



Cap Sante

28	29	30	31	Nov 1	2	3
				Green Salad Rosemary Lemon Chicken Seasoned Brown Rice Capri Blend Baked Roll Blackberry Vanilla Parfait	Coleslaw Crunch-Topped Fish Roasted Red Potatoes Green Beans Almondine Baked Roll Orange Cake	Classic Waldorf Salad Meatloaf with Mozzarella O'Brien Potatoes Peas and Pearl Onions Baked Roll Cherry Crisp
4	5	6	7	8	9	10
Carrot Coin Salad Parmesan Crusted Chicken Herb Mashed Potatoes Oven Roasted Broccoli Baked Roll Grandma's Apple Pie	7-Up Salad Oven Roasted Pork Glazed Sweet Potatoes Green Beans Italian Baked Roll Homemade Carrot Cake	Green Salad Classic Lasagna Romaine Salad Garlic Bread Peanut Butter Brownie	Caesar Salad Sliced Turkey Breast Cornbread Dressing Roasted Squash Baked Roll Blueberry Cobbler	Fruit Compote Ham Roast Cream and Cheese Potatoes Seasoned Cauliflower Baked Roll Butterscotch Cream Pie	Fresh Fruit/Lemon Dip Honey Glazed Meatballs Rice Snap Pea Vegetable Blend Baked Roll Spiced Pear Cake	Green Salad Mushroom and Swiss Chicken Steamed Red Potatoes Country Trio Medley Baked Roll Peach Pudding Cup
11	12	13	14	15	16	17
Lime Jello With Pears North Carolina Pork Roast Aloha Sweet Potatoes California Normandy Blend Baked Roll Crescent Cream Bars	Green Salad Country Fried Steak/Gravy Fresh Mashed Potatoes Green Beans Baked Roll Chocolate Love Cake	Colorful Corn Salad Melt In Your Mouth Chicken Penne Pasta Mixed Vegetables Baked Roll Berry Cobbler	Juicy Fruit Salad Pan Seared Tilapia Scalloped Potatoes Parsley Carrots Baked Roll Peach Melba Ribbon Pie	Green Salad Beef Parmesan Patty Ranch Potato Bake Sauteed Zucchini Baked Roll Chocolate Vanilla Pudding Dessert	Coleslaw Grilled Chicken/Roasted Pepper Sauce Rice Baked Seasoned Squash Baked Roll Dump Cake	Frog Eye Salad BBQ Saint Louis Pork Ribs Baked Potato Corn on the Cob Baked Roll Marshmallow Treat
18	19	20	21	22	23	24
Yogurt Jello Salad Zesty Meatloaf Onion Roasted Potatoes Roasted Carrots Baked Roll Maple Bar	Asian Cabbage Salad Honey Curry Chicken Breast Rice Pilaf Broccoli Baked Roll Peach Cobbler	Cinnamon Fruit Cup Almond Crusted Pork Cutlet Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Green Salad Salisbury Steak Baked Potato Sauteed Spinach Baked Roll Fresh Banana Cream Pie	Vegetable Pasta Salad Oven Roasted Chicken Breast Lyonnais Potatoes Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Ambrosia Seasoned Baked Tilapia Potato Wedges Lemon Pepper Green Beans Baked Roll Texas Sheet Cake	Green Salad Braised Beef Cubes Fresh Mashed Potatoes/Gravy Winter Sunset Blend Baked Roll Autumn Spice Cake
25	26	27	28	29	30	Dec 1
Feta Garbanzo Bean Salad Brown Sugar Ham Roasted Yams Baked Lima Beans Baked Roll Homemade Cherry Pie	Sunshine Jello Salad Garlic Ranch Chicken Potato Bacon Gratin Corn O'Brien Baked Roll Cranberry Cheesecake	Green Salad Swedish Meatballs Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Wax Bean Salad Herb Crusted Pork Roast Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Layered Fruit Salad Hamburger Steak/Onions Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Creamy Coleslaw Cheddar Crumb Cod Rice Orzo Pilaf Seasoned Peas Baked Roll Raspberry Sherbet Dessert	