







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
				<p>1</p> <p>10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Bingo 3:00 Nail Spa with Terri</p>	<p>2</p> <p>10:00 Walking Club 1:00 Rummikub 2:00 Be-Fit w/ Melba 6:30 Movie & Popcorn</p>	<p>3</p> <p>11:00 Walking Club 1:00 Popcorn in Lobby 2:00 Rummikub 3:00 Hot Chocolate & Cookies in the Lobby</p>
<p>4 <i>Daylight Saving Time End</i></p> <p>10:00 Lobby Coffee & Sunday Paper Talk 11:00 Spiritual Hour w/Terri 1:00 Rummikub 2:00 <i>Hot Apple Cider</i> 3:00 Board Games</p>	<p>5</p> <p>9:30 Bible Study with Jean 10:30 Country Drive 1:00 Rummikub 2:00 Be-Fit with Melba 3:00 Word Puzzles</p>	<p>6 <i>Election Day !</i></p> <p>9:00 Catholic Communion 10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Sing-A-Long w/ Ruth 3:00 Art/Crafts</p>	<p>7</p> <p>10:00 Shopping@ Bi-Mart 1:00 Rummikub & Bunco With Briarwood 2:00 Be-Fit with Melba 3:00 Calvary Baptist</p>	<p>8</p> <p>10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Bingo 3:00 Nail Spa with Terri</p>	<p>9</p> <p>10:00 Walking Club 1:00 Rummikub 2:00 Be-Fit w/ Melba 6:30 Movie & Popcorn</p>	<p>10</p> <p>11:00 Walking Club 1:00 Popcorn in Lobby 2:00 Rummikub 3:00 Hot Chocolate & Cookies in the Lobby</p>
<p>11 <i>Veterans Day</i></p> <p>10:00 Lobby Coffee & Sunday Paper Talk 11:00 Spiritual Hour w/Terri 1:00 Rummikub 2:00 <i>Hot Apple Cider</i> 3:00 Board Games</p>	<p>12</p> <p>9:30 Bible Study with Jean 10:30 Walking Club 1:00 Rummikub 2:00 Be-Fit with Melba 3:00 Finish the Phrase</p>	<p>13</p> <p>9:00 Catholic Communion 10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Sing-A-Long w/ Ruth 3:00 Art with Vivian</p>	<p>14</p> <p>10:00 Shopping @ Freddie's 1:00 Rummikub & Bunco With Briarwood 2:00 Be-Fit with Melba 3:00 Calvary Church</p>	<p>15</p> <p>10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Music W/Fiddlers 3:00 Nail Spa with Terri</p>	<p>16</p> <p>10:00 Walking Club 1:00 Rummikub 2:00 Be-Fit with Melba 6:30 Movie & Popcorn</p>	<p>17</p> <p>11:00 Walking Club 1:00 Popcorn in Lobby 2:00 Rummikub 3:00 Hot Chocolate & Cookies in the Lobby</p>
<p>18</p> <p>10:00 Lobby Coffee & Sunday Paper Talk 11:00 Spiritual Hour w/Terri 1:00 Rummikub 2:00 <i>Hot Apple Cider</i> 3:00 Finish the Phrase</p>	<p>19</p> <p>9:30 Bible Study with Jean 10:30 Ladies Coffee Talk 1:00 Rummikub 2:00 Be-Fit with Melba 3:00 Board Games of your choice</p>	<p>20</p> <p>9:00 Catholic Communion 10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Sing-A-Long w/Ruth 2:00 PM-Resident Counsel 3:00PM-Art/Crafts W/Terri</p>	<p>21</p> <p></p> <p>Pacifica Thanksgiving Eve Dinner @ 12:30PM Guest welcome by RSVP ONLY: \$10.00 Per Guest</p>	<p>22 <i>Thanksgiving Day</i></p> <p></p>	<p>23</p> <p>10:00 Walking Club 1:00 Rummikub 2:00 Be-Fit with Melba 6:30 Movie & Popcorn</p>	<p>24</p> <p>11:00 Walking Club 1:00 Popcorn in Lobby 2:00 Rummikub 3:00 Hot Chocolate & Cookies in the Lobby</p>
<p>25</p> <p>10:00 Lobby Coffee & Sunday Paper Talk 11:00 Spiritual Hour w/Terri 1:00 Rummikub 2:00 <i>Hot Apple Cider</i> 3:00 Board Games</p>	<p>26</p> <p>9:30 Bible Study with Jean 10:30 Walking Club 1:00 Rummikub 2:00 Be-Fit with Melba 3:00 Word Puzzles</p>	<p>27</p> <p>9:00 Catholic Communion 10:00 Walking Club 10:30 Chair Aerobics 1:00 Rummikub 2:00 Sing-A-Long w/Ruth 3:00 Art with Vivian</p>	<p>28</p> <p>10:00 Shopping @Fred Meyers 1:00 Rummikub & Bunco With Briarwood 2:00 Be-Fit with Melba 3:00 November Social With Rick Toomey</p>	<p>29</p> <p>10:00 Walking Club 10:30 Chair Aerobic 1:00 Rummikub 2:00 Bingo 3:00 Calvary Baptist</p>	<p>30</p> <p>10:00 Walking Club 1:00 Rummikub 2:00 Be-Fit with Melba 6:30 Movie & Popcorn</p>	<p></p> <p>25 DAYS UNTIL CHRISTMAS</p>