November 2018

NOVEMBER 2018

List of In-House Services

Kaleidoscope Salon

Denise Hubbard (916) 486-2710 Open Tuesdays, Thursdays and Fridays 8:00 am - 5:00 pm

Clean Touch

Will Huttunen (916) 600-6161 Laundry services, dry cleaning & alterations Call for pick up at your front door, every Monday and Thursday!

Family Wash & Dry

Call Mariah at 916-220-8849

Fluff & Fold Services

Celtic Hands Massage

Kevin McLachlan (916) 878-6189 In-house massages Every 2nd & 4th Wednesday 15 minutes for \$13.00 9:00am-1:00pm Sign up in the book!

Community Hearing Aid Ctr

Ed Vinson (916) 797-9188
Free cleaning, batteries & check-up!

2nd Thursday of each month at 1:30pm
Craft Room on the 1st floor.

Sign up in the book!

Rite Aid Pharmacy

(916) 784-1590

Will deliver prescriptions to your door.

Blood Pressure Checks

Once a month in the Lobby 3rd Thursday of the month @ 9:30am Except if there is an emergency call!!

Affordable Canine & Professional Dog Walker

Lisa Free (559)-800-3351

And other services available

Sign up in the book for transportation, Friday outings, massages, Hearing Clinic.

Juanita's Turkey Bingo Monday, November 19th 1:30pm in the RR



Office Hours

Monday-Friday 8:30am-5:30pm Saturday & Sunday 9:00am-5:00pm

Administrator ~ Juanita Junco
Marketing Director ~ Marlene Squire
Activities Director ~ Tina Evans
Resident Relations ~ Adriana Romano
R.R. Part Time ~ Traci Gelgood
Maintenance ~ Jack Pesola
Part time maintenance ~ Ryan
Bus Transportation ~ Bruce Stuebing
Van Transportation ~ Drew Marcus
Housekeeping ~ Margaret, Phul and
Terri
Part Time Night Porters ~ Joy, Meka,
Julia, Kermit, and Justin.

Roseville Commons Contact Numbers:

Office: (916) 786-2751 Fax: (916) 786-2781

Transportation: (916) 870-2452

Kitchen: (916) 786-3724

Activities Office: (916) 749-3189

The Rose Review

Roseville Commons + 275 Folsom Rd. Roseville, Ca 95678 + (916) 786-2751
www.RayStoneSeniors.com, Like us on Facebook https://www.facebook.com/RosevilleCommonsSeniorLiving/



Celebrating November

Debi Destiny ~ Magician

Friday, November 2nd 2:00pm-RR

Hearing Presentation ~ Ed

Tuesday, November 6th 1:00pm-RR

Jam Session ~ Charlie

Friday, November 9th 2:00pm-3:00pm-RR

Holiday Bazaar Music by Steven Schwartz

Saturday, November 10th 9:30am-1:00pm -RR

Music by Marcus & Maggie

Tuesday, November 20th 1:00pm-RR

Thanksgiving Feast

Thursday, November 22nd 11:00am-1:30-Dining Room

Lobby Tree Trimming Hot Cocoa & Sweet Treats

Tuesday, November 27th 1:30pm-LO

Resident Tree Trimming Holiday Songs w/Robin

Wednesday, November 28th 2:30pm-RR



I would like to wish everyone a wonderful Thanksgiving! It is a special day to be thankful for our blessings while spending time with family and friends, enjoying homemade cooking with delicious desserts, watching the Thanksgiving Day Parade and cheering on your favorite football team.

This year, I will be trimming our lobby holiday tree on Tuesday, November 27th, at 1:30pm. I will need "Santa's Elves" to help me while enjoying holiday music, hot chocolate, cider and sweet treats. Everyone is welcome to come, add an ornament or two, or just watch the magic unfold as the tree shines with twinkling lights

Decorating our beautiful holiday tree and spending time with all of you is one of my favorite events of the vear!

Cold & Flu Season

Urgent reminder!! It's that time of year again for colds and flu. Please stay in your apartment if you are not feeling well. Do not go to the dining room, or attend any activities. You may order your brunch and dinner and have it delivered. **Call the kitchen at 786-3724.**



Stay healthy everyone! Continue to practice good hand hygiene and other healthy practices to help prevent the spread of germs.

Thanksgiving blessings from my family to you and yours!

Juanita

Fun in November!

We are starting this month off with a little bit of

magic! On Friday, November 2nd, at 2:00pm, we are having the wonderful Debi Destiny, along with her helpful bunny and doves. Debi will dazzle you with magic and illusion, so come join in on the magic!



I can't believe we are only 55 days away from Christmas. Well, you are in luck! On Saturday,



November 10th, we are having our Annual Holiday Bazzar. We will have a varitey of vendors attending this year, selling homemade jams, to creative holiday gifts,

for you to purchase just in time for the holidays. Come down and shop 'til you drop, while enjoying some beautiful music by Steven Schwartz. On Friday, November 9th, at 2:00pm, Charlie will have his jam session. Then on Monday, November 12th, at 2:00pm, Charlie will have his sing along. Both events are in the RR. On Tuesday, November 13th, at 3:30pm, the children from Cornerstone School will be performing for us. Then, on Tuesday, November 20th, at 1:00pm, we have Marcus & Maggie coming to perform for us. Come down and enjoy the music, along with a little dancing. You are more than welcome to bring your own beverage down during this event.



It's time for us to start getting ready to beautify our community for the holidays. On Tuesday, November 27th, we will have our lobby tree trimming event with hot cocoa

and sweet treats at 1:30pm. Then, on Wednesday, November 28th, we will be trimming the tree in the Rose Room. Robin Richie will also be playing the piano and singing holiday carols. Hope to see all of you at these wonderful events!

Marketing Moments



History tells us that the first Thanksgiving was celebrated by the Pilgrims after their first harvest in the New World in 1621 and that it lasted three days. Here, at Roseville Commons. we're celebrating for

thirty days!

From magic and illusion, to lights, ornaments and garlands galore, November is a joyful month. It truly is the best time of the year! Be sure to check your calendar every day so you don't miss anything.

A bushel of thanks and a basketful of hugs to all of you for your wonderful support and enthusiasm all year long. You make Roseville Commons a very special community. For that, for family, friends, good health and love, I am so grateful!

Happiest Thanksgiving wishes!

Marlene

Just a little reminder

Transportaion:

Here, at Roseville Commons, we offer transportation for your medical and dental appointments on Tuesdays, Wednesdays and Thursdays. Our sign up sheets are located in the books on the table in the front fover by the office. Please make sure you are meeting the sign up cut-off time for your rides, which is by 2:00pm the previous day.

Friday Excursions

Hello residents! This month on Friday, November 2nd, we will board the bus at 10:00am to head over to a new restaurant located in Roseville. Huckleberry's Breakfast and Lunch. It's been said that Huckleberry's has the best breakfast and lunch this side of the ol' Mississippi. So, I thought we would check it out ourselves. All the folks you meet at Huckleberry's are friendly,



charming and real, and the Southern background music will take you to the bayou. And the food! So many choices to choose from, from Mardi Gras

beignets, chicken & waffles, to fried green tomatoes and Creole style Louisiana catfish. I have had residents asking to go to IKEA, so we are going on Friday, November 9th. We will board the bus at 10:00am. While we are there, take a break from shopping, and relax and dine at the IKEA restaurant. Come in and enjoy a tasty and nourishing meal. Enjoy Swedish or American food at a competitive price. Prices start as low as \$2.50. The mandarin season is here! On Friday, November 16th, we will board the bus at 10:30am to head up to the Auburn Fairgrounds for the Mandarin Festival. The entry fee is \$4/person and they will have all kinds of vendors, food trucks, music and much more to enjoy. There are plenty of areas to sit and relax while you're enjoying lunch, or listening to great music. If you use a



walker, please bring it with you. On Friday, November 23rd. we will board the bus at 10:00am to do a little

shopping at JC Penney's, in the Sunrise Mall. Afterwards, we will have lunch at Marie Callendar's. Our last Excursion is Friday. November 30th. We will board the bus at 10:30am for a trip to Thunder Valley Casino. Departure time from the casino will be at 2:00pm. Good luck!

Tina

Culinary Corner

Hello Roseville Commons Residents.

The holidays are officially here, and one of my favorite holidays is Thanksgiving! Not only because of the meaning behind the

holiday, but because of the food of course!!! As always, we have a special celebration waiting for you and your families this turkey



day! I hope to see you all there.

Thank you so much for all of your compliments and suggestions from the



resident suggestion box! It is so nice for me and my staff to hear positive feedback from you. Your recommendations are very helpful in addressing problems and also in making improvements.

So, please continue to let me know what you like, dislike, and if you have any suggestions you think I should hear. If you have a complaint or suggestion, please be detailed and constructive, so that my staff and I can address the problem. And by all means, if there is something that we can fix immediately, please let your server know as soon as possible so that we can correct it and make your meal as enjoyable as possible. Our job is to ensure you enjoy yourself while dining with us. My door is always open to you, so that together, we can help improve our community and your dining experience.

Sincerely,

Chef Brian