



29	30	31	Nov 1	2	3	4
			Rosemary Lemon Chicken Maple Marinated Pork Roast <i>or</i> Seasoned Brown Rice Capri Blend Blackberry Vanilla Parfait	Pan Fried Shrimp Ham and Gravy <i>or</i> Roasted Red Potatoes Coleslaw Baked Roll Orange Cake	Meatloaf with Mozzarella Turkey Cutlets/Pan Gravy <i>or</i> O'Brien Potatoes Peas and Pearl Onions Red Velvet Cake	Parmesan Crusted Chicken Tender Beef Roast <i>or</i> Herb Mashed Potatoes Oven Roasted Broccoli Grandma's Apple Pie
5	6	7	8	9	10	11
Oven Roasted Pork Glazed Sweet Potatoes Green Beans Italian Homemade Carrot Cake	Classic Lasagna Parmesan Peas Garlic Bread Peanut Butter Brownie	Sliced Turkey Breast Fresh Mashed Potatoes Roasted Squash Blueberry Cobbler	Ham Roast Cream and Cheese Potatoes Mixed Vegetables Molasses Sugar Cookie	Honey Glazed Meatballs Rice Snap Pea Vegetable Blend Spiced Pear Cake	Mushroom and Swiss Chicken Steamed Red Potatoes Garlic Carrots Caramel Apple Crisp	Pulled Pork Roast Aloha Sweet Potatoes California Normandy Blend Lemon Meringue Pie
12	13	14	15	16	17	18
Green Salad Country Fried Steak/Gravy Fresh Mashed Potatoes Green Beans Baked Roll Chocolate Love Cake	Green Salad Melt In Your Mouth Chicken Penne Pasta Mixed Vegetables Baked Roll Berry Cobbler	Green Salad Pan Seared Tilapia Scalloped Potatoes Parsley Carrots Baked Roll Peach Melba Ribbon Pie	Green Salad Beef Parmesan Patty Ranch Potato Bake Sauteed Zucchini Baked Roll Chocolate Vanilla Pudding Dessert	Green Salad Grilled Chicken/Roasted Pepper Sauce Rice Baked Seasoned Squash Baked Roll Dump Cake	Green Salad BBQ Saint Louis Pork Ribs Baked Potato Corn on the Cob Baked Roll Chocolate Sugar Cookies	Green Salad Zesty Meatloaf Fresh Mashed Potatoes Scandinavian Veg Maple Bar
19	20	21	22	23	24	25
Chicken/Dijon Sauce Rice Pilaf Broccoli Peach Cobbler	Baked Pork Chops Smashed Sweet Potatoes Corn Cream Pecan Cake	Salisbury Steak Fresh Mashed Potatoes Sauteed Spinach Fresh Banana Cream Pie	Marinated Rosemary Chicken Fresh Mashed Potatoes/Gravy Mixed Vegetables Blueberry Cream Angel Dessert	Seasoned Baked Tilapia Parmesan Pasta Lemon Pepper Green Beans Texas Sheet Cake	Turkey A La King Baked Beans Sauteed Zucchini Autumn Spice Cake	Brown Sugar Ham Roasted Yams Baked Lima Beans Homemade Cherry Pie
26	27	28	29	30	Dec 1	2
Garlic Ranch Chicken Angel Hair Pasta Corn O'Brien Brownies	Swedish Meatballs Best Noodles Scandinavian Veg Mandarin Orange Cake	Herb Crusted Pork Roast Parmesan Roasted Potatoes Green Beans Mixed Berry Crisp	Beef Patty/Mushroom Gravy Sour Cream Potatoes Capri Blend Butterscotch Spice Cookie	Almond Crusted Haddock with Citrus Sauce Noodles Seasoned Broccoli Raspberry Sherbet Dessert		