

November

Alder Bay Assisted Living

2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Resident Birthdays Ida N. 11/28	Staff Birthdays Andrea J. 11/4 Jessica W. 11/15		All Saints Day 1 10:00 Fitness 10:30 Nail Care 1:30 Target 3:00 Bingo	2 9:30 Coffee & Donuts 10:30 Dog Visits 1:00 Cards 3:00 Happy Hour	3 10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Go for a Drive 6:00 Popcorn & a Movie
4 10:00 Fitness 1:00 Cards 3:00 Ice Cream Social 6:00 Movie Night	5 10:00 Fitness 10:30 Massages 2:00 Crafters Corner 3:00 Mars Documentary	Medical Appts. 6 10:00 Fitness 10:30 Nail Care 2:00 Bingo 3:00 Guess that game	7 9:30 Fitness 10:00 Calvary Baptist Choir 2:00 Cards with Cheryl 3:00 Dominos	8 10:00 Fitness 10:30 Nail Care 11:30 Applebee's 3:00 Bingo	9 9:30 Coffee & Donuts 1:00 Cards 2:00 Bingo 3:00 Happy Hour	10 10:00 Fitness 10:30 Coffee & Tea 2:00 Library 6:00 Popcorn & a Movie
Veteran's Day 11 10:00 Fitness 11:11 Moment of Silence 1:00 Cards 3:00 Ice Cream Social 6:00 Movie Night	12 9:30 Fitness 10:00 Music Makers 2:00 Bingo 3:00 Deviled Egg Social	Medical Appts. 13 10:00 Fitness 10:30 Nail care 2:00 Bingo 3:00 Color with me	14 10:00 Fitness 10:30 Coffee & tea 2:00 Bingo 3:00 Resident Council 6:00 Accordinaires	Errand Day 15 10:00 Fitness 10:30 Nail Care 1:30 Errand Day 3:00 Bingo	16 9:30 Coffee & Donuts 10:30 Dog Visits 1:00 Cards 3:00 Happy Hour	17 10:00 Fitness 10:30 Coffee & Tea 2:00 Bingo 3:00 Go for a Drive 6:00 Popcorn & a Movie
18 10:00 Fitness 1:00 Cards 3:00 Ice Cream Social 6:00 Movie Night	19 10:00 Fitness 10:30 Massages 2:00 Learn sign Language 3:00 Hot Cocoa Social	Medical Appts. 20 10:00 Fitness 10:30 Nail Cars 2:00 Dominos 3:00 Foam Turkeys	21 10:00 Fitness 10:30 Coffee & Tea 2:00 Gardening 3:00 Owl Turkeys	Thanksgiving 22 9:00 Macy's Parade 9:30 Bears VS Lions 11:30 Thanksgiving Feast 1:30 Redskins VS Cowboys 5:20 Falcons VS Saints	23 9:30 Coffee & Donuts 1:00 Cards 2:00 Bingo 3:00 Happy Hour	24 10:00 Fitness 10:30 Coffee & Tea 2:00 Library 6:00 Popcorn & a Movie
25 10:00 Fitness 1:00 Cards 3:00 Ice Cream Social 6:00 Movie Night	26 10:00 Fitness 10:30 Massages 2:00 Cards with Cheryl 3:00 December Centerpieces	Medical Appts. 27 10:00 Fitness 10:30 Nail Care 2:00 Tissue Paper Craft 3:00 Homemade Bread Social	28 10:00 Fitness 10:30 Food Committee 2:00 Bingo 3:00 Crafters Corner	29 10:00 Fitness 10:30 Nail Care 11:30 Bear River Casino 3:00 Bingo	30 9:30 Coffee & Donuts 1:00 Cards 2:00 Bingo 3:00 Happy Hour	Volunteers are always welcome at Alder Bay Please contact Cheryl@444-8000

