

November 2018



rea	Assisted Assisted	Living	ovenibel 20	. •		CALAROGA TERRACE
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Activities are subject to change Activities Ext. 3203	Treasure Box Opened Every Tuesday 9:30AM-11:00AM 1:00PM-3:00PM Basement "Our Store" Open every weekday from 1-2pm and 6-7pm	Location Key Numbers= floors A/Aud=Auditorium C=Chapel T/Ter=Terrace DR=Dinning Room RSVP=Sign up in books on Terrace		9:30am: Crosswords —Ter 10:00am: Fitness — A & 7 10:20am: History Class—Aud 11:30am:Lunch Outing-RSVP 1pm: Bean Bag Baseball—A 2:45pm: Paced walking—2nd 4:00pm: Play Reading—Aud	10:20am: History Class—Aud 1:00pm: Bridge— DR 1:30pm: Bingo— 5th floor DR 1:30pm: Shopping Bus — 1st 2:45pm: Blackjack — Terrace	6pm: Sat. Entertainment:
4 00am: Rides to Church 0:00am: Chair Yoga— Aud 00pm: Bingo—5th floor 30pm: Scenic WalkRSVP 00pm: Knitting & Crochet— T 15pm: Documentary Srs5 30PM Vespers Service-C	9am: Daycare Reading 11am: Weight training — A 11am: This day in History—A 1:00pm: Bridge—DR 2pm:Conversation Circle-8 2pm: Monday Matinee-5th 6:00pm: IOC Chorus—Aud 7:00pm: PDX Vox—Aud		2pm: Ice Cream Social— Ter 3pm: Intro Art Class— 5th	8 9:30am: Crosswords —Ter 10:00am: Fitness — A & 7 10:20am: History Class—Aud 11:30am:Lunch Outing-RSVP 1pm: Bean Bag Baseball—A 2:45pm: Paced walking—2nd	10:20am: History Class—Aud 1:00pm: Bridge— DR	3:30pm: Arts & Crafts—5th
0:00am: Chair Yoga— Aud 00pm: Bingo—5th floor 30pm: Scenic WalkRSVP 00pm: Knitting & Crochet– T 15pm: Documentary Srs5 30PM Vespers Service-C	9am: Daycare Reading 11am: Weight training — A 11am: This day in History—A 1:00pm: Blackjack— Ter 1:00pm: Bridge—DR 2pm:Conversation Circle-8 2pm: Monday Matinee-5th 6:00pm: IOC Chorus—Aud		2;00pm: CTR meeting—Aud 3pm: Intro Art Class— 5th 6:30pm: Folk Songs —Ter	9:30am: Crosswords —Ter 10:00am: Fitness — A & 7 10:20am: History Class—Aud 11:30am:Lunch Outing-RSVP 1pm: Bean Bag Baseball—A 2:45pm: Paced walking—2nd 4:00pm: Play Reading—Aud 4pm:Thanksgiving Dinner -DR	10:20am: History Class—Aud 1:00pm: Bridge— DR 1:30pm: Bingo— 5th floor DR 1:30pm: Shopping Bus — 1st 2:45pm: Blackjack — Terrace 4:00pm: Happy Hour — Ter	3:30pm: Arts & Crafts—5th
:00am: Rides to Church 0:00am: Chair Yoga— Aud :00pm: Bingo—5th floor :30pm: Scenic WalkRSVP :00pm: Knitting & Crochet- T :15pm: Documentary Srs5 :30PM Vespers Service-C	9am: Daycare Reading 11am: Weight training — A 11am: This day in History—A 1:00pm: Bridge—DR 1:00pm: Blackjack— Ter 2pm:Conversation Circle-8 2pm: Monday Matinee-5th 6:00pm: IOC Chorus—Aud		11:15am: Old Church—1st 1:00pm: Bingo—Aud 2:00pm: Karaoke — Ter 3pm: Intro Art Class— 5th	22 Thanksgiving's Day 9:30am: Crosswords —Ter 10:00am: Fitness — A & 7 10:20am: History Class—Aud 11:30am:Lunch Outing-RSVP 1pm: Bean Bag Baseball—A 2:45pm: Paced walking—2nd 4pm: Thanksgiving dinner –dr	10am: Balance Class — Aud 10:20am: History Class—Aud 1:00pm: Bridge— DR 1:30pm: Bingo— 5th floor DR 1:30pm: Shopping Bus — 1st 2:45pm: Blackjack — Terrace	3:30pm: Arts & Crafts—5th
25 :00am: Rides to Church 0:00am: Chair Yoga— Aud :00pm: Bingo—5th floor :30pm: Scenic WalkRSVP :00pm: Knitting & Crochet- T :15pm: Documentary Srs5 :30PM Vespers Service-C	26 9am: Daycare Reading 11am: Weight training — A 11am: This day in History—A 1:00pm: Bridge—DR 1:00pm: Blackjack— Ter 2pm:Conversation Circle-8 2pm: Monday Matinee-5th 6:00pm: IOC Chorus—Aud	8:30am: Walking Group—1st 9:30am: Crosswords —Ter 10:00am: Fitness — Aud & 7 10:30am: Library— Aud 12pm: New Resident Lunch- A 3:00pm: Jeopardy—Aud 4:00pm: Rosary—Chapel 6:45pm: Extreme Bingo—Aud		1pm: Bean Bag Baseball —A 3pm: My life Story — 5th	1:30pm: Bingo— 5th floor DR	