

Breakfast

Cereals

Assorted Cold Cereals, Oatmeal, Cream of Wheat

From the Grill

Buttermilk Pancakes, French Toast, Belgian Waffles

Eggs and Omelets

Fresh Eggs cooked any style

Omelet of your choice

Egg White Omelet

Accompaniment

Bacon, Sausage, Ham

Hash Brown Potatoes

Assorted Breads and Bagels

Assorted Freshly Baked Muffins

Fresh Seasonal Fruit

Fruit Juices

Orange, Cranberry, Apple, Tomato, Prune

Beverages

Freshly Brewed 100% Colombian Coffee

Regular, Decaffeinated, Assorted Hot Tea, Milk, Hot Cocoa



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SENIOR LIVING

Lunch & Dinner

Soups and Salads

Chicken Consommé (Broth) ♥

Chef's Salad Platter ♥

Seasonal Fresh Fruit & Cottage Cheese Platter ♥

Tuna, Chicken or Egg Salad Platter

From the Grill

Sirloin Burger or Cheeseburger

Garden Burger ♥

Turkey Burger ♥

Grilled Cheese Sandwich

Kosher All Beef Hot Dog

Grilled Ham Steak

From the Deli

Turkey, Ham or Roast Beef Sandwich

Albacore Tuna, Chicken or Egg Salad Sandwich

Peanut Butter & Jelly Sandwich

BLT Sandwich

Cheese Sandwich

From the Kitchen

Fresh Catch of the Day ♥

Grilled Skinless and Boneless Chicken Breast ♥

Oven Roasted Chicken

Cheese or Plain Omelet

Scrambled Eggs

Steamed Vegetable Platter ♥

Chef's Signature

(Add \$3.00 ~ Must be ordered in advance)

Center Cut Filet Mignon Broiled to Your Liking

Desserts

Jell-O, Available in Sugar Free ♥

Ice Cream, Available in Sugar Free

Pudding, Available in Sugar Free

♥ Heart Healthy Item



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