

Thankful Thoughts

The secret to having it all is knowing that you already do.
-Unknown

Happy are those who take life day by day, complain very little and are thankful for the little things.
-Unknown

As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them.
-John F. Kennedy

Not what we say about our blessing but how we use them, is the true measure of our Thanksgiving.
-Unknown

Know that it's not happy people who are thankful but thankful people who are happy.
-Unknown

For each new morning with its light, for rest and shelter of the night, for health and food, for family and friends, for everything thy goodness sends.
-Ralph Waldo Emerson

Understand that gratitude is the inward feeling of kindness received. Thankfulness is the natural impulse to express that feeling. Thanksgiving is the following of that impulse.
-Henry Van Dyke

Life is full of give and take, give thanks and take nothing for granted.
-Unknown

Additional Reflection:

"It is easy to say I am thankful for the sweet and beautiful things in life, flower gardens, ice cream cones, dances under the moonlight, children's laughter, birdsongs, and the like. The challenge is recognizing things of value in the dark, sour, uglier parts of life. But if you look hard enough, you will find that even tough times offer pearls worthy of gratitude." -Richelle E. Goodrich

'Tis the season for some eating.

Come join your family for a meal at the Coventry:
Where: The Wentworth at Coventry
When: Tuesday, November 13th
What time: 5:00 P.M.

It will be \$5.00 per person; we are setting aside up to 6 chairs per resident family.

Please RSVP by November 8th; you may contact either the Concierge (801.943.3909) or the Activities Director Nikki (928.897.5160).

We look forward to seeing you there!

Cranberry Chutney



Ingredients:

1 cup water
3/4 cup white sugar
12 ounces fresh cranberries
1 cup peeled, cored and diced apples
1/2 cup cider vinegar
1/2 cup raisins
1/2 teaspoon ground cinnamon
1/4 teaspoon ground ginger
1/4 teaspoon ground allspice
1/4 teaspoon ground cloves

Directions:

In a medium saucepan combine the water and sugar. Bring mixture to a boil over medium heat. Add the cranberries, apples, vinegar, raisins and spices. Bring to a boil, then simmer gently for 10 minutes stirring often.
Pour mixture into a mixing bowl. Place plastic wrap directly on the surface of the sauce. Cool to room temperature and serve or cover and refrigerate. Bring chutney to room temperature before serving with your yummy turkey!



11/2 Jackie D. 11/4 Jo V. 11/9 Ellen B.
11/17 Tom K. 11/20 Lois A. 11/20 Etta
M. 11/26 Marilyn R.

November 2018

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



6898 S 2300 E
Salt Lake City, UT 84121
801-943-5858

- AE Artistic Expression
- CC Community Connections
- CE Continuing Education
- LL Lifestyle & Leisure
- PE Physical Engagement
- SS Spiritual Support

<p>Happy Birthday Jo V. 4</p> <p>9:00 Morning Greetings 9:30 SS Music and the Spoken Word in RM 10:00 CE Sunday News Paper in LOB 10:30 SS Gospel Doctrine in MR 1:30 SS LDS Church Services in MR 2:30 Root Bear Floats in LOB 4:00 Old Time Reruns in TVR 6:00 AE Jigsaw Puzzle in LIB</p>	<p>9:00 Morning Greetings 5 10:00 PE Morning Movement & Music in MR 10:30 AE Let's be Creative in CR 1:30 CC Entertainment w/ "Scott Larabee" in MR 2:00 AE Hand Massages in CR 3:00 CE Bingo and Smoothies in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 6 10:00 PE Morning Movement & Music in MR 10:30 AE Fancy Fingers in CR 10:30 CC Mary Kay Boutique in CR 2:00 AE Entertainment w/ "BD Howes" in MR 3:30 CE Trivia in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 7 9:30 CC Out to Bank in LOB 10:00 PE Morning Movement & Music in MR 10:30 SS Catholic Communion in MR 10:30 CC Shopping: Reams/ Walgreens in LOB 1:00 CC Scenic Drive in LOB 3:00 AE Bingo in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 1 10:00 PE Morning Movement & Music in MR 10:30 CC Getting to know you in LOB 1:30 PE Moovin' & Groovin' in MR 2:30 SS Non Denominational Church in TVR 3:30 SS Priesthood and Relief Society in MR 6:00 LL Movie Night in TVR</p>	<p>Happy Birthday Jackie D. 2 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 AE Game On in CR 10:30 CC Outing TBA in LOB 1:30 Fix it Clinic in CR 3:30 CE Wine & Cheese Social in LOB 4:00 Popcorn in Lobby in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 3 10:00 CE Saturday Morning Paper in LOB 1:30 AE Entertainment w/ "The New Fiddlers" in MR 2:30 AE BINGO in CR 4:00 Popcorn in Lobby 6:00 LL Movie Night in TVR</p>
<p>9:00 Morning Greetings 11 9:30 SS Music and the Spoken Word in RM 10:00 CE Sunday News Paper in LOB 10:30 SS Gospel Doctrine in MR 1:30 SS LDS Church Services in MR 2:30 Root Bear Floats in LOB 6:00 AE Jigsaw Puzzle in LIB</p>	<p>9:00 Morning Greetings 12 10:00 PE Morning Movement & Music in MR 10:30 AE Let's be Creative in CR 2:00 AE Hand Massages in CR 3:00 CE Bingo and Smoothies in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 13 10:00 PE Morning Movement & Music in MR 10:30 AE Fancy Fingers in CR 2:00 Entertainment w/ "Bob Shorton" in MR 5:00 Entertainment w/ "Pam Archabold" in LOB 5:00 Thanksgiving Party in DR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 14 9:30 CC Out to Bank in LOB 10:00 PE Morning Movement & Music in MR 10:30 SS Catholic Communion in MR 10:30 CC Shopping: The Store/ Dans in LOB 1:00 Scenic Drive in LOB 2:00 Entertainment "Sing along with Bill" in MR 3:00 AE Bingo in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 8 10:00 PE Morning Movement & Music in MR 10:00 Podiatrist in MR 11:00 Resident Meeting in MR 1:30 PE Moovin' & Groovin' in MR 2:30 SS Non Denominational Church in TVR 3:30 SS Priesthood and Relief Society in MR 6:00 LL Movie Night in TVR</p>	<p>Happy Birthday Ellen B. 9 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 1:30 AE Treats and Eats in CR 3:30 Entertainment w/ "Larry Turner" in MR 3:30 CE Wine & Cheese Social in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 10 10:00 CE Saturday Morning Paper in LOB 2:30 AE BINGO in CR 4:00 Popcorn in Lobby 6:00 LL Movie Night in TVR</p>
<p>9:00 Morning Greetings 18 9:30 SS Music and the Spoken Word in RM 10:00 CE Sunday News Paper in LOB 10:30 SS Gospel Doctrine in MR 1:30 SS LDS Church Services in MR 2:30 Root Bear Floats in LOB 6:00 AE Jigsaw Puzzle in LIB</p>	<p>9:00 Morning Greetings 19 10:00 PE Morning Movement & Music in MR 10:30 AE Let's be Creative in CR 2:00 AE Hand Massages in CR 3:00 CE Bingo and Smoothies in CR 6:00 LL Movie Night in TVR</p>	<p>Happy Birthday Etta M. 20 Happy Birthday Lois A. 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 AE Fancy Fingers in CR 2:00 Entertainment w/ "Terry Spencer" in MR 3:30 CE Crosswords in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 21 9:30 CC Out to Bank in LOB 10:00 PE Morning Movement & Music in MR 10:30 SS Catholic Communion in MR 10:30 CC Shopping: Reams/ Walgreens in LOB 1:00 Scenic Drive in LOB 2:00 Entertainment w/ "Don Bennion" in MR 3:00 AE Bingo in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 15 10:00 PE Morning Movement & Music in MR 1:30 Moovin' & Groovin' in MR 1:30 PE Moovin' & Groovin' in MR 2:30 SS Non Denominational Church in TVR 3:30 SS Priesthood and Relief Society in MR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 16 10:00 PE Morning Movement & Music in MR 10:30 CC Outing in LOB 3:30 CE Wine & Cheese Social in LOB 6:00 LL Movie Night in TVR</p>	<p>Happy Birthday Tom K. 17 9:00 Morning Greetings 10:30 Entertainment w/ "Shimizu Piano Recital" in MR 2:30 AE BINGO in CR 4:00 Popcorn in Lobby 6:00 LL Movie Night in TVR</p>
<p>9:00 Morning Greetings 25 9:30 SS Music and the Spoken Word in RM 10:00 CE Sunday News Paper in LOB 10:30 SS Gospel Doctrine in MR 1:30 SS LDS Church Services in MR 2:30 Root Bear Floats in LOB 6:00 AE Jigsaw Puzzle in LIB</p>	<p>Happy Birthday Marilyn R. 26 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 AE Let's be Creative in CR 2:00 AE Hand Massages in CR 3:00 CE Bingo and Smoothies in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 At Home Dentist in CR 27 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 AE Fancy Fingers in CR 2:00 Entertainment w/ "Sherri Walker" in MR 3:30 CE Reminiscing in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 28 9:30 CC Out to Bank in LOB 10:00 At Home Eye care exam in CR 10:00 PE Morning Movement & Music in MR 10:30 SS Catholic Communion in MR 10:30 CC Shopping: The Store/ Dans in LOB 1:00 Scenic Drive in LOB 3:00 AE Bingo in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 22 1:30 PE Moovin' & Groovin' in MR 2:30 Thanksgiving Community Outreach in CR 3:30 Bingo Bucks Store in CR 6:00 LL Movie Night in TVR</p>	<p>BLACK FRIDAY 23 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 Birthday Social in DR 3:30 CE Wine & Cheese Social in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 24 2:30 AE BINGO in CR 4:00 Popcorn in Lobby 6:00 LL Movie Night in TVR</p>
<p>9:00 Morning Greetings 25 9:30 SS Music and the Spoken Word in RM 10:00 CE Sunday News Paper in LOB 10:30 SS Gospel Doctrine in MR 1:30 SS LDS Church Services in MR 2:30 Root Bear Floats in LOB 6:00 AE Jigsaw Puzzle in LIB</p>	<p>Happy Birthday Marilyn R. 26 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 AE Let's be Creative in CR 2:00 AE Hand Massages in CR 3:00 CE Bingo and Smoothies in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 At Home Dentist in CR 27 9:00 Morning Greetings 10:00 PE Morning Movement & Music in MR 10:30 AE Fancy Fingers in CR 2:00 Entertainment w/ "Sherri Walker" in MR 3:30 CE Reminiscing in LOB 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 28 9:30 CC Out to Bank in LOB 10:00 At Home Eye care exam in CR 10:00 PE Morning Movement & Music in MR 10:30 SS Catholic Communion in MR 10:30 CC Shopping: The Store/ Dans in LOB 1:00 Scenic Drive in LOB 3:00 AE Bingo in CR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 29 10:00 PE Morning Movement & Music in MR 1:30 Moovin' & Groovin' in MR 1:30 PE Moovin' & Groovin' in MR 2:30 SS Non Denominational Church in TVR 3:30 SS Priesthood and Relief Society in MR 6:00 LL Movie Night in TVR</p>	<p>9:00 Morning Greetings 30 10:00 PE Morning Movement & Music in MR 10:30 AE Game On in CR 3:00 Entertainment w/ "Sue Talmage" in MR 3:30 CE Wine & Cheese Social in LOB 6:00 LL Movie Night in TVR</p>	