



2018



UPCOMING Events

INDEPENDENT & ASSISTED

- Mystery Trip 11/2*
- Daylight Savings Ends 11/4*
- Lunch Chinese Gardens 11/9*
- Craft Fair 11/10*
- Veterans Day 11/11*
- Music at Rockwood 11/14*
- Mexican Fiesta 11/15*
- Pie Social 11/20*
- Thanksgiving 11/22*
- Casino Trip 11/24*
- Trip to Mexico 11/26*

MEMORY CARE

- FUN BUS OUTING 11/3*
- BIRTHDAY BASH 11/7*
- CRAFT FAIR 11/10*
- KRISPIE CRÈME OUTING 11/7*
- DANCE PARTY IN (BCD) 11/14*
- CRAFT CORNER 11/18*
- CHAIR DANCING 11/21*
- THANKSGIVING 11/22*

A NOTE FROM OUR DIRECTOR

I want to thank all the residents and team members for such a fun Halloween here at Moran Vista it was great to see everyone dressed up! I want to encourage all the residents to continue our arm chair travels as we are going to Mexico this month. It was so much fun to travel to Germany this past month. I want to thank Shannon for the awesome job she is doing in our activity department keeping us busy with fun and new activities.

I also want to give a special thank you to Laura Ruby who is the "Heart of an Angel" winner this month. Laura is a caregiver in BCD that has lots of compassion for our residents and goes above and beyond to care for others. She often spends her off days from Moran Vista to visit residents here and help with outings.

We want to encourage and remind everyone if you are interested to sign up for our Thanksgiving day dinner by 11/14. There will be two separate meal times in an effort to be sure all are served. First Meal period being 11:00am and the second meal period is at 12:30pm. This will be a first come first served event. There is a sign up sheet located at the front desk. Please also let us know if you plan to be gone for Thanksgiving.

I do want to all residents to join us for these fun outings this month. We are going to the Poinsettia Open House, and Lunch at Hogan's and don't forget the Mystery Trip! Also be sure to bring your passports to our trip to Mexico as well a fun Fiesta! We have a Karaoke Party planned and we will visit Rockwood for a special musical performance by Scott Kirby, so be sure to sign up.

I want to thank all the residents here for all your support and I wish each and everyone of you a wonderful Thanksgiving! We have a lot to be grateful for and a lot of blessings here at Moran Vista.

Remember to Fall Back on November 4th! Clocks go back 1 Hour.

Be mindful of intention. Intention is the seed that creates our future.

Blessings,

Andrew Steighner

Birthdays this month:

- | | | | |
|--------------------|--------------|---------------------|--------------|
| <i>Mary P.</i> | <i>11/03</i> | <i>Christine C.</i> | <i>11/22</i> |
| <i>Nell D.</i> | <i>11/04</i> | <i>Ann J.</i> | <i>11/24</i> |
| <i>Virginia N.</i> | <i>11/11</i> | <i>Eunice S.</i> | <i>11/26</i> |
| <i>Bud S.</i> | <i>11/16</i> | <i>Nancy A.</i> | <i>11/27</i> |
| <i>Patricia B.</i> | <i>11/16</i> | <i>John K.</i> | <i>11/29</i> |
| <i>Mary S.</i> | <i>11/18</i> | | |



Employee Spotlight ~ Brodin J.



Position: Caregiver

Where are you from? "I was born in Mission Viejo California"

How long have you been working at Moran Vista? "Seven Months"

What is your favorite part of our job? "Conversing with the residents and hearing their stories."

Favorite Food? "Pizza! Even though I work part time in a Pizza place, I never get tired of it!"

What would people be most shocked to know about you? "Maybe that I sing Opera and also that I am a full time nursing student, and have two part time jobs."

What are some of your hobbies? "Cooking, Crafts and playing guitar, when I have time for hobbies!"

Thank You Brodin for everything you give to OUR residents!

Resident Spotlight ~ Ann C.



She hasn't been here long, in fact just since June, but she has been a fun addition to our Moran Vista family. She was a Kindergarten and first grade teacher for many years in Sumner Washington. However, if you were to talk to Ann she may bring back memories for you by telling you that she owned a little décor/wallpaper store here in Spokane called Wallflowers. She did that for many years as well and really loved all the people she has met along the way.

"There were some interesting characters that's for sure!" She recalls.

As far as these days, she loves to cook. "I used to enjoy gardening and I really loved to quilt, but since I took a face plant that put an end to the small detail work." If you have time to sit and talk she really likes to visit as well.

When asked what fact would people be surprised to know about her, she said with a grin, "That I actually weigh 114lbs." Followed by a laugh that only Ann can give! Ann is blessed with four children, four grandchildren, and four great-grandchildren

We are so happy you are here with us Ann!





How Many Spanish Words Do You Know?



1.	El Paso	The pass
2.	Santa Cruz	Holy Cross
3.	Lasso	Tie to catch animals
4.	Rodeo	To go around
5.	Nada	Nothing
6.	Sierra	Mountain range
7.	Burro	Donkey
8.	Fiesta	Party
9.	Quinceañera	Fifteen years
10.	Conquistador	Conqueror



No Lunch this time.....So we'll leave later

Bring with you \$30 (more could be better)

We will load and leave Moran Vista at 1:00

Sign up on the list & come have some

FUN!

HINT

HINT



Andrew Steighner
Executive Director

Tali Rinaldi
Community Relations
Coordinator

Shelly Broyles
Director of Health
Services

Debra Gayler
Resident Care
Coordinator

Demarcus Garner
Resident Care
Coordinator

Terrie Colvin
Office manager

Mike Morgan
Dietary manager

Shannon Clark
Activity Director

Marcia Valdez
Receptionist

Kellie Grabow
Housekeeping &
Maintenance Director

3319 E. 57th Ave.
Spokane, WA 99223

Phone: 509-443-1944

Fax: 509-343-1881

MORAN VISTA
SENIOR LIVING

Outsmart the Scammers!

Financial fraud is the fastest growing form of elder abuse. Broadly defined, financial elder abuse is when someone illegally or improperly uses a vulnerable senior's money or other property. Most states now have laws that make elder financial abuse a crime and provide ways to help the senior and punish the scammer. However, in these days where modern technology reigns, a simple thing like giving a name could be the same as handing the scammer money.

Elder financial abuse is tough to combat, in part because it often goes unreported. Many elderly victims are often too confused, fearful, or embarrassed by the crime to report it. One recent study reported by *Consumers Digest* estimated that there are at least 5 million cases of this financial abuse in the United States each year, but law enforcement or government officials learn about only 1 in 25 cases.

You can protect yourself or your loved ones from financial elder abuse by becoming familiar with the most common scams and learning what to do if you suspect foul play.

Join us for a seminar on how to identify, and protect yourself from these scams.

Tuesday November 6th at 2:30



Joy Nelson
Gertrude Goon
Mark Hufnagel

Marge Sims
Sally Ringo Rice
Amy Filer