

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 National Homemade Cookies Day 9:00 Exercise With Britny (MR) 10:45 Lunch Bunch at Swett's (L) 1:30 Balloon Volleyball (LR) 2:30 Cooks Corner - Make Homemade Cookies 6:00 Skip Bo (LR)	2 9:00 Armchair Aerobics (MR) 10:00 Bingo (DR) 1:15 Darts 2:00 Devotion With Stephanie (MR) 2:45 Blackjack (LR) 6:00 Card Players Club (LR)	3 9:00 Exercise With Britny (MR) 10:00 Flu Clinic (L) 1:30 Family Feud (L) 2:30 Wii Bowling (MR) 6:00 Trash Card Game (LR)	4 National Taco Day 9:00 Senior Style Exercise (MR) 10:30 Soccer (New Activity!) (DR) 12:00 Taco Salad for Lunch 1:30 Putt-Putt Golf (L) 3:00 Christian Songs With South Haven Baptist Church (L) 6:00 Card Players Club (LR)	5 National Apple Betty Day 9:00 Exercise With Britny (MR) 9:30 Veterans Coffee and Donuts (B) 10:30 Make Apple Betty (DR) 1:30 \$1 Bingo (DR) 2:30 Sequence (LR) 6:00 Golf Card Game (LR)	6 10:30 Corn Toss (L) 2:00 Popcorn and a Movie (MR) 3:00 Skip Bo (LR) 6:00 Bistro Bites (B)
7 8:30 Morning Service With Grace Baptist Church 10:30 Armchair Aerobics (MR) 2:30 Bistro Bites (B) 6:00 Church of Christ Devotional and Singing	8 Katherine Tomlin's Birthday Columbus Day 9:00 Bluebird Cafe Senior Show (L) 1:30 Lawn Darts (L) 2:30 Wild West Shooting Game (DR) 6:00 Skip Bo (LR)	9 Raymond's Birthday 9:00 Armchair Aerobics (MR) 10:00 Bingo (DR) 1:15 Words of Fortune (L) 2:00 Devotion With Stephanie (MR) 2:45 Kings in the Corner (L) 6:00 Card Players Club (LR)	10 9:00 Exercise With Britny (MR) 10:00 Mingle With Martha(LR) 11:00 Crossword Puzzle (LR) 1:00 Frozen Custard at Culver's (L) 2:30 Wii Bowling (MR) 6:00 Trash Card Game (LR)	11 9:00 Senior Style Exercise (MR) 10:30 E.J. Rider Duo Performs (DR) 1:30 Ladderball (BP) 3:00 Christian Songs With South Haven Baptist Church (L) 6:00 Card Players Club (LR)	12 9:00 Exercise With Britny (MR) 10:00 Decorate a Pumpkin (DR) 1:30 \$1 Elder Song Bingo (DR) 2:30 A Musical Journey With Aaron Lumpkin (DR) 6:00 Golf Card Game (LR)	13 National M&Ms Day 10:30 Skee Ball (L) 2:00 Popcorn and a Movie (MR) 3:00 Skip Bo (LR) 6:00 Bistro Bites (B)
14 National Dessert Day 8:30 Morning Service With Grace Baptist Church 10:30 Armchair Aerobics (MR) 2:30 Bistro Bites (B) 6:00 Church of Christ Devotional and Singing	15 9:00 Senior Style Exercise (MR) 10:30 Corn Toss 1:00 Bill Sleeter Performs (L) 2:30 Porch Time Pals (FP) 6:00 Skip Bo (LR)	16 National Boss's Day 9:00 Armchair Aerobics (MR) 10:00 Bingo (DR) 2:00 Devotion With Stephanie (MR) 2:30 Music With 2-4 Him (L) 6:00 Card Players Club (LR)	17 9:00 Exercise With Britny (MR) 10:00 Mingle With Martha(LR) 1:15 Ice Cream At Dairy Queen (L) 2:30 Wii Bowling (MR) 6:30 Grace Baptist Preschool Visits (LR)	18 9:00 Senior Style Exercise (MR) 11:15 Gospel With Glynis (L) 1:30 Balloon Volleyball (LR) 3:00 Christian Songs With South Haven Baptist Church (L) 6:00 Card Players Club (LR)	19 9:00 Exercise With Britny (MR) 10:30 Mark Edwards Variety Show (L) 1:30 \$1 Bingo (DR) 2:30 Popsicles on the Porch (FP) 6:00 Golf Card Game (LR)	20 10:30 Putt-Putt Golf (L) 2:00 Popcorn and a Movie (MR) 3:00 Skip Bo (LR) 6:00 Bistro Bites (B)
21 8:30 Morning Service With Grace Baptist Church 10:30 Armchair Aerobics (MR) 2:30 Bistro Bites (B) 6:00 Church of Christ Devotional and Singing	22 9:00 Exercise With Britny (MR) 10:45 Lunch Bunch at Michelle's Palace 2 (L) 1:30 Family Feud (L) 2:30 Darts (L) 6:00 Skip Bo (LR)	23 9:00 Armchair Aerobics (MR) 10:00 Bingo (DR) 1:00 Halloween Play With Loose Caboose Reader Theater (DR) 2:00 Devotion With Stephanie (MR) 2:45 Words of Fortune (L) 6:00 Card Players Club (LR)	24 Full (Hunter's) Moon 9:00 Exercise With Britny (MR) 10:00 Mingle With Martha(LR) 11:00 Chicken Foot Dominoes (L) 1:00 Painting With Janay (B) 2:30 Wii Bowling (MR) 6:00 Trash Card Game (LR)	25 National Greasy Foods Day 9:00 Senior Style Exercise (MR) 10:30 Make Your Own Pizza! (DR) 1:30 Skee Ball (L) 3:00 Christian Songs With South Haven Baptist Church (L) 6:00 Card Players Club (LR)	26 9:00 Exercise With Britny (MR) 10:00 Ride Around Town (L) 1:30 \$1 Bingo (DR) 2:30 Sequence (LR) 6:00 Golf Card Game (LR)	27 10:30 Rummikub (L) 2:00 Popcorn and a Movie (MR) 3:00 Skip Bo (LR) 6:00 Bistro Bites (B)
28 National Chocolate Day 8:30 Morning Service With Grace Baptist Church 10:30 Armchair Aerobics (MR) 2:30 Bistro Bites (B) 6:00 Church of Christ Devotional and Singing	29 9:00 Exercise With Britny (MR) 10:00 Shopping at Walmart (L) 1:30 Make Ghost Pops (DR) 2:30 Homemade Ice Cream (FP) 6:00 Skip Bo (LR)	30 Sophia Beaman's Birthday National Candy Corn Day 9:00 Armchair Aerobics (MR) 10:00 Bingo (DR) 1:15 Candy Corn Auction (DR) 2:00 Devotion With Stephanie (MR) 2:45 Blackjack (LR) 6:00 Card Players Club (LR)	31 Halloween 9:00 Exercise With Britny (MR) 10:00 Mingle With Martha(LR) 11:00 Crossword Puzzle (LR) 12:00 Costume Contest - Residents and Staff! 1:30 Halloween Games (LR) 2:30 Wii Bowling (MR) 6:00 Trash Card Game (LR)			

LR = Living Room
DR = Dining Room
L = Lobby
MR = Media Room
B = Bistro
FP = Front Porch
BP = Back Porch

Bluebird Cafe!

The Bluebird Cafe has been, and continues to be, an iconic place in Nashville for singers and songwriters. Once a month, they do a senior show in the morning. We have been on the waiting list for 6 months to attend one (!), so be sure to let Britny know if you'd like to go, because she can only take 8 people. The show is on Monday, October 8th. First come, first served!

Halloween Play!

We are excited to have Fifty Forward's Loose Caboose Reader Theater back in the building on Tuesday, October 23rd at 1:00 to perform a Halloween skit. Come be entertained, and get in the Halloween spirit!

Costume Contest!

On Halloween, we will be having a resident and staff Halloween contest. Be sure to wear your most creative costume because prizes will be awarded! We'll also be doing other things to celebrate Halloween including having the daycare come to our building to trick or treat that morning, and playing Halloween themed games in the afternoon.

A Pumpkin Pun

Q. What is a pumpkin's favorite sport?
A. Squash.