



28	29	30	31	Nov 1	2	3
				Green Salad Rosemary Lemon Chicken Onion Pork Chop <i>or</i> Best Noodles Capri Blend Blackberry Vanilla Parfait	Green Salad Grilled Shrimp Red Potatoes and Ham <i>or</i> Savory Mexican Rice Green Beans Almondine Tapioca Pudding	Green Salad Meatloaf with Mozzarella Turkey Cutlets/Pan Gravy <i>or</i> O'Brien Potatoes Peas and Pearl Onions Cherry Crisp
4	5	6	7	8	9	10
Green Salad Oven Fried Chicken Tender Beef Roast <i>or</i> Herb Mashed Potatoes Oven Roasted Broccoli Baked Roll Apple Pie	Green Salad Oven Roasted Pork Bacon Tomato Quiche <i>or</i> Mashed Yams Green Beans Baked Roll Carrot Cake	Green Salad Pepper Steak Baked Sole/Dill Sauce <i>or</i> Lemon Rice Roasted Carrots Baked Roll Fruit of the Forest Pie	Green Salad Sliced Turkey Breast Honey Mustard/Rosemary Pork <i>or</i> Mashed Potatoes/Gravy Roasted Squash Baked Roll Fruit Marshmallow Dessert	Green Salad Ham Roast Buttermilk Baked Chicken <i>or</i> Cream and Cheese Potatoes Seasoned Cauliflower Baked Roll Butterscotch Cream Pie	Green Salad Teriyaki Meatballs Cod AuGratin <i>or</i> Rice Sweet Sour Beets Baked Roll Spiced Pear Cake	Green Salad Mushroom and Swiss Chicken Beef Brisket <i>or</i> Red Potatoes Country Trio Medley Baked Roll Orange Dream Pudding
11	12	13	14	15	16	17
Lime Jello With Pears North Carolina Pork Roast Herbed Roast/Vegetables <i>or</i> Aloha Sweet Potatoes California Normandy Blend Baked Roll Crescent Cream Bars	Green Salad Country Fried Steak/Gravy Rosemary Roasted Turkey <i>or</i> Mashed Potatoes Green Beans Baked Roll Chocolate Love Cake	Colorful Corn Salad Melt In Your Mouth Chicken Sausage and Peppers <i>or</i> Penne Pasta Mixed Vegetables Baked Roll Berry Cobbler	Juicy Fruit Salad Pan Seared Tilapia Cranberry Glazed Ham <i>or</i> Scalloped Potatoes Parsley Carrots Baked Roll Peach Melba Ribbon Pie	Green Salad Beef Parmesan Patty Lemon Oregano Turkey <i>or</i> Ranch Potato Bake Sautéed Zucchini Baked Roll Chocolate Vanilla Pudding Dessert	Coleslaw Grilled Chicken/Roasted Pepper Sauce Glazed Salmon <i>or</i> Rice Baked Seasoned Squash Baked Roll Dump Cake	Frog Eye Salad BBQ Saint Louis Pork Ribs Sirloin Steak <i>or</i> Baked Potato Corn on the Cob Baked Roll Marshmallow Treat
18	19	20	21	22	23	24
Green Salad Beef Roast/Gravy Southern Fried Chicken <i>or</i> Creamy AuGratin Potatoes Roasted Carrots Pumpkin Pie	Green Salad Honey Curry Chicken Breast Cod/Garlic Butter Sauce <i>or</i> Rice Pilaf Broccoli Peach Cobbler	Green Salad Pork Roast/Gravy Turkey/Mushroom Sauce <i>or</i> Smashed Sweet Potatoes Brussels Sprouts Black Forest Mousse	Green Salad Salisbury Steak Baked Sliced Ham <i>or</i> Mashed Potatoes Sautéed Spinach Fresh Banana Cream Pie	Green Salad Oven Roasted Chicken Breast Braised Pork <i>or</i> Baked Fried Potatoes Mixed Vegetables Blueberry Cream Angel Dessert	Green Salad Seasoned Baked Cod Marinated Steaks <i>or</i> Baked Potato Lemon Pepper Green Beans White Poke Cake	Green Salad Braised Beef Cubes Herb Roasted Turkey <i>or</i> Mashed Potatoes/Gravy Winter Sunset Blend Autumn Spice Cake
25	26	27	28	29	30	Dec 1
Green Salad Brown Sugar Ham Asian Steak Bowl <i>or</i> Roasted Yams Baked Lima Beans Baked Roll Homemade Cherry Pie	Green Salad Garlic Ranch Chicken Grilled Marinated Shrimp <i>or</i> Potato Bacon Gratin Corn O'Brien Baked Roll Coconut Cake	Green Salad Swedish Meatballs Homestyle Turkey <i>or</i> Mashed Potatoes/Gravy Buttered Squash Baked Roll M&M Cookie	Green Salad Herb Crusted Pork Roast Deep Dish Spinach Quiche <i>or</i> Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Coconut Cream Pie	Green Salad Beef Patty/Gravy Tomato Basil Chicken <i>or</i> Sour Cream Potatoes Capri Blend Cornbread Maple Bread Pudding	Green Salad Cheddar Crumb Cod Pork Tenderloin <i>or</i> Rice Orzo Pilaf Seasoned Peas Baked Roll Lime Pound Cake	