



28	29	30	31	Nov 1	2	3
				Green Salad Rosemary Lemon Chicken Maple Marinated Pork Roast <i>or</i> Seasoned Brown Rice Capri Blend Baked Roll Blackberry Vanilla Parfait	Coleslaw Crunch-Topped Fish Ham and Gravy <i>or</i> Roasted Red Potatoes Green Beans Almondine Baked Roll Orange Cake	Classic Waldorf Salad Meatloaf with Mozzarella Turkey Cutlets/Pan Gravy <i>or</i> O'Brien Potatoes Peas and Pearl Onions Baked Roll Cherry Crisp
4	5	6	7	8	9	10
Carrot Coin Salad Tender Beef Roast Bacon Ranch Chicken <i>or</i> Herb Mashed Potatoes Oven Roasted Broccoli Baked Roll Apple Pie	7-Up Salad Oven Roasted Pork Three Cheese Ravioli <i>or</i> Glazed Sweet Potatoes Green Beans Italian Baked Roll Carrot Cake	Green Salad Classic Lasagna Breaded Catfish <i>or</i> Parmesan Peas Garlic Bread Chocolate Cake	Caesar Salad Sliced Turkey Breast Crispy Pork Chops <i>or</i> Cornbread Dressing Roasted Squash Baked Roll Blueberry Cobbler	Fruit Compote Ham Roast Chicken Riviera <i>or</i> Parsley Rice Mixed Vegetables Baked Roll Autumn Spice Cake	Fresh Fruit/Lemon Dip Honey Glazed Meatballs Cod AuGratin <i>or</i> Rice Sweet Sour Beets Baked Roll Spiced Pear Cake	Green Salad Mushroom and Swiss Chicken Corned Beef Brisket <i>or</i> Steamed Red Potatoes Garlic Carrots Baked Roll Fruit Crisp
11	12	13	14	15	16	17
Lime Jello With Pears North Carolina Pork Roast Herbed Roast/Vegetables <i>or</i> Aloha Sweet Potatoes California Normandy Blend Baked Roll Crescent Cream Bars	Green Salad Country Fried Steak/Gravy Rosemary Roasted Turkey <i>or</i> Fresh Mashed Potatoes Green Beans Baked Roll Chocolate Love Cake	Colorful Corn Salad Melt In Your Mouth Chicken Sausage and Peppers <i>or</i> Penne Pasta Mixed Vegetables Baked Roll Berry Cobbler	Juicy Fruit Salad Pan Seared Tilapia Cranberry Glazed Ham <i>or</i> Scalloped Potatoes Parsley Carrots Baked Roll Peach Melba Ribbon Pie	Green Salad Beef Parmesan Patty Lemon Oregano Turkey <i>or</i> Ranch Potato Bake Sauteed Zucchini Baked Roll Chocolate Vanilla Pudding Dessert	Coleslaw Grilled Chicken/Roasted Pepper Sauce Glazed Salmon <i>or</i> Rice Baked Seasoned Squash Baked Roll Dump Cake	Frog Eye Salad BBQ Saint Louis Pork Ribs Sirloin Steak <i>or</i> Baked Potato Corn on the Cob Baked Roll Marshmallow Treat
18	19	20	21	22	23	24
Yogurt Jello Salad Zesty Meatloaf Bacon Ranch Chicken <i>or</i> Onion Roasted Potatoes Roasted Carrots Baked Roll Banana Crumb Cake	Asian Cabbage Salad Cod/Garlic Herb Sauce Asian Pork <i>or</i> Rice Pilaf Broccoli Baked Roll Peach Cobbler	Green Salad Almond Crusted Pork Cutlet Turkey Piccata <i>or</i> Smashed Sweet Potatoes Corn Baked Roll Mixed Berry Crisp	Green Salad Salisbury Steak Ham with Raisin Sauce <i>or</i> Baked Potato Sauteed Spinach Baked Roll Fresh Banana Cream Pie	Antipasto Pasta Salad BBQ Chicken Leg Beef and Broccoli Stir-Fry <i>or</i> Delicious Rice Mixed Vegetables Baked Roll Blueberry Crumb Bar	Ambrosia Seasoned Baked Tilapia Spanish Cubed Steak <i>or</i> Parmesan Pasta Lemon Pepper Green Beans Baked Roll Carrot Cake	Green Salad Braised Beef Cubes Herb Roasted Turkey <i>or</i> Fresh Mashed Potatoes/Gravy Chef's Steamed Vegetable Baked Roll Autumn Spice Cake
25	26	27	28	29	30	Dec 1
Cucumber Pepper Salad Brown Sugar Ham Oven Pot Roast <i>or</i> Roasted Yams Sauteed Carrots Cinnamon Coffee Cake	Marinated Green Bean Salad Garlic Ranch Chicken Hawaiian Meatballs <i>or</i> Lemon Rice Corn O'Brien Coconut Cake	Green Salad Turkey Cutlet/Garlic Tomato Sauce Orange Apricot Glazed Pork <i>or</i> Best Noodles Scandinavian Veg Lemon Lush Pudding	Wax Bean Salad Herb Crusted Pork Roast Beef and Broccoli <i>or</i> Parmesan Roasted Potatoes Seasoned Cauliflower Mixed Berry Crisp	Layered Fruit Salad Hamburger Steak/Onions Chicken Parmesan <i>or</i> Sour Cream Potatoes Capri Blend Baked Roll Orange Cake	Creamy Coleslaw Cheddar Crumb Cod Sweet and Sour Pork <i>or</i> Rice Orzo Pilaf Seasoned Peas Blueberry Parfait	