November 2018

***Activities are subject to change*. Please check the daily calendars posted in the elevators, lobby, and dining room.**

Sign up with the Concierge for all activities marked **

♪ Entertainment

Activity Locations
AC2- Activity Center-2nd floor
Bistro-Lobby near Pool
CB1-Citrus Bistro-1st floor
GR3- Game Room-3rd floor
GT1-Garden Theater-Courtyard
LL1-Library Lounge-1st floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 **1:30 **Art for All Ages-AC2** 2:00 ** Professor Gadget-CB1 3:30 Bingo - AC2 6:00 Rummikub-GR3	**2** ****Errand Day 9-2** **9:00-12:00 "Art Heals"-GT1** 9:45 Balance Fit-AC2 **10:30 Travel the World w/Bill-GT1** 11:00 Water Exercise-Pool 1:00 Bridge **1:30 November Trivia-AC2** 3:00 Bridge-GR3 6:30 Movie-CB1	**3** **Fun Day!** 9:30 Chair Yoga with Carol-AC2 **11:00 Computer Training-GT1** **1:30 Music Station-Courtyard** **3:00 "Yellowstone" DVD-GT1** 4:00 Resident Happy Hour-BYOB-CB1 6:00 Mexican Train- GR3 6:30 Movie – CB1
4 **Church Transportation** 10:00 Catholic Service-AC2 10:45 Wii Bowling-AC2 **1:30 Bingo**-AC2 **2:30 Rev. Huls Service-GT1** 3:30 Crafters Corner-AC2 **4:30 Billiards-4th floor** **6:00 Sunday Night Movie-CB1** Daylight Saving Time Ends	**5** ****Shopper Hopper 9 & 1:30** 10:00 Chair Chi Exercise –AC2 10:30 Bible Reading,aloud-GR3 10:45 Brain Exercise-AC2 **1:30 Poetry Circle- AC2** **4:00 Strummers Unite!-AC2** 6:00 Hand & Foot Cards-GR3 **6:30 Books & Bubbly-LL1**	**6** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 **11:00 Armchair Astronomy-CB1** **1:30 Veterans Pinning Ceremony-GT1** 2:00 Rummikub-GR3 3:30 Bingo-AC2 6:15 Discussion Group-CB1	**7** ****Outing Day-Sign up!** 10:00 Chair Chi Exercise-AC2 **12:00 **Outing: Lunch at Old Calif. Mining Co.--Bus** 10:45 Trivia- AC2 1:30 Water Exercise-Pool **2:30** Fun with Music- **AC2** 3:30 Card Bingo-AC2 **5:00 **Outing: CCAE Free Concert-Bus**	**8** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 1:30 Color Therapy-AC2 2:00 ** Professor Gadget-CB1 3:30 Bingo - AC2 6:00 Rummikub-GR3	**9** ****Errand Day 9-2** 9:45 Balance Fit-AC2 **10:00-2:00 Fashions to You-Lobby** 11:00 Water Exercise-Pool 1:00 Bridge-GR 3:00 Bridge-GR3 6:30 Movie-CB1	**10** **Fun Day!** 9:30 Chair Yoga with Carol-AC2 **1:30 "Yellowstone" DVD-GT1** **3:30 November Birthdays w/Al-GT1** 6:00 Mexican Train-GR3 6:30 Movie – CB1
11 **Church Transportation** 10:00 Catholic Service-AC2 10:45 Wii Bowling-AC2 **2:00 Swingin' with Dean-GT1** 3:30 Color Therapy-AC2 4:30 Billiards-4th floor **6:00 Evening Movie-CB1** Veterans Day (US) Remembrance Day (Canada)	**12** ****Shopper Hopper 9 & 1:30** 10:00 Chair Chi Exercise –AC2 10:30 Bible Reading,aloud-GR3 10:45 Brain Exercise-AC2 **3:00 Creative Writing Class-CB1** **4:00 Sing Along with Emily!-AC2** 6:00 Hand & Foot Cards-GR3	**13** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 2:00 Rummikub-GR3 **2:30 Robert at the Piano-Lobby** 3:30 Bingo-AC2 6:15 Discussion Group-CB1	**14** **** Outing Day-Sign up!** **9:30**Valley View Casino Outing-Bus** 10:00 Chair Chi Exercise-AC2 10:45 Trivia- AC2 1:30 Water Exercise-Pool 2:30 Fun with Music- AC2 3:30 Card Bingo-AC2	**15** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 **1:30 Activity Meeting-AC2** 2:00 ** Professor Gadget-CB1 3:30 Bingo –AC2 6:00 Rummikub-GR3	**16** ****Errand Day 9-2** **9:00-12:00 "Art Heals"-GT1** **8:30 Dudes & Donuts-CB1** 9:45 Balance Fit-AC2 **10:00-2:00 Arts&Crafts Sale-Courtyard** 11:00 Water Exercise-Pool 1:00 Bridge-GR3 3:00 Bridge-GR3 6:30 Movie-CB1	**17** **Fun Day!** 9:30 Chair Yoga with Carol-AC2 **1:30 Apples to Apples-AC2** 4:00 Resident Happy Hour-BYOB-CB1 6:00 Mexican Train-GR3 6:30 Movie – CB1
18 10:00 Catholic Service-AC2 10:45 Wii Bowling-AC2 **1:30 Treasured Memories**-AC2 3:30 Crafters Corner-AC2 4:30 Billiards-4th floor **6:00 Sunday Night Movie-CB1**	**19** ****Shopper Hopper 9 & 1:30** 10:00 Chair Chi Exercise –AC2 10:30 Bible Reading-aloud-GR3 10:45 Brain Exercise-AC2 **1:30 Poetry Circle- AC2** **4:00 Strummers Unite!-AC2** 6:00 Hand & Foot Cards-GR3	**20** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 **2:00 Ricky Sims-GT1** 2:00 Rummikub-GR3 3:30 Bingo-AC2 6:15 Discussion Group-CB1	**21** *Compass Rose Outing Day* 10:00 Chair Chi Exercise-AC2 **10:45 Musical Masterpieces-AC2** **12:30 **Audiologist-AC2** 1:30 Water Exercise-Pool 3:30 Card Bingo-AC2 **6:00 Happy Hour-Lobby**	**22** 10:00 Colortherapy-AC2 2:45 Movie Matinee-GT1 6:00 Card Games-GR3 Thanksgiving Day (US)	**23** ****Errand Day 9-2** 9:45 Balance Fit-AC2 11:00 Water Exercise-Pool 1:00 Bridge-GR3 3:00 Bridge-GR3 6:30 Movie-CB1	**24** **Fun Day!** 9:30 Chair Yoga with Carol-AC2 **1:30 Color Therapy-AC2** **2:3- Billiards-4th floor** **3:00 "Frozen Planet" DVD-GT1** 6:00 Mexican Train- GR3 6:30 Movie – CB1
25 **Church Transportation** 10:00 Catholic Service-AC2 10:45 Wii Bowling-AC2 **1:30 Bingo-AC2** **2:45 Movie Matinee-CB1** 3:30 Color Therapy-AC2 4:30 Billiards-4th floor	**26** ****Shopper Hopper 9 & 1:30** 10:00 Chair Chi Exercise –AC2 10:30 Bible Reading-aloud-GR3 10:45 Brain Exercise-AC2 **2:30 Resident Council Mtg-GT1** **4:00 Sing Along with Emily!-AC2** 6:00 Hand & Foot Cards-GR3	**27** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 **1:30 Town Court News With Patrick-GT1** 2:00 Rummikub-GR3 3:30 Bingo – AC2 6:15 Discussion Group-CB1	**28** **** Outing Day-Sign up!** **10:00**Angelika Movie Theater –Bus TBA Movies** 10:00 Chair Chi Exercise-AC2 10:45 Trivia- AC2 1:30 Water Exercise-Pool 2:30 Fun with Music- **AC2** 3:30 Card Bingo-AC2	**29** ****Dr. Appointment Day** 10:00 Chair Exer/Balance/Fit-AC2 10:45 Daily Chronicles/History-AC2 11:00 Rev. Huls Bible Study-GR3 2:00 ** Professor Gadget-CB1 3:30 Bingo –AC2 6:00 Rummikub-GR3	**30** ****Errand Day 9-2** 9:45 Balance Fit-AC2 11:00 Water Exercise-Pool 1:00 Bridge-GR 3:00 Bridge-GR3 6:30 Movie-CB1	

Westmont Town Court 500 East Valley Parkway Escondido, CA 92025 760.737.5110

Alterations by Maria-2nd & 4th Wednesdays 11/14 and 11/28