

Pacifica Tidings



PACIFICA
SENIOR LIVING

ELLENSBURG
Independent Living
Assisted Living • Memory Care

October 2018



A Note from the Executive Director



Every season has its special beauty and autumn is no exception. Watching the trees turn from a uniform green to all varieties of gold, yellow and red is a spectacular experience. One can almost be blinded by the fiery brilliance.

As we transition from the long warm days of summer into the crisp mornings and early sunsets of autumn, let's make sure we are bringing out our warmer sweaters and jackets. We are so excited for all of the harvest festivities over the coming weeks and cannot wait to share in all of the fun.

Have a wonderful October!

~ Angelena

Who am I?



Welcome to Our Community

Bette Lind

Charlotte McConkey

Greg Viall

Josephine Viall

Activities & Special Events

LEAVENWORTH OKTOBERFEST DAY TRIP

WEDNESDAY, OCTOBER 17, 2018

9:30AM DEPARTURE

3:30PM RETURN



This will only be open to the first 10 people to sign up with Terri. We will have lunch provided by Pacifica. This is going to be a great opportunity!



Happy Harvest!

Pumpkin Patch Trip on 10/24 at 10:00AM

Harvest Party on 10/31 at 6:00PM

Health & Fitness by

Activities are an integral part of our centered care. It is essential for resident quality of care to meet in the interests and the physical, mental, and psychosocial well-being of each resident.

Incorporating music brings back memories that are undeniable. We have Sing-A-Long with Ruth every Tuesday afternoon @ 2:00 pm in the Dining Room around the piano. Also on the third Thursday of every month @ 2:00 pm in the Dining Room, we have the "Fiddlers" performing with singing and playing awesome instruments.

On Sundays after dinner, we have worship music from the local German Baptist friends here in the valley.

October 24th @6:30 pm will have Laina Brown *Violin teacher with some of her students performing.

Music has the unmistakable power to fire up the brain's recall abilities. It makes us feel emotions from certain times in our lives and brings back memories almost as if we were reliving them.

Music also reduces anxiety, depression, pain and helps improve sleep quality. Therefore, let's boogie!

[Www.verywellhealth.com](http://www.verywellhealth.com)

Birthdays

October brings us Birthday

Doriene Jacobs 10/23

Bernice Escene 10/24

Spiritual Activities

MONDAY ~ 9:30

Bible study with Jean in the Media Room

TUESDAY ~ 9:15

Communion ~ Catholic Faith Fireside Room

WEDNESDAY ~ 3:00

Calvary Baptist Service
Enjoy an uplifting service and singing. Dining Room

1st WEDNESDAY ~ 9:00

St. Andrews Mass
Media Room



**Sunday
Mornings
Spiritual
Hour at 11AM
with Terri**

Who Am I?

(answer)

Doriene Jacobs

I was born on Oct. 23, 1926 in Cottonwood, Idaho. My parents had 12 kids: 7 boys and 5 girls and adopted a boy bringing the count to 13 kids. I was the youngest kid. I completed high school and went to Kilman Business school for

two years. I married Joe in 1950. I worked in a Bank starting out as a teller and went up the ladder to become a Branch Manager for 22 years. We moved to Ellensburg in 1988, at which time, I worked full time and raised my seven children. I love music, singing, painting and crafts. Joe and I moved to Pacifica a year ago and we have been married for 68 years.



Management Team

Angelena Bishop

Executive Director

Brian Jones

Sales Director

Alex Stevenson

Resident Care Director

Sharon Buettner

Resident Care Coordinator

Jacob Butler

Business Office Manager

Tim Ryan

Maintenance Director

Faly Nevarez

Dining Service Manager

Terri Wells

Activity Director

Lauren Melcher

Concierge



Our Mission

*Privately owned, Pacifica Senior Living
strives to create a lifestyle of
independence and peace of mind
for each individual and their family.*

*We do what we love and
what we truly believe in –
providing compassionate, personalized
care services with dignity and respect.*

*Our dedicated, professional team supports
each resident and goes above and beyond
to help them feel at home.*



PACIFICA

SENIOR LIVING

ELLENSBURG

Independent Living

Assisted Living • Memory Care

818 E. Mountain View Ave.

Ellensburg, WA 98926

Tel: 509.925.1220

www.PacificaEllensburg.com

Welcome Home!