

## November 2018



## **Brookstone Assisted Living**

28	29	30	31	Nov 1	2	3
				Green Salad Rosemary Lemon	Green Salad Crunch-Topped Fish	Green Salad Bacon Meatloaf
				Chicken	Roasted Red Potatoes	Mashed
				Seasoned Potatoes	Coleslaw	Potatoes/Gravy
				Capri Blend	Baked Roll	Peas and Pearl
				Baked Roll	Soft Snickerdoodle	Onions
				Blueberry Cobbler		Baked Roll
						Peach Cobbler
Green Salad	Green Salad	Green Salad	7 Green Salad	6 Green Salad	Green Salad	Green Salad
Parmesan Crusted	Oven Roasted Pork	Classic Lasagna	Sliced Turkey Breast	Ham Roast	Honey Glazed	Mushroom and
Chicken	Bacon Tomato	Grilled Catfish	Crispy Pork Chops	Chicken Riviera	Meatballs	Swiss Chicken
Tender Beef Roast	Quiche	or	or	Cream and Cheese	Cod AuGratin	Corned Beef Brisket
Herb Mashed	Glazed Sweet	Romaine Salad	Cornbread Dressing	Potatoes	Rice	Steamed Red
Potatoes	Potatoes	Garlic Bread	Roasted Squash	Seasoned Cauliflower		Potatoes
Oven Roasted	Green Beans Italian	Peanut Butter Brownie	Baked Roll	Baked Roll	Blend	Country Trio Medley
Broccoli	Baked Roll	Brownie	Blueberry Cobbler	Molasses Sugar	Baked Roll	Baked Roll
Baked Roll Apple Pie	Homemade Carrot Cake			Cookie	Spiced Pear Cake	Peach Pudding Cup
Apple Fie	12.	13	14	15	16	17
Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Pulled Pork Roast	Country Fried	Melt In Your Mouth	Pan Seared Tilapia	Beef Parmesan Patty	Grilled	BBQ Saint Louis
Herbed	Steak/Gravy	Chicken	Cranberry Glazed	Lemon Oregano	Chicken/Roasted	Pork Ribs
Roast/Vegetables	Rosemary Roasted	Sausage and Peppers	Ham	Turkey	Pepper Sauce	Sirloin Steak
Aloha Sweet Potatoes	Turkey	or	or	Ranch Potato Bake	Glazed Salmon	Baked Potato
California Normandy	Mashed Potatoes	Penne Pasta	Scalloped Potatoes	Sauteed Zucchini	Rice	Corn on the Cob
Blend	Green Beans	Mixed Vegetables Baked Roll	Parsley Carrots Baked Roll	Baked Roll	Baked Seasoned	Baked Roll
Baked Roll	Baked Roll	Berry Cobbler	Peach Melba Ribbon	Chocolate Vanilla	Squash	Chocolate Sugar
Crescent Cream Bars	Chocolate Love Cake	Berry Cooler	Pie	Pudding Dessert	Baked Roll Dump Cake	Cookies
18	19	20	21	22	23	24
Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad
Southern Fried	3	Oven Fried Pork	Salisbury Steak	Oven Roasted	Baked Fish Fillet	Spaghetti/Meatballs
Chicken	Rice Pilaf	Chops	Mashed	Chicken Breast	Potato Wedges	Sauteed Zucchini
Onion Roasted	Broccoli	Smashed Sweet	Potatoes/Gravy	Lyonnaise Potatoes	Lemon Pepper Green	Crusty Garlic Bread
Potatoes Mined Vegetables	Baked Roll	Potatoes	Sauteed Spinach Baked Roll	Mixed Vegetables	Beans Baked Roll	Autumn Spice Cake
Mixed Vegetables Baked Roll	Peach Cobbler	Corn Baked Roll	Fresh Banana Cream	Baked Roll Fruit Crisp	German Chocolate	
Bread Pudding		Soft Snickerdoodle	Pie	Truit Crisp	Cake	
25	26		28	29	30	Dec 1
Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	Green Salad	2001
Brown Sugar Ham	Garlic Ranch Chicken	Swedish Meatballs	Herb Crusted Pork	Hamburger	Cheddar Crumb Cod	
Southern Fried	Potato Bacon Gratin	Best Noodles	Roast	Steak/Onions	Dill New Potatoes	
Chicken	Corn O'Brien	Scandinavian Veg	Parmesan Roasted	Scalloped Potatoes	Creamy Coleslaw	
Roasted Yams	Baked Roll	Baked Roll	Potatoes	Capri Blend	Baked Roll	
Sauteed Carrots	Rice Crispy Chip	Banana Pudding		Baked Roll	Fruited Jello Salad	
Baked Roll	Treat		Baked Roll Mixed Berry Crisp	Maple Bread Pudding		
Pecan Pie			wifixed berry Crisp			