Transport Day</b> 10:30 Chair Exercise 2:00 David / Keyboard 2:15 Root Beer Floats 6:00 Cinema For The Soul <b>'Love Actually'</b>	<b>13 Caregiver Appreciation Day</b> 10:00 All Residents Meeting 1:00 Movie Matinee <b>-Pearl Harbor-</b> 3:00 Happy Hour! 6:00 Evening Sports 'College Basketball'	<b>14 Medical Transport Day</b> 10:30 Morning Stroll 2:00 Hot Cocoa Social 2:30 Health Talk W/ Neil! 3:00 Travel Club 'England' 6:00 Time For Cribbage	<b>15</b> 10:30 Lunch In Fashion Island / R&D Café 2:00 Hot Cocoa Social 2:30 Music w / Chris 6:00 Evening Documentary <b>-Civilization-</b>	<b>16</b> 10:30 Game on / <b>Bingo!</b> 2:00 Neighborhood Stroll 2:30 Snack & Chat time 3:00 Game on / <b>Monopoly!</b> 6:00 Evening Theater <b>-The Nutcracker-</b>	<b>17</b> 10:00 Saddleback Church Services 2:00 Neighborhood Stroll 2:30 Hot Cocoa Social 3:00 Game on / <b>Monopoly</b> 6:00 Evening Football
<b>18</b> 9:30 Holy Trinity 10:30 Neighborhood Stroll 2:00 Hot Cocoa Social 2:30 Choose Your Activity 6:00 Evening Theater <b>'Beethovens Christmas Adventure'</b>	<b>19 Medical Transport Day</b> 10:30 Morning Walk 2:00 David / Keyboard 2:15 Hot Cocoa Social 6:00 Cinema For The Soul <b>'Up In The Air'</b>	<b>20</b> 10:00 Candy Bar Bingo! 1:00 Movie Matinee <b>-Anger Management-</b> 3:00 Happy Hour! 4:00-7:00 Thanksgiving Dinner Party	<b>21 Medical Transport Day</b> 10:30 Chair Yoga 2:00 Chat & Snack Time 3:00 Residents Council Mtg 6:00 Evening Theater <b>'Robin Hood'</b>	<b>22 Happy Thanksgiving</b> 10:30 Outing / Mari Callender's 2:00 Chat & Snack Time 2:30 Music w / Chris 6:00 Evening Documentary <b>- Blue Planet -</b>	<b>23 Black Friday</b> 10:30 Game on / <b>Monopoly!</b> 2:00 Neighborhood Stroll 3:00 Game on / <b>Poker!</b> 6:00 Evening Theater <b>-Rumor Has it -</b>	<b>24</b> 10:00 Saddleback Church Services 2:00 Neighborhood Stroll 2:30 Hot Cocoa Social 3:00 Game on / <b>Black Jack</b> 6:00 Evening Basketball
<b>25</b> 9:30 Holy Trinity 10:30 Neighborhood Stroll 2:00 Ice Cream Social 2:30 Game on / <b>Black Jack!</b> 6:00 Evening Theater <b>'Nacho Libre'</b>	<b>26 Cyber Monday Medical Transport Day</b> 10:30 Chair Yoga 2:00 Root Beer Floats 2:30 Choose A Card Game! 6:00 Cinema For The Soul <b>'The Lake House'</b>	<b>27</b> 10:00 Game on / <b>Uno!</b> 1:00 Movie Matinee <b>-Blazing Saddles-</b> 3:00 Happy Hour! 6:00 Evening Sports 'College Basketball'	<b>28 French Toast Day Medical Transport Day</b> 10:30 Morning Walk 2:00 Cat & Snack Time 3:00 Travel Club 'Germany' 6:00 Time For Cribbage	<b>29</b> 10:30 Morning Walk 1:00 West Cliff Plaza Outing 2:00 Snack & Chat Time 2:30 Music w / Chris 6:00 Evening Documentary <b>-World Worst Disasters-</b>	<b>30</b> 10:30 Game on/ <b>Uno!</b> 2:00 Neighborhood Stroll 2:30 Snack & Chat Time 3:00 Game on / <b>Uno!</b> 6:00 Evening Theater <b>-Inside FREEMASONS-</b>	 <b>Bender, Bruce</b> 11/15 <b>Patiemmo, Robert</b> 11/20



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<b>Daily Activity Elements</b> <ul style="list-style-type: none"> <li>Physical Wellness</li> <li>Reminiscent Activities</li> <li>Social/Spiritual</li> <li>Engagements</li> <li>Language Skills</li> <li>Music</li> <li>Life Enrichment Skills</li> </ul>	 <p>May the good things in life be yours in abundance that stay with you all year long.</p> <p><i>Happy Thanksgiving</i></p>		 <p><b>Veterans Day</b> Honoring All Who Served</p>	<b>1</b> 9:30 Morning Meeting 10:30 Morning Walk 1:30 Snack & Chat Time 2:30 Entertainment w/Chris 6:00 Sports Entertainment <b>'Football'</b>	<b>2</b> 9:30 Current Events 10:00 Yoga Stretch 10:30 Sing Along Karaoke 2:15 Chat & Snack Time 3:00 Art Therapy 5:30 Toss The Bag	<b>3</b> 9:30 Morning Meeting 10:00 Pet Therapy 1:00 Music Therapy /40's 2:00 Chat & Snack Time 3:30 Jigsaw Puzzles 6:00 Evening Theater
<b>4</b> 9:30 Glamour Session 10:00 Time with God 1:30 Bean Bag Toss 2:00 Hot Cocoa Sunday! 3:00 Lets Play Bingo 6:00 Music Therapy /60's	<b>5</b> 9:30 Morning Meeting 10:00 Yoga Stretch 10:00 Toss the Bag 2:00 Monday Matinee 3:30 Arts & Crafts 6:00 Monday Night Football	<b>6 National Nachos Day</b> 9:30 After Breakfast Talk 10:00 Stretch & Flex 10:30 Jigsaw Puzzles 2:30 Afternoon Walk 3:00 Arts & Crafts 6:00 Evening Story Time	<b>7</b> 9:30 Current Events 10:00 Staying Fit 10:30 Lets bake cupcakes 2:00 Chat & Snack Time 3:00 Music Therapy /50's 3:30 Toss the Bag	<b>8</b> 9:30 Morning Meeting 10:30 Morning Walk 1:30 Chat & Snack Time 2:30 Entertainment w/Chris 6:00 Sports Entertainment <b>'Basketball'</b>	<b>9</b> 9:30 Current Events 10:00 Yoga Stretch 10:30 Pass The Ball 2:15 Chat & Snack Time 3:00 Art Therapy 5:30 Reminiscing W/ Music	<b>10</b> 9:30 Morning Meeting 10:00 Fall Gardening 2:00 Ice Cream Social 2:30 Music Therapy /40's 3:30 Indoor Volley Ball 6:00 Evening Theater
<b>11 Veterans Day</b> 9:30 Glamour Session 10:00 Time with God 2:00 Veterans Event & Refreshments 3:00 Jigsaw Puzzles 6:00 Music Therapy /60's	<b>12</b> 9:30 Morning Meeting 10:00 Yoga Stretch 10:30 Toss the Bag 2:00 David / Keyboard 3:30 Arts & Crafts 6:00 Monday Night Football	<b>13 Caregiver Appreciation Day</b> 9:30 After Breakfast Talk 10:00 Stretch & Flex 10:30 Lets bake cupcakes 2:30 Afternoon Walk 3:00 Music Therapy 6:00 Evening Story Time	<b>14</b> 9:30 Current Events 10:00 Staying Fit 10:30 Primp & Pamper 2:00 Chat & Snack Time 3:00 Toss the Bag 3:30 Music Therapy /50's	<b>15</b> 9:30 Morning Meeting 10:30 Morning Walk 1:30 Chat & Snack Time 2:30 Entertainment w/Chris 6:00 Sports Entertainment <b>'Football'</b>	<b>16</b> 9:30 Story Time 10:00 Yoga Stretch 10:30 Sing Along Karaoke 2:15 Chat & Snack Time 3:00 Art Therapy 5:30 Reminiscing W/ Music	<b>17</b> 9:30 Morning Meeting 10:00 Arts & Crafts 2:00 Hot Cocoa Social 2:30 Music Therapy /40's 3:30 Jigsaw Puzzles 6:00 Evening Theater
<b>18</b> 9:30 Glamour Session 10:00 Time with God 1:30 Bean Bag Toss 2:00 Hot Cocoa Sunday! 3:00 Lets Play Bingo 6:00 Music Therapy /60's	<b>19</b> 9:30 Current Events 10:00 Yoga Stretch 10:30 Primp & Pamper 2:00 David / Keyboard 3:30 Arts & Crafts 6:00 Monday Night Football	<b>20</b> 9:30 After Breakfast Talk 10:00 Stretch & Flex 10:30 Jigsaw Puzzle 2:30 Afternoon Walk 4:00-7:00 Thanksgiving Dinner Party	<b>21</b> 9:30 Current Events 10:00 Staying Fit 10:30 Primp & Pamper 2:00 Chat & Snack Time 3:00 Music Therapy /50's 3:30 Toss The Bag	<b>22 Happy Thanksgiving</b> 9:30 Morning Meeting 10:30 Morning Walk 1:30 Chat & Snack Time! 2:30 Entertainment w/Chris 6:00 Sports Entertainment <b>'Basketball'</b>	<b>23 Black Friday</b> 9:30 Current Events 10:00 Yoga Stretch 10:30 Pass The Ball 2:15 Chat & Snack Time 3:00 Art Therapy 5:30 Toss The Bag	<b>24</b> 9:30 Morning Meeting 10:00 Arts & Crafts 2:00 Ice Cream Social 2:30 Music Therapy /40's 3:30 Indoor Volley Ball 6:00 Evening Theater
<b>25</b> 9:30 Glamour Session 10:00 Time with God 1:30 Bean Bag Toss 2:00 Tea Time Sunday! 3:00 Jigsaw Puzzles 6:00 Music Therapy /60's	<b>26 Cyber Monday</b> 9:30 Morning Meeting 10:00 Yoga Stretch 10:30 Fall Gardening 1:15 Monday Matinee 3:30 Arts & Crafts 6:00 Monday Night Football	<b>27</b> 9:30 After Breakfast Talk 10:00 Stretch & Flex 10:30 Bunco 2:30 Afternoon Walk 3:00 Arts & Crafts 6:00 Evening Story Time	<b>28 French Toast Day</b> 9:30 Current Events 10:00 Staying Fit 10:30 Lets Bake Cupcakes 2:30 Afternoon Walk 3:00 Music Therapy /50's 3:30 Toss The Bag	<b>29</b> 9:30 Morning Meeting 10:30 Morning Walk 1:30 Chat & Snack Time 2:30 Entertainment w/Chris 6:00 Sports Entertainment <b>'Football'</b>	<b>30</b> 9:30 Current Events 10:00 Yoga Stretch 10:30 Pass The Ball 2:15 Chat & Snack Time 3:00 Art Therapy 5:30 Toss The Bag	 <p><b>HAPPY BIRTHDAY</b></p> <p>Neal, LaVeta Leverich, Bonnie Petersen, Homer</p> <p>11/07 11/13 11/28</p>