


# November 2018

## Assisted Living Lifestyle & Leisure

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>855 Bruce Rd Chico, CA 95928 (530) 636-0914</p>	<p><b>Legend:</b></p> <p><b>AE</b> Artistic Expression  <b>CC</b> Community Connections  <b>CE</b> Continuing Education  <b>LL</b> Lifestyle &amp; Leisure  <b>PE</b> Physical Engagement  <b>SS</b> Spiritual Support</p>			<p>9:00 <b>PE</b> Gentle Stretching <b>1</b>            10:00 <b>CE</b> Classical Movie Trivia            11:30 <b>AE</b> Poetry Circle            1:30 <b>CC</b> Prize Bingo w/Doris            5:20 <b>LL</b> NFL Thursday Night Football            6:00 <b>CC</b> Book Club</p>	<p>9:00 <b>PE</b> Sit &amp; Be Fit <b>2</b>            1:30 <b>LL</b> Lets Cook/Discuss            3:30 Happy Hour            6:00 <b>CC</b> Bingo with Karen!</p>	<p>9:30 <b>PE</b> Moving and Grooving Exercise <b>3</b>            10:00 <b>CE</b> Trivia &amp; Doughnuts!            11:00 <b>PE</b> Wii Bowling            1:00 <b>AE</b> Mindy on Violin            2:30 <b>LL</b> Saturday afternoon Tea &amp; Cookies            6:30 <b>CE</b> Movie Night!</p>
	<p><b>Daylight Saving Time Begins</b> <b>4</b>  <b>Happy birthday Charlene B.</b>            9:30 <b>PE</b> Chair Tai Chi with Gandt            2:00 <b>SS</b> Sunday Church Service with Bidwell Presbyterian            3:15 <b>CC</b> Gentlemen's Club            5:20 <b>LL</b> NFL Sunday Night Football</p>	<p>9:00 <b>PE</b> Exercise to your favorite music <b>5</b>            10:00 <b>CE</b> Musical Trivia            4:00 <b>CE</b> Netflix Documentaries            5:15 <b>CC</b> NFL Monday Night Football            6:00 <b>SS</b> Bible Study w Tom</p>	<p><b>Election Day</b> <b>6</b>            9:00 <b>PE</b> Exciting Fitness            10:30 <b>LL</b> Prize Bingo            1:00 <b>AE</b> Let's Craft!            3:30 <b>LL</b> Kim Vickers musical show            6:00 <b>CC</b> Book Club</p>	<p>9:00 <b>PE</b> Keep It Moving! <b>7</b>            10:30 <b>SS</b> Catholic Communion            01:30 <b>CC</b> Olli's Cribbage Class            3:00 <b>CC</b> Durk &amp; Laurel Posey Music            6:00 <b>LL</b> Community Game Night!</p>	<p>9:00 <b>PE</b> Gentle Stretching <b>8</b>            10:00 <b>CE</b> Classical Movie Trivia            11:30 <b>AE</b> Poetry Circle            1:30 <b>CC</b> Prize Bingo w/Doris            3:30 <b>AE</b> Andrew Sandro Plays Piano            5:20 <b>LL</b> NFL Thursday Night Football            6:00 <b>CC</b> Book Club</p>	<p>9:00 <b>PE</b> Sit &amp; Be Fit <b>9</b>            11:00 <b>AE</b> Artistic Moments            1:30 <b>AE</b> Robert Karsch Plays Guitar Classics!            3:30 <b>LL</b> Happy Hour            6:00 <b>CC</b> Bingo with Karen!</p>
	<p><b>Veterans Day</b> <b>11</b>            9:30 <b>PE</b> Chair Tai Chi with Gandt            1:30 <b>CC</b> Prize Bingo!            3:15 <b>CC</b> Gentlemen's Club            5:20 <b>LL</b> NFL Sunday Night Football</p>	<p>9:00 <b>PE</b> Exercise to your favorite music <b>12</b>            10:00 <b>CC</b> MIKE HALLDORSON VFW POST 1555 HONOR ARE VETS OF WINDCHIMES            4:00 <b>CE</b> Netflix Documentaries            5:15 <b>CC</b> NFL Monday Night Football            6:00 <b>SS</b> Bible Study w Tom</p>	<p>9:00 <b>PE</b> Exciting Fitness <b>13</b>            10:30 <b>LL</b> Prize Bingo            1:00 <b>CC</b> Community Service Project            2:00 <b>CC</b> Resident Counsel Meeting            3:00 <b>AE</b> Larry Lambert Plays Piano Favorites!            6:00 <b>CC</b> Book Club</p>	<p><b>Happy Birthday Roma</b> <b>14</b>            9:00 <b>PE</b> Keep It Moving!            10:30 <b>SS</b> Catholic Communion            1:00 <b>AE</b> Let's Make It!            6:00 <b>LL</b> Community Game Night!</p>	<p><b>Happy Birthday Barbara</b> <b>15</b>            9:00 <b>PE</b> Gentle Stretching            10:00 <b>AE</b> Lou Diaz On Sax            1:30 <b>CC</b> Prize Bingo w/Doris            4:00 <b>CE</b> Butte County Library            5:20 <b>LL</b> NFL Thursday Night Football            6:00 <b>CC</b> Book Club</p>	<p>9:00 <b>PE</b> Sit &amp; Be Fit <b>16</b>            11:00 <b>AE</b> Artistic Moments            1:30 <b>LL</b> Lets Cook/Discuss            3:30 <b>LL</b> Happy Hour            6:00 <b>CC</b> Bingo with Karen!</p>
	<p>9:30 <b>PE</b> Chair Tai Chi with Gandt <b>18</b>            10:00 <b>AE</b> Kitchens Corner With Chad            1:30 <b>CC</b> Prize Bingo!            3:15 <b>CC</b> Gentlemen's Club            5:20 <b>LL</b> NFL Sunday Night Football</p>	<p>9:00 <b>PE</b> Exercise to your favorite music <b>19</b>            10:00 <b>CE</b> Musical Trivia            1:30 <b>LL</b> Scenic Tour with Gary!            4:00 <b>CE</b> Netflix Documentaries            5:15 <b>CC</b> NFL Monday Night Football            6:00 <b>SS</b> Bible Study w Tom</p>	<p><b>Happy Birthday Alan</b> <b>20</b>  <b>Happy Birthday Marian</b>            9:00 <b>PE</b> Exciting Fitness            10:30 <b>LL</b> Prize Bingo            1:00 <b>AE</b> Let's Craft!            2:30 <b>LL</b> Laura Skinner with Pumpkin the Mini Horse            3:00 <b>CE</b> Exploring Google Earth            6:00 <b>CC</b> Book Club</p>	<p>9:00 <b>PE</b> Keep It Moving! <b>21</b>            10:30 <b>SS</b> Catholic Communion            1:00 <b>AE</b> Let's Make It!            6:00 <b>LL</b> Community Game Night!</p>	<p><b>Thanksgiving</b> <b>22</b>            9:00 <b>CC</b> Macy's Thanksgiving Day Parade            1:00 <b>CC</b> Are You READY for some Football!            5:20 <b>LL</b> NFL Thursday Night Football</p>	<p>9:00 <b>PE</b> Sit &amp; Be Fit <b>23</b>            11:00 <b>AE</b> Artistic Moments            1:30 <b>LL</b> Lets Cook/Discuss            3:30 <b>LL</b> Happy Hour            6:00 <b>CC</b> Bingo with Karen!</p>
	<p>9:30 <b>PE</b> Chair Tai Chi with Gandt <b>25</b>            1:30 <b>CE</b> Sunday Matinee            3:15 <b>CC</b> Gentlemen's Club            5:20 <b>LL</b> NFL Sunday Night Football</p>	<p>9:00 <b>PE</b> Exercise to your favorite music <b>26</b>            10:00 <b>CE</b> Musical Trivia            4:00 <b>CE</b> Netflix Documentaries            5:15 <b>CC</b> NFL Monday Night Football            6:00 <b>SS</b> Bible Study w Tom</p>	<p><b>Happy Birthday Jim</b> <b>27</b>            9:00 <b>PE</b> Exciting Fitness            10:30 <b>LL</b> Prize Bingo            1:00 <b>AE</b> Let's Craft!            3:00 <b>AE</b> The House Cats            6:00 <b>CC</b> Book Club</p>	<p><b>Happy Birthday Carol</b> <b>28</b>            9:00 <b>PE</b> Keep It Moving!            10:30 <b>SS</b> Catholic Communion            10:30 <b>AE</b> Guitar Circle w/ OLLI            1:00 <b>AE</b> Let's Make It!            01:30 <b>CC</b> Olli's Cribbage Class            6:00 <b>LL</b> Community Game Night!</p>	<p>9:00 <b>PE</b> Gentle Stretching <b>29</b>            10:00 <b>CE</b> Classical Movie Trivia            11:30 <b>AE</b> Poetry Circle            1:30 <b>CC</b> Prize Bingo w/Doris            3:30 <b>AE</b> Andrew Sandro Plays piano            5:20 <b>LL</b> NFL Thursday Night Football            6:00 <b>CC</b> Book Club</p>	<p>9:00 <b>PE</b> Sit &amp; Be Fit <b>30</b>            11:00 <b>AE</b> Artistic Moments            1:30 <b>LL</b> Lets Cook/Discuss            2:30 <b>AE</b> John Trenalone on Piano and Vocals            3:30 <b>LL</b> Happy Hour            6:00 <b>CC</b> Bingo with Karen!</p>