November 2018
Memory Support

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brentwood at St. Pete Assisted Living & Memory Care 6280 Central Avenue St. Petersburg, FL 33707 (727) 536-9900		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	Healthy Snacks & Hydration offered throughout each day!	**Cliche' Day** 1 9:30 SS Morning Inspirations 10:00 PE Spare Me 11:00 CE Popular Cliche's 1:30 PE Move N Groove 2:30 CE Famous Faces 3:00 LL Afternoon Tea 4:00 LL Would You Rather?	9:30 LL Good Morning Brentwood 2 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 2:30 CE *Musical Notes - Meet Me in St. Louis* 3:00 LL Happy Hour 4:00 CE November In History	9:30 LL What's New In The Community 3 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:00 PE ***Zumba Gold w/ Becky*** 3:00 LL Bingo 4:00 CE Cranium Crunches
Daylight Saving Time Begins 4 9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words	9:30 CC What's New In The Community 5 10:00 PE Brentwood Strikers Bowling 11:00 CE Words Of The Wise 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That	**Election Day** 6 9:30 LL Welcome The Day 10:00 PE Light N Lively 11:00 CE Mind Joggers 1:30 LL Mentoring Moments - Maliblues Duo 2:30 LL A La Carte 3:00 CE *Travelogue - Washington DC* 4:00 PE Before Dinner Stretch	9:30 AE Musical Moments 7 10:00 PE Tournament Hour 11:00 CE Name 5 1:30 PE Fun In Motion 2:30 CE Science For Seniors 3:00 LL Afternoon Spa 4:00 CE Bulletin Board Trivia	**National Nachos Day** 8 9:30 SS Morning Inspirations 10:30 LL ***Music with "DJ Diamond Jim"*** 11:00 CE This Was The Year... 1:30 PE Move N Groove 2:30 CE Famous Faces 2:30 CE Game Board 3:00 LL Afternoon Tea 4:00 CE Last Letter	9:30 LL Good Morning Brentwood 9 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 1:30 CC *Out & About* 2:30 CE *Musical Notes - Patriotic Songs* 3:00 LL Veteran's Celebration 4:00 LL Words From Words	9:30 LL What's New In The Community 10 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:00 PE ***Zumba Gold w/ Becky*** 3:00 LL Bingo 4:00 CE Cranium Crunches
Veterans Day 11 9:30 LL Walk About The Neighborhood 10:00 PE Light N Lively 10:30 PE Spare Me 10:30 LL Sundaes in the Country Store Honoring our Veterans 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words	9:30 CC What's New In The Community 12 10:00 PE Brentwood Strikers Bowling 11:00 CE Words Of The Wise 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That	9:30 LL Welcome The Day 13 10:00 PE Light N Lively 11:00 CE Mind Joggers 1:30 LL Mentoring Moments 2:30 LL A La Carte 3:00 CE *Travelogue - India* 4:00 PE Before Dinner Stretch	**Loosen Up, Lighten Up Day** 14 9:30 AE Musical Moments 10:00 PE Tournament Hour 11:00 LL Humor Page 1:30 PE Fun In Motion 2:30 LL Creative Cooking - Crock Pot Pumpkin Pie 3:00 LL Afternoon Spa 4:00 CE Bulletin Board Trivia	9:30 SS Morning Inspirations 15 10:00 PE Spare Me 11:00 CE This Was The Year... 1:30 PE Move N Groove 2:30 CC Helping Hands Project 3:00 LL Afternoon Tea 4:00 CE Last Letter	9:30 LL Good Morning Brentwood 16 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 2:30 CE *Musical Notes - Little Richard* 3:00 LL Happy Hour 4:00 LL Words From Words	9:30 LL What's New In The Community 17 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:00 PE ***Zumba Gold w/ Becky*** 3:00 LL Bingo 4:00 CE Cranium Crunches
9:30 LL Walk About The Neighborhood 18 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words	9:30 CC What's New In The Community 19 10:00 PE Brentwood Strikers Bowling 11:00 CE Words Of The Wise 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That	**Origami Day** 20 9:30 LL Welcome The Day 10:00 PE Light N Lively 11:00 CE Mind Joggers 1:30 LL Mentoring Moments 2:30 LL A La Carte 3:00 CE *Travelogue - Japan* 4:00 PE Before Dinner Stretch	9:30 AE Musical Moments 21 10:00 PE Tournament Hour 11:00 CE Brain Quest 1:30 PE Fun In Motion 2:30 AE Creative Expression 3:00 CC ***Tunes with Tara/Monthly Birthday Celebration*** 4:00 CE Bulletin Board Trivia	**Thanksgiving** 22 9:30 LL Macy's Parade 10:30 AE Creative Expression - Thankful Tree 11:00 PE Turkey Bowl 1:00 LL B.I.N. GO Turkey 2:30 LL It's Turkey Day Movie	9:30 LL Good Morning Brentwood 23 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 1:30 CC *Out & About* 2:30 CE *Musical Notes - White Christmas* 3:00 LL Happy Hour 4:00 LL Words From Words	9:30 LL What's New In The Community 24 10:00 PE Move & Groove 11:00 CE What's Your Word 1:30 SS Mindfulness Saturdays 2:00 PE ***Zumba Gold w/ Becky*** 3:00 LL Bingo 4:00 CE Cranium Crunches
9:30 LL Walk About The Neighborhood 25 10:00 PE Light N Lively 10:30 PE Spare Me 11:00 CE Gameboard 1:30 PE Move To The Music 2:30 CE Treasure Trivia 3:00 LL Five In A Row 4:00 CE A-Z Words	9:30 CC What's New In The Community 26 10:00 PE Brentwood Strikers Bowling 11:00 CE Words Of The Wise 1:30 PE FUNctional Fitness 2:30 AE Sing A Long 3:00 LL Bingo 4:00 CE This and That	9:30 LL Welcome The Day 27 10:00 PE Light N Lively 11:00 CE Mind Joggers 1:30 LL Mentoring Moments - Maliblues Dou 2:30 LL A La Carte 3:00 CE *Travelogue - Vermont* 4:00 PE Before Dinner Stretch	9:30 AE Musical Moments 28 10:00 PE Tournament Hour 11:00 CE Gameboard 1:30 PE Fun In Motion 2:30 AE Creative Expression 3:00 LL Afternoon Spa 4:00 CE Bulletin Board Trivia	9:30 SS Morning Inspirations 29 10:30 LL ***Music with "DJ Diamond Jim"*** 11:00 CE This Was The Year... 1:30 PE Move N Groove 2:30 CE Taste and Tell with Chef 3:30 CE Gameboard 4:00 CE Last Letter	**National Parfait Day** 30 9:30 LL Good Morning Brentwood 10:00 SS Church Services 11:00 PE Chair Dance 1:30 PE Noodleball 2:30 CE *Musical Notes - Doo Wop* 3:00 LL Happy Hour - Pumpkin Parfaits 4:00 LL Words From Words	

Created on Tuesday, October 23, 2018 5:02 PM