

TWELVE OAKS CONNECT

NOVEMBER 2018



27475 Huron Circle, Novi, MI 48377
www.waltonwood.com | 248-735-1030
Facebook: /WaltonwoodTwelveOaks

Missing Man Table Ceremony

"Set for ONE,
for ALL to remember"



November 7, 2018

COMMUNITY MANAGEMENT

Alissa Gash
Executive Director

Nicole McDonald
Business Office Manager

Nicholas Lalios
Culinary Services Manager

Alyssa Tobias
Independent Living Manager

Melisa Person
Life Enrichment Manager

Stephan Skidmore
Environmental Services Manager

Heather Laskos
Marketing Manager

Barb Excel
Resident Care Manager

Cindy Gillespie
Wellness Coordinator

UPCOMING EVENT HIGHLIGHT

Veteran's Day Celebration

Please join us to celebrate our Veteran's on November 7th at 3 pm in the Assisted Living Piano area.

We will have Cheryl Beauchamp playing the piano and singing, along with the unveiling of our new Veteran's Wall, and some light refreshments.

During this time of Veteran's Day Celebration we are also remembering those we have lost during active duty. We have the Missing Man Table at the entrance of Memory Care. Please stop by and reflect on those who are not here but gave everything so we can have freedom. The book America's White Table by Margot Theis Raved will be there for your reading also.

ASSOCIATE SPOTLIGHT

Jayne has been a caregiver at Waltonwood at 12 Oaks since January of 2011. She started in the position with no experience but it quickly became very clear that Jayne had the heart for the job.

Since starting at Waltonwood, Jayne has never missed a day of work! Jayne is kind, patient, compassionate, attentive and a joy to be around. She is exactly what you'd hope to find in every caregiver in your community.

On November 6th, Jayne is being honored as the recipient of the Alice B. Wallace Caregiver Award by the Michigan Center for Assisted Living. We are so lucky to have Jayne as part of the Waltonwood at 12 Oaks family.



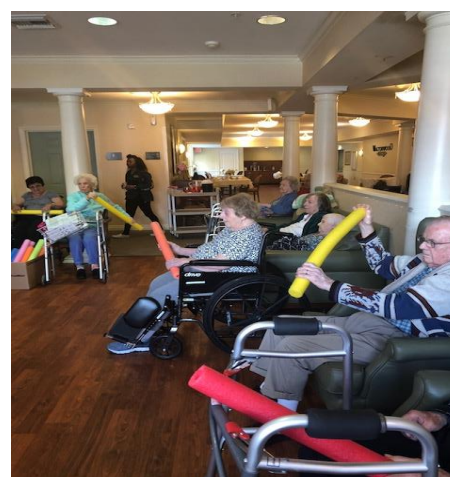
OCTOBER HIGHLIGHTS

01

We are enjoying our exercise time with a new twist, pool noodles and scarves to music.

02

For our Cooking Demo Judy made a yummy peach cobbler.



03

We had a great time of discussion and tasting during our Farmers Market.

04

Who new there were so many different kinds of Apples. We learned much during our Apple Festival.



Multidimensional Wellness at Waltonwood

Waltonwood offers opportunities to engage in physical, cognitive, social, spiritual, occupational, emotional and environmental programs based upon your interests and aspirations. In short, the focus of our Life Enrichment program is creating a personalized, active lifestyle based upon a multidimensional wellness model. Our Life Enrichment team takes pride in organizing educational seminars, creative-expressive classes, cultural events, humanitarian and volunteer efforts, social gatherings and musical performances with your fulfillment as our priority.

With our Forever Fit program, you have the opportunity to stay physically active and motivated by participating in group and individual exercise programs. We specialize in supporting each resident's fitness journey, including perceived limitations.

We welcome you view the Life Enrichment & Forever Fit Calendars and join in the Waltonwood wellness experience!

TRANSPORTATION INFORMATION

We have four fun outings planned for November. Our outings are all on Wednesdays. We welcome families to join us on the outings with your loved one. If you have any questions or fun ideas for outings please call Melisa at 248-735-1030.

- November 7th from 1 pm to 4 pm Tropical Smoothie and Belle Isle Drive
- November 14th from 10:30 am to 2 pm China Star and 7 Lakes Drive
- November 21st from 10:30 am to 2:30 pm Novi Library and Pizza Lunch
- November 28th from 10:30 am to 3:00 pm Sea Life at Great Lakes Mall and Lunch at the Mall

NOVEMBER SPECIAL EVENTS

06

Election Day we will be talking about elections and how they have changed over the years at 3 pm.

07

Veteran’s Day Celebration in Assisted Living Piano Area at 3 pm. The Unveiling of the Veteran’s Wall.

15

Thanksgiving Family Dinner 5 pm in please RSVP by 11/07/2018

20

We will be making our very own Cranberry Relish at 11 am.



EXECUTIVE DIRECTOR CORNER

Back in September, all associates received a Waltonwood jacket. The residents loved them and in October we gifted each of them their very own jacket. We also received a brand-new Cadillac so the residents can travel in luxury to outings and appointments.

To kick start the holiday season, we are participating in Giving Tuesday! We are collecting hats, gloves and scarves for the students at Noble Elementary in Detroit. If you wish to participate please drop of your donation by November 20th.

We hope to see you all at the Resident and Family Thanksgiving Dinner on November 15th!



Celebrating Birthday's In November

- Richard W.

CHEF’S COOKING DEMONSTRATIONS

07

Salad Bar at noon

14

Chilli Bar at noon

21

Shrimp & Grits at noon

28

Banana Fosters at noon

CHEF’S SIGNATURE RECIPE

Sweet Potato Pie

Ingredients

- | | |
|-------------------------|-----------------------------|
| 1(1 pound) sweet potato | 2 eggs |
| ½ cup butter, softened | ½ teaspoon ground cinnamon |
| 1 cup white sugar | 1 teaspoon vanilla extract |
| ½ cup milk | 1(9 inch) unbaked pie crust |

Directions

1. Boil sweet potato whole in skin for 40 to 50 minutes, or until done. Run cold water over the sweet potato, and remove the skin.
2. Break apart sweet potato in a bowl. Add butter, and mix well with mixer. Stir in sugar, milk, eggs, nutmeg, cinnamon and vanilla.
3. Beat on medium speed until mixture is smooth. Pour filling into an unbaked pie crust.
4. Bake at 350 degrees F (175 degrees C) for 55 to 60 minutes, or until knife inserted in center comes out clean. Pie will puff up like a souffle, and then will sink down as it cools.



\$1,000 RESIDENT REFERRAL BONUS

Have you shared your love for Waltonwood lately? When you refer someone to a Waltonwood community, they'll thank you for it - and then we'll thank you for it too! Ask for details!

FRIENDS & FAMILY REFERRAL PROGRAM!