

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

After Hours
From 7:30 p.m. - 8:00 a.m.

Contact Phone Number
for residents, family
members and employees.
(909) 606-2553
And/or ring the doorbell.



1 Medical Transportation
9:00 - Podiatrist
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation
2:30 - Hangman
4:00 - Puzzle Mania
5:15 - Thursday Night Football
Oakland Raiders & San Francisco
Library

2 **BINGO**
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - Music relaxation after
Exercise
11:30 - Communion - Library
1:00 - Bingo with Aaron
4:00 - Puzzle Mania

3
9:30 - After Breakfast Coffee Talk
10:30 - Puzzle Mania
2:00 - Hallmark Movie - Ch 123
Sharing Christmas - Library
3:00 - Scrabble
6:00 - Saturday Night Movie
(Library)

4 Daylight Saving Time ENDS!!
Set your clocks back 1 hour !!
9:00 - After Breakfast Coffee Talk
10:00 - Dominoes
11:00 - St. Paul's Church
(Activity Room)
1:00 - Calvary Worship
(Activity Room)
2:30 - Resident Game Choice
4:00 - Puzzle Mania

5
8:30 - Trip to Pechanga Casino
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with music
1:30 - Crazy Eights Card Game
3:00 - Scrabble
4:00 - Puzzle Mania
5:15 - Monday Night Football
Tennessee Titans @ Dallas Cowboys
Library

6 Medical Transportation
ELECTION DAY
Polling booths will be open from 7am - 8:00pm
Activity room
9:30 - After Breakfast Coffee Talk
10:30 - Exercise w/Music - Social Parlor
11:00 - Pet Therapy
1:30 - Traveling Game Show
2:30 - Calvary Worship Bible Study
4:00 - Puzzle Mania

7 9:00 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation
after Exercise
1:30 - Food Council Meeting
2:30 - Crazy Eights Card Game
4:00 - Puzzle Mania
Note: Harkins Movie Outing - Time TBD
Bohemian Rhapsody - Story of Freddy Mercury

8 Medical Transportation
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation after
Exercise - Patio
1:30 - Crazy Eights Card Game
2:30 - Hangman
4:00 - Puzzle Mania
5:15 - Thursday Night Football
Carolina @ Pittsburgh - Library

9 **BINGO**
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation after
Exercise - Patio
1:00 - Bingo
4:00 - Puzzle Mania

10
9:30 - After Breakfast Coffee Talk
10:30 - Puzzle Mania
1:00 - Bingo w/Mike
3:00 - Crazy Eights Card Game
6:00 - Hallmark Movie - Ch123
Road to Christmas - Library

11 Happy Veteran's Day
9:00 - After Breakfast Coffee Talk
10:00 - Dominoes
11:00 - St. Paul's Church
(Activity Room)
1:00 - Devotional Readings
w/Bob Wright (Activity Room)
2:30 - Resident Game Choice
6:00 - Veteran's Day Presentation &
Ceremony to all of are Veterans!
Family Members Welcome!!! - Social Parlor

12
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with music
11:00 - Music relaxation
1:30 - Crazy Eights Card Game
3:00 - Scrabble
4:00 - Puzzle Mania
5:15 - Monday Night Football
New York Giants @ San Francisco
Library

13 Medical Transportation
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with music
11:00 - 11:30 Music relaxation after
Exercise - Patio
2:30 - Calvary Worship Bible Study
(Library)
4:00 - Puzzle Mania

14 Shopping
9:00 - Shopping "Walmart"
9:00 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 Music relaxation
after Exercise
1:30 Activity Review Meeting
Activity Room
2:30 Jenga - Activity Room
4:00 Puzzle Mania

15 Medical Transportation
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - Music relaxation
1:30 - Scrabble - Activity Room
Pacifica Resident & Family
Thanksgiving Dinner
5:00pm

16 **BINGO**
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation after
Exercise - Patio
1:00 - Bingo
4:00 - Puzzle Mania

17
9:30 - After Breakfast Coffee Talk
10:30 - Puzzle Mania
2:00 - Hallmark Movie - Ch 123
Christmas in Love - Library
3:00 - Scrabble
6:00 - Saturday Night Movie
(Library)

18
9:00 - After Breakfast Coffee Talk
10:00 - Dominoes
11:00 - St. Paul's Church
(Activity Room)
1:00 - Calvary Worship
(Activity Room)
2:30 - Resident Game Choice
4:00 - Puzzle Mania

19
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with music
11:00 - Lunch Outing
Anchos Mexican Restaurant
1:30 - Entertainment—Ron Johnson
3:00 - Scrabble
4:00 - Puzzle Mania
5:15 - Monday Night Football
Kansas City @ LA Rams - Library

20 Medical Transportation
Jan's Boutique
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with music
11:00 - 11:30 Music relaxation after
Exercise - Patio
1:30 - Crazy Eights Card Game
2:30 - Calvary Worship Bible Study
(Library)
4:00 - Puzzle Mania

21 Shopping
9:00 - Shopping "Walmart"
9:00 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation
after Exercise
1:30 - Resident Council Mtg.
3:00 - Scrabble
4:00 - Puzzle Mania

22 Happy Thanksgiving
9:00 - After Breakfast Coffee Talk
10:30 - Puzzle Mania
1:00 - Crazy Eights
3:00 - Scrabble - (Activity Room)
4:00 - Puzzle Mania

23 **BINGO**
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation after
Exercise - Patio
1:00 - Bingo
4:00 - Puzzle Mania

24
9:30 - After Breakfast Coffee Talk
10:30 - Puzzle Mania
1:00 - Resident Game Choice
2:00 - Hallmark Movie - Ch 123
TBD - Library
3:00 - Scrabble - Activity Room
6:00 - Saturday Night Movie
(Library)

25
9:00 - After Breakfast Coffee Talk
10:00 - Dominoes
11:00 - St. Paul's Church
(Activity Room)
1:00 - Devotional Readings
w/Bob Wright
(Activity Room)
2:30 - Resident Game Choice
4:00 - Puzzle Mania

26
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - Music relaxation
1:30 - Crazy Eights Card Game
3:00 - Scrabble
4:00 - Puzzle Mania
5:15 - Monday Night Football
Tennessee Titans @ Houston Texans
Library

27 Medical Transportation
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with music
11:00 - 11:30 Music relaxation
after Exercise - Patio
2:30 - Calvary Worship Bible Study
(Library)
4:00 - Puzzle Mania

28 Shopping
9:00 - Shopping "Walmart"
9:00 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation
after Exercise
1:00 - November Birthday Social
AL - Social Parlor or (patio Weather permitting)
3:00 - Jenga
4:00 - Puzzle Mania

29 Medical Transportation
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation after
1:30 - Crazy Eights Card Game
2:30 - Hangman
4:00 - Puzzle Mania
5:15 - Thursday Night Football
New Orleans @ Dallas Cowboys - Library

30
9:30 - After Breakfast Coffee Talk
10:30 - Exercise with Music
11:00 - 11:30 Music relaxation after
Exercise - Patio
1:00 - Bingo
4:00 - Puzzle Mania

Rosaria Maniaci 11th
Charles Melendez 13th
Ann Johnson 14th
Francis Ruiz 17th
Lois Krumrei 17th
Art Canchola 18th
Urb Miki 27th



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After Hours
From 7:30 p.m. - 8:00 a.m.

Contact Phone Number
for residents, family members and employees.
(909) 606-2553
And/or ring the doorbell.



1 **Podiatrist**
9:00 - Toning Our Bodies! (P)
9:30 - TBT Reminiscing Game (P)
10:00 - Snack & Chat Time (S)
11:00 - Outdoor Adventure (P/O)
1:00 - Bingo
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)
5:15 - Thursday Night Football
Oakland Raiders & San Francisco
6:00-8:00 - Movie Time (S)

2
9:00 - Toning Our Bodies! (P)
9:30 - Name that Actor (R)
10:00 - Snack & Chat Time (S)
11:30 - COMMUNION
A.L. Library
1:00 - **Poetry & Reading (R)**
1:30 - Baking w/Myra (LO)
2:00 - Snack & Chat (S)
4:00 - Story Time (C)

3
9:00 - Toning Our Bodies! (P)
9:30 - Hangman (O/R)
10:30 - Snacks & Chat Time (S)
2:00 - Hallmark Movie - Ch 123
Sharing Christmas
3:00 - Outdoor Adventure (O)
6:00-8:00 - Movie Time (S)

4 **Daylight Saving Time ENDS!!**
Set your clocks back 1 hour !!
9:00 -Toning Our Bodies! (P)
9:30 - **Word Shuffle (C)**
10:30 - Snack & Chat Time (S)
11:00 - St. Paul's Church
(A.L. Activity Room)
1:00 - Calvary Worship
(AL Library)
1:30 - Balloon Tennis (P)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)

5 9:00 - Toning Our Bodies! (P)
9:30 - Story Time (C)
10:00 - Snack & Chat Time (S)
11:00 - Music Adventure -
Patio (P/O) (Weather permitting)
2:00 - Snack & Chat Time (S)
3:00 - Horse Derby ©
5:00 - Monday Night Football (S)
Tennessee Titans @ Dallas Cowboys
6:00-8:00 Movie Time (S)

6 **Election Day**
7:00am to 8:00pm - A.L. Activity Room
9:00 - Legacies Live
PRICE IS RIGHT! (C)
9:30 - Toning Our Bodies (P)
10:00 - Snack & Chat Time (S)
10:45 - Pet Therapy
2:00 - Snack & Chat Time (S)
2:30 - Traveling Game Show (C)
3:00 - Bean Bag Toss (P/S)
4:00 - Story Time (R)
6:00-8:00 Movie Time (S)

7
9:00 - Toning Our Bodies! (P)
9:30 - Family Feud Trivia Game (R)
10:00 - Snack & Chat Time (S)
12:30 - Triva w/Myra (C)
2:00 - Snack & Chat Time (S)
3:00 - Karaoke (S)
4:00 - Story Time (R)
6:00-8:00 - Movie Time (S)

8
9:00 - Toning Our Bodies! (P)
9:30 - Reading Time w/Myra (P)
10:00 - Snack & Chat Time (S)
11:00 - Outdoor Adventure (P/O)
1:00 - Bingo
2:30 - Snack & Chat Time (S)
5:15 - Thursday Night Football
Carolina @ Pittsburgh
6:00-8:00 - Movie Time (S)

9
9:00 - Toning Our Bodies! (P)
9:30 - Name that Actor (R)
10:00 - Snack & Chat Time (S)
1:00 - Balloon Tennis (O/S)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (C)
6:00-8:00 - Movie Time (S)

10
9:00 - Toning Our Bodies! (P)
9:30 - Hangman (O/R)
10:00 - Bus Outing w/Mike (OS)
10:30 - Snacks & Chat Time (S)
2:00 - Snack & Chat Time (S)
2:00 - Tea Party (S)
6:00-8:00 Movie Time (S)

11 9:00 - Toning Our Bodies! (P)
9:30 - Word Shuffle (C)
10:30 - Snack & Chat Time (S)
11:00 - St. Paul's Church
(A.L. Activity Room)
1:30 - Balloon Tennis (P)
2:00 - Snack & Chat Time (S)
4:00 - Story Time ©
6:00 - Veteran's Day Presentation &
Ceremony to our Residents.
Family Members Welcome!!! - Social Parlor

12 9:00 - Toning Our Bodies! (P)
9:30 - Story Time (C)
10:00 - Snack & Chat Time (S)
11:00 - Music Adventure - Patio (P/O)
(Weather permitting)
2:00 - Snack & Chat Time (S)
3:00 - Horse Derby ©
5:00 - Monday Night Football (S)
New York Giants @ San Francisco
6:00-8:00 Movie Time (S)

13 **9:00 - Legacies Live**
PRICE IS RIGHT! (C)
9:30 - Toning Our Bodies (P)
10:00 - Snack & Chat Time (S)
10:45 - Pet Therapy (PS)
11:00 - Outdoor Adventure (P/O)
1:00 - "Gardening w/Mayra" (C/S)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)
6:00-8:00 Movie Time (S)

14
9:00 - Toning Our Bodies! (P)
9:30 - Family Feud Trivia Game (R)
10:00 - Snack & Chat Time (S)
12:30 - Triva w/Myra (C)
2:00 - Snack & Chat Time (S)
3:00 - Karaoke (S)
4:00 - Story Time (R)
6:00-8:00 - Movie Time (S)

15 **Family Thanksgiving Dinner**
9:00 - Toning Our Bodies! (P)
9:30 - TBT Reminiscing Game (P)
10:00 - Snack & Chat Time (S)
1:00 - BINGO (L/C)
2:00 - Snack & Chat Time (S)
Pacifica Resident & Family
Thanksgiving Dinner
5:00pm

16
9:00 - Toning Our Bodies! (P)
9:30 - Name that Actor (R)
10:00 - Snack & Chat Time (S)
1:00 - Balloon Tennis (O/S)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (C)
6:00-8:00 - Movie Time (S)

17
9:00 - Toning Our Bodies! (P)
9:30 - Hangman (O/R)
10:30 - Snacks & Chat Time (S)
2:00 - Hallmark Movie - Ch 123
Christmas in Love
3:00 - Outdoor Adventure (O)
6:00-8:00 - Movie Time (S)

18 9:00 - Toning Our Bodies! (P)
9:30 - **Word Shuffle (C)**
10:30 - Snack & Chat Time (S)
11:00 - St. Paul's Church
(A.L. Activity Room)
1:00 - Calvary Worship
(AL Library)
1:30 - Balloon Tennis (P)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)

19 9:00 - Toning Our Bodies! (P)
9:30 - Story Time (C)
10:00 - Snack & Chat Time (S)
11:00 - Music Adventure - Patio (P/O)
(Weather permitting)
1:30 - Entertainment - Ron Johnson
3:00 - Horse Derby (C)
5:00 - Monday Night Football (S)
Kansas City @ LA Rams
6:00-8:00 Movie Time (S)

20 **9:00 - Legacies Live**
PRICE IS RIGHT! (C)
9:30 - Toning Our Bodies (P)
10:00 - Snack & Chat Time (S)
11:00 - Outdoor Adventure (P/O)
1:30 - Entertainment—Tony Lopez
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)
6:00-8:00 - Movie Time (S)

21
9:00 - Toning Our Bodies! (P)
9:30 - Family Feud Trivia Game (R)
10:00 - Snack & Chat Time (S)
12:30 - Triva w/Myra (C)
2:00 - Snack & Chat Time (S)
3:00 - Karaoke (S)
4:00 - Story Time (R)
6:00-8:00 - Movie Time (S)

22 **Happy Thanksgiving**
9:00 - Toning Our Bodies! (P)
9:30 - TBT Reminiscing Game (P)
10:00 - Snack & Chat Time (S)
11:00 - Outdoor Adventure (P/O)
1:00 - BINGO (L/C)
2:30 - Snack & Chat Time (S)
4:00 - Story Time (R)
6:00-8:00 - Movie Time (S)

23
9:00 - Toning Our Bodies! (P)
9:30 - Name that Actor (R)
10:00 - Snack & Chat Time (S)
1:00 - **Poetry & Reading (R)**
1:30 - Baking w/Myra (LO)
2:00 - Snack & Chat (S)
4:00 - Story Time (C)
6:00-8:00 Movie Time (S)

24
9:00 - Toning Our Bodies! (P)
9:30 - Hangman (O/R)
10:30 - Snacks & Chat Time (S)
2:00 - Hallmark Movie - Ch 123
Name TBD
2:00- Snack & Chat Time (S)
2:30 - Trivia Riddles (O)
6:00-8:00 Movie Time (S)

25 9:00 - Toning Our Bodies! (P)
9:30 - **Word Shuffle (C)**
10:30 - Snack & Chat Time (S)
11:00 - St. Paul's Church
(A.L. Activity Room)
1:00 - Devotional Readings
w/Bob Wright (AL Activity Room)
1:30 - Balloon Tennis (P)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)
6:00-8:00 Movie Time (S)

26 9:00 - Toning Our Bodies! (P)
9:30 - Story Time (C)
10:00 - Snack & Chat Time (S)
(Weather Permitting)
11:00- Music Adventure - Patio (P/O)
(Weather permitting)
2:00 - Snack & Chat Time (S)
3:00 - Horse Derby (C)
5:00 - Monday Night Football (S)
Tennessee Titans @ Houston Texans
6:00-8:00 Movie Time (S)

27 **9:00 - Legacies Live**
PRICE IS RIGHT! (C)
9:30 - Toning Our Bodies (P)
10:00 - Snack & Chat Time (S)
11:00 - Outdoor Adventure (P/O)
1:00 - "Crafts w/Mayra" (C/S)
2:00 - Snack & Chat Time (S)
4:00 - Story Time (R)
6:00-8:00 - Movie Time (S)

28
9:00 - Toning Our Bodies! (P)
9:30 - Family Feud Trivia Game (R)
10:00 - Snack & Chat Time (S)
12:30 - Triva w/Myra (C)
1:00 - November Birthday Social
AL - Social Parlor or (patio Weather permitting)
3:00 - Karaoke (S)
4:00 - Story Time (R)
6:00-8:00 Movie Time (S)

29 9:00 - Toning Our Bodies! (P)
9:30 - TBT Reminiscing Game (P)
10:00 - Snack & Chat Time (S)
11:00 - Outdoor Adventure (P/O)
1:00 - Bingo
2:00 - Snack & Chat Time (S)
4:00 - Story Time ©
5:15 - Thursday Night Football
New Orleans @ Dallas Cowboys -
6:00-8:00 - Movie Time (S)

30 9:00 - Toning Our Bodies! (P)
9:30 - Name that Actor (R)
10:00 - Snack & Chat Time (S)
1:00 - **Poetry & Reading (R)**
1:30 - Baking w/Myra (LO)
2:00 - Snack & Chat (S)
4:00 - Story Time (C)
6:00-8:00 Movie Time (S)

Rosaria Maniaci 11th
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