



*Colorful Colorado Living*

*Holly Creek*™



A LIFE PLAN COMMUNITY



# Soaring Spaces for a Soaring Life

Everything about Holly Creek Retirement Community reflects colorful Colorado living, the architecture, resort style amenities including pool, hot tub, and three distinctive dining venues. As a certified Center for Successful Aging as recognized by Masterpiece Living, we will support your goals to stay healthy, vital and connected intellectually, socially, spiritually and physically. A Life Care Agreement guarantees your access to health care services, should you need them, bringing you peace of mind.

A neighborhood of Christian Living Communities, Holly Creek Retirement Community is a faith-based, mission-driven, not-for-profit senior living community. Locally owned and operated, we have served south Denver metro area older adults of all beliefs and backgrounds since 2005. Our leadership is accessible and literally just down the street. Decisions are made locally with intimate knowledge of the people we serve.

## *We offer a full continuum of services and worry-free living:*

- Residential living — cottage and apartment options
- Assisted living
- Memory support
- Long-term skilled nursing
- Rehabilitation services
- Respite care
- Home care

No matter where you live in our inclusive community, every resident is valued, empowered and contributes to the colorful tapestry of life at Holly Creek. The engaging, thriving and comfortable Holly Creek lifestyle is made more vibrant through a wide array of amenities:

- Soaring Colorado lodge-like town center
- 35-seat large screen Cortez theatre
- Three restaurants, ranging from fine dining to a bistro
- Technology center, Finch Library and Silverton Art Gallery
- Indoor/Outdoor heated pool and Jacuzzi hot tub
- Beauty and barber salon with day spa services
- Large Four-Corners Fellowship Hall for community gatherings and non-denominational worship services
- Onsite fitness/wellness center with TechnoGym® circuit and certified instructors for group and individual classes
- HCRK — Holly Creek's own radio station
- Underground and surface parking
- Art studio and outdoor putting green
- Wood shop
- On-site full service therapy gym
- Massage therapy suite
- Wi-fi connectivity

To learn more or schedule a personal appointment and tour call us at 303.713.9004



# *A Smart Choice*

A vibrant future, with access to a full-continuum of care and services all with peace of mind through a smart, sound investment offering you financial protection — this is the Holly Creek difference!

Through the payment of a one-time entrance fee you are making a smart choice for your future that benefits you in three important ways:

- One, you'll have priority access to all levels of health care should you need them, at a discounted rate.
- Two, the entrance fee effectively lowers your monthly service costs which includes services to help simplify your monthly expenses.
- And three, should you decide to leave the community for any reason, 90% of the entrance fee will be refunded to you or your estate — that's asset protection.

*This Life Care Agreement creates a simpler and more secure future leaving you to enjoy life to the fullest.*

We've captured the spirit of freedom and independence that defines colorful Colorado living — an uncompromising lifestyle full of new possibilities or the re-igniting of past interests. Life here is wide open and secure — because you're prepared for whatever life may bring.

Since Holly Creek is a Life Plan Community, you'll stay close to home if you ever need higher levels of support. Assisted living, memory care, skilled nursing, rehabilitation therapies; and home care services are available right here, with complete access to all our services and amenities.

This means you or your family will never have to search for a quality care solution in a moment of crisis, and couples can live under the same roof, even if one or both experiences a change in health needs over time. Having a reliable plan in place will give you — and your family — true peace of mind.

*Simply put, at Holly Creek, your future is secure.*





# Residential Living — Choices Abound

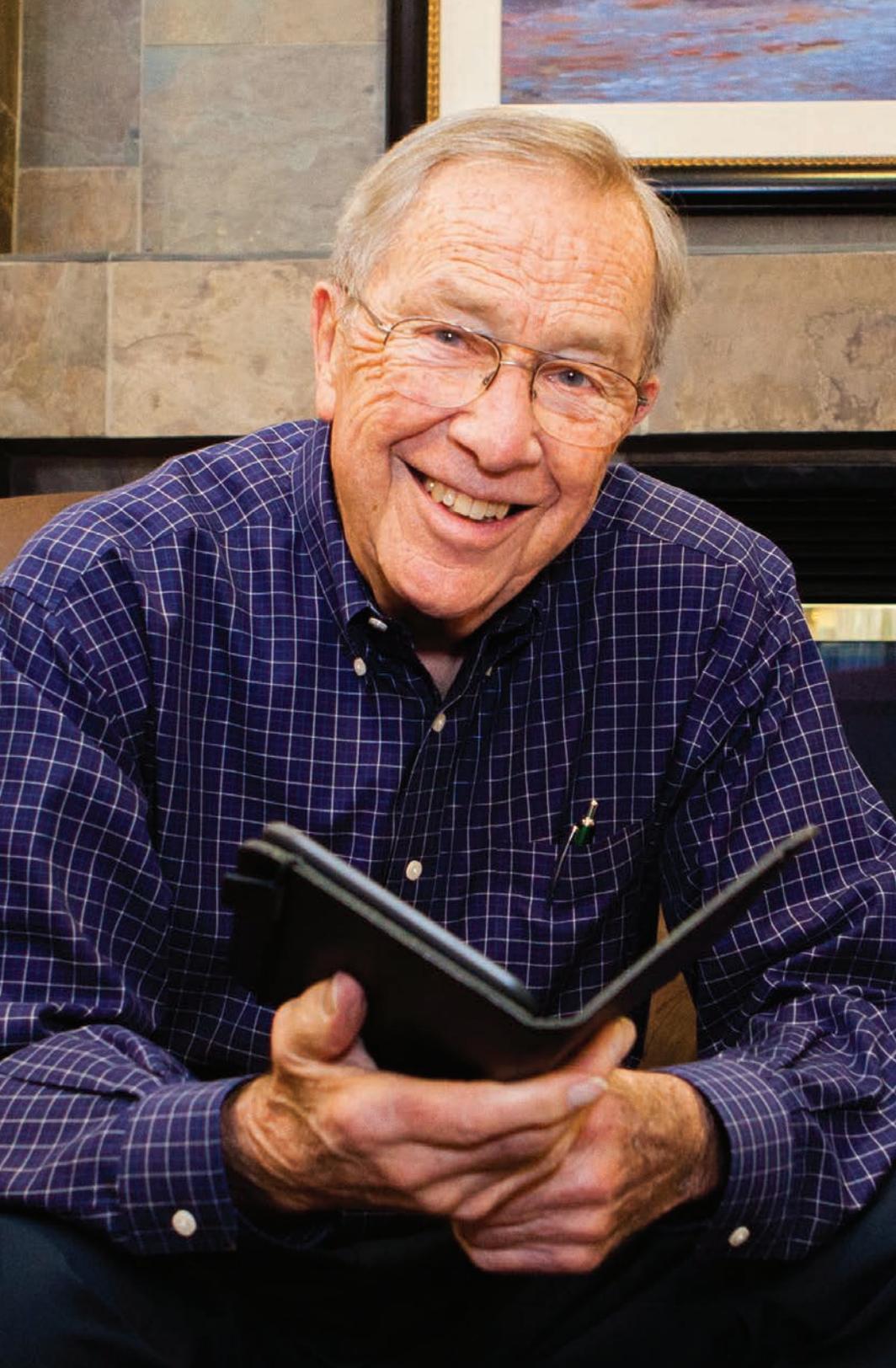


At Holly Creek Retirement Community you'll find spacious, well designed one and two bedroom apartment and cottage homes featuring fire and sound resistant construction, full kitchens, washer and dryers, and a 24-hour emergency call system — all with the convenience of maintenance-free living.

## **Apartment Homes**

Our apartment homes surround vibrant, beautiful courtyards for gatherings with family and friends. You'll find a place for brushing up on your golf game, gathering with friends for cards or an afternoon glass of wine.

Tucked away in a beautiful neighborhood we offer garden, courtyard and mountain views and each apartment has easy access to the Town Center — the “hub” of the community. Apartments range from 665 to 1,615 square feet. Our luxury Vista apartment homes include granite countertops, walk-in closets and fireplaces.





## Cottage Living

Craftman architecture and open living spaces await you in our cottages that average 2,400 finished square feet. Large basements, walk-in closets, fireplaces and garages are all standard. What isn't included? Yard work! We take care of the mowing, planting

and watering; however, if you want to exercise your green thumb you may personalize your private patio to plant to your hearts content.

At Holly Creek you'll be able to redefine traditional thoughts of retirement living. Don't take our word for it; here is what one long-time resident has to say, "If you are ready for living in a social community with ten to fifteen things to do every day, this is the place! I value the fact that if we need more services than we receive in independent living, it's on-site whether it's assisted, nursing care, or rehab. That is all important." Elaine Brennan, resident since 2005.





# Assisted Living

Sometimes a little extra support is needed to continue your journey toward successful aging. Holly Creek offers spacious assisted living apartment homes with one bedroom, two bedroom and two bedroom-plus-den options. Our goal is to preserve your comfort, security and independence, but should you need a hand with daily tasks, we can assist you with:



- Bathing
- Personal hygiene
- Medication supervision
- Bed-making
- Meal preparation
- Dressing
- Transportation
- Housekeeping
- Laundry

A wide-ranging menu full of gourmet options is available to you in a beautifully appointed country kitchen. The cupboard is always stocked with tasty snacks in case you have a craving.

A full service salon, circuit gym, and spa are all part of the neighborhood. Maybe you want to take part in an educational lecture, give back to the community with a volunteer project or create your own personal masterpiece by dabbling in a painting class — life is on your terms. In our assisted living neighborhood you'll have the support you need to live life to the fullest.



# Memory Support



If you or a loved-one is living with memory loss, dementia or Alzheimer's, we offer a secure and comfortable environment that maintains dignity and strengthens and celebrates life skills.

Our 12-suite memory support neighborhood includes discrete security and a private garden to allow for safe enjoyment of the outdoors.

Each suite is spacious, private and includes:

- 500 spacious square feet
- Kitchenette
- Transportation
- Full bath
- Medication assistance
- Assistance with daily living

*Many of our associates have completed Leaders in Dementia training as recognized by the Alzheimer's Association.*

# *Snoezelen Therapy*

Holly Creek is one of the few senior living communities in Colorado that offers an onsite Snoezelen therapy suite. Beneficial to those with dementia or Alzheimer's, Snoezelen blends sights, sounds, textures, aromas and motion to meet each participant's sensory needs. Research shows just 15 minutes of Snoezelen therapy a day facilitates calm and relaxation, and strengthens communication and trust between the older adult and caregiver.

Our well-trained and nurturing care team focuses on each person's personal interests and desires, tailoring support towards successful interactions every day. Residents are encouraged to participate, make choices and get the most out of life in their successful aging journey.





## Skilled Nursing Care

Should 24-hour care be needed, licensed practical and registered nurses provide individualized treatment plans should you require long-term skilled nursing care. At Holly Creek, we offer 24 private suites; one of which is large enough to comfortably accommodate a couple.

| Averages                         | Holly Creek               | Others |
|----------------------------------|---------------------------|--------|
| Average annual training hours:   | 50 + full year mentorship | 12     |
| Average nurse-to-resident ratio: | 1 : 12                    | 1 : 25 |
| Average CNA-to resident ratio:   | 1 : 6-8                   | 1 : 15 |

We intentionally employ a high number of certified nursing aides to build consistent and personal relationships with our residents. After all, being intimately familiar with your health needs, treatment programs, and dining and activity preferences improves the overall quality of care you receive.

## Rehabilitation Services

Recovering from an injury or illness? Our best-in-class rehabilitation team provides short- and long-term occupational, physical and speech therapies at Holly Creek seven days a week.

- With an average of 12 years of experience, our therapists use state-of-the-art technologies and techniques to restore your strength, flexibility, independence and health. Computer technology aids in cognitive recovery and engagement.
- During your recovery, enjoy your spacious private suite with on-suite bath, delicious meals prepared by highly trained chefs in your private suite or in the private dining room. We also provide touch-screen therapy and a quiet call system.
- Outpatient services are available to Denver-area residents on a space-available basis as well.

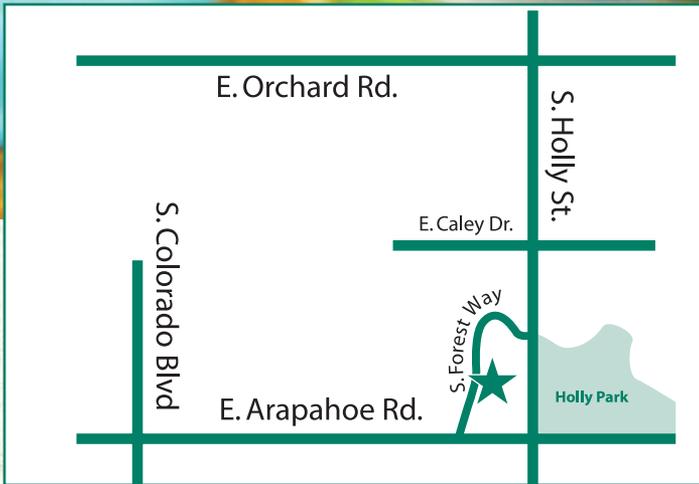


*Did you know Holly Creek has an AlterG antigravity treadmill developed by NASA? It helps residents who are at higher risk of falling and allows them to improve walking mechanics without bearing full weight on their limbs.*

## Home Care & Respite

With a professional caregiver at your service, you'll have help with the tasks of daily living, giving you relief from chores and focusing on what you really enjoy. This at home support is key after a rehabilitation stay or to provide a break for a caregiver. Services include:

- Meal preparation and errands
- Medication reminders and some medical services
- Personal care and companionship



# Holly Creek™

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*Colorful Colorado Living*



CERTIFIED CENTER  
FOR SUCCESSFUL AGING

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303.713.9004 | [HollyCreekCommunity.com](http://HollyCreekCommunity.com)

*A Neighborhood of*  
CHRISTIAN LIVING COMMUNITIES

