

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please refer to daily Calendars for any changes. ***Activities are subject to Change***	1 9:30 Noodle Balloon 10:00 Coffee Clatch 11:00 Bingo 1:00 Chair Volleyball 2:00 Lou's Eye Catching Excursion 3:00 Fun Day Monday Social 4:00 Monday Meditation	2 9:30 Chair Tai Chi 10:00 Brain Teasers 11:00 Table Top Games 1:00 Afternoon Stroll 2:00 Sing Along with Arshag 3:00 Tea Time 4:00 Poetry Reading 6:00 Old Time Radio	3 9:30 Rise & Stretch 10:00 Communion 10:00 Question Quest 11:00 Craft Corner 1:00 Chair Zumba 2:00 Sing Along 3:00 Java Junction Social 4:00 Manicure & Massages	4 9:30 Musical Movement 10:00 News & Views 11:00 Bingo 1:00 Walking Club 2:30 Lou's Eye Catching Excursion 3:00 Cookies & Coffee Social 4:00 Laughter Yoga 6:00 Old Time Radio	5 9:30 Fit & Fabulous 10:00 Shake Loose Memories 11:00 Patio Pastimes 1:00 Chair Volleyball 2:00 Penny Ante Memories 3:00 Happy Hour w/ Rex Perry (AL) 4:00 Weekly Devotions 6:00 Old Time Radio	6 ALZHEIMER'S WALK 9:30 Fitness Club 10:00 Mind Joggers 11:00 Loteria 1:00 Noodle Balloon 2:00 Memory Lane 3:00 Spooky Social 4:00 Chicken Soup Group 6:00 Saturday Short Stories
7 9:30 Chair Yoga 10:00 Current Events 11:00 Water Color Art 1:30 Walk About 2:00 Music Trivia 3:00 Sundae Sunday Social 4:00 Hymns 6:00 Old Time Radio	8 9:30 Noodle Balloon 10:00 Coffee Clatch 11:00 Bingo 1:00 Chair Volleyball 2:00 Lou's Eye Catching Excursion 3:00 Fun Day Monday Social 4:00 Monday Meditation	9 9:30 Chair Tai Chi 10:00 Brain Teasers 11:00 Table Top Games 1:00 Afternoon Stroll 2:00 Sing Along with Arshag 3:00 Tea Time 4:00 Poetry Reading 6:00 Old Time Radio	10 9:30 Rise & Stretch 10:00 Communion 10:00 Question Quest 11:00 Craft Corner 1:00 Chair Zumba 2:00 Sing Along 3:00 Java Junction Social 4:00 Manicure & Massages	11 HEALTH FAIR 10a - 2p 9:30 Musical Movement 10:00 News & Views 11:00 Bingo 1:00 Walking Club 2:30 Lou's Eye Catching Excursion 3:00 Cookies & Coffee Social 4:00 Laughter Yoga 6:00 Old Time Radio	12 9:30 Fit & Fabulous 10:00 Shake Loose Memories 11:00 Flower Arranging 1:00 Chair Volleyball 2:00 Penny Ante Memories 3:00 Happy Hour w/ Noel (AL) 4:00 Weekly Devotions 6:00 Old Time Radio	13 9:30 Fitness Club 10:00 Mind Joggers 11:00 Loteria 1:00 Noodle Balloon 2:00 Memory Lane 3:00 Spooky Social 4:00 Chicken Soup Group 6:00 Saturday Short Stories
14 9:30 Chair Yoga 10:00 Current Events 11:00 Water Color Art 1:30 Walk About 2:00 Music Trivia 3:00 Sundae Sunday Social 4:00 Hymns 6:00 Old Time Radio	15 9:30 Noodle Balloon 10:00 Coffee Clatch 11:00 Bingo 1:00 Chair Volleyball 2:00 Lou's Eye Catching Excursion 3:00 Fun Day Monday Social 4:00 Monday Meditation	16 9:30 Wellness Clinic 9:30 Chair Tai Chi 10:00 Brain Teasers 11:00 Table Top Games 1:00 Afternoon Stroll 2:00 Sing Along with Arshag 3:00 Tea Time 4:00 Poetry Reading 6:00 Old Time Radio	17 9:30 Rise & Stretch 10:00 Communion 10:00 Question Quest 11:00 Craft Corner 1:00 Chair Zumba 2:00 Sing Along 3:00 Java Junction Social 4:00 Manicure & Massages	18 9:30 Musical Movement 10:00 Worship w/ Dave 11:00 Bingo 1:00 Walking Club 2:30 Lou's Eye Catching Excursion 3:00 Cookies & Coffee Social 4:00 Laughter Yoga 6:00 Old Time Radio	19 9:30 Fit & Fabulous 10:00 Shake Loose Memories 11:00 Patio Pastimes 1:00 Chair Volleyball 2:00 Penny Ante Memories 3:00 Happy Hour w/ Marvin (AL) 4:00 Weekly Devotions 6:00 Old Time Radio	20 9:30 Fitness Club 10:00 Mind Joggers 11:00 Loteria 1:00 Noodle Balloon 2:00 Memory Lane 3:00 Spooky Social 4:00 Chicken Soup Group 6:00 Saturday Short Stories
21 9:30 Chair Yoga 10:00 Current Events 11:00 Water Color Art 1:30 Walk About 2:00 Music Trivia 3:00 Sundae Sunday Social 4:00 Hymns 6:00 Old Time Radio	22 9:30 Noodle Balloon 10:00 Coffee Clatch 11:00 Bingo 1:00 Chair Volleyball 2:00 Lou's Eye Catching Excursion 3:00 Fun Day Monday Social 4:00 Monday Meditation	23 9:30 Chair Tai Chi 10:00 Brain Teasers 11:00 Table Top Games 1:00 Afternoon Stroll 2:00 Sing Along with Arshag 3:00 Tea Time 4:00 Poetry Reading 6:00 Old Time Radio	24 9:30 Rise & Stretch 10:00 Communion 10:00 Question Quest 11:00 Craft Corner 1:00 Chair Zumba 2:00 Sing Along 3:00 Java Junction Social 4:00 Manicure & Massages	25 9:30 Musical Movement 10:00 News & Views 11:00 Bingo 1:00 Walking Club 2:30 Lou's Eye Catching Excursion 3:00 Cookies & Coffee Social 4:00 Laughter Yoga 6:00 Old Time Radio	26 9:30 Fit & Fabulous 10:00 Shake Loose Memories 11:00 Flower Arranging 1:00 Chair Volleyball 2:00 Penny Ante Memories 3:00 Happy Hour w/ Mara Joyce (AL) 4:00 Weekly Devotions 6:00 Old Time Radio	27 9:30 Fitness Club 10:00 Mind Joggers 11:00 Loteria 1:00 Noodle Balloon 2:00 Memory Lane 3:00 Spooky Social 4:00 Chicken Soup Group 6:00 Saturday Short Stories
28 9:30 Chair Yoga 10:00 Current Events 11:00 Sunday Brunch 1:30 Walk About 2:00 Music Trivia 3:00 Sundae Sunday Social 4:00 Hymns 6:00 Old Time Radio	29 9:30 Noodle Balloon 10:00 Coffee Clatch 11:00 Bingo 1:00 Chair Volleyball 2:00 Lou's Eye Catching Excursion 3:00 Fun Day Monday Social 4:00 Monday Meditation	30 9:30 Chair Tai Chi 10:00 Brain Teasers 11:00 Table Top Games 1:00 Afternoon Stroll 2:00 Sing Along with Arshag 3:00 Tea Time 4:00 Poetry Reading 6:00 Old Time Radio	31 HALLOWEEN 9:30 Rise & Stretch 10:00 Communion 10:00 Question Quest 11:00 Craft Corner 1:00 Chair Zumba 2:00 Costume Contest 3:00 Halloween Social 4:00 Manicure & Massages			

October 2018

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
Please refer to daily Calendars for any changes. ***Activities are subject to Change ***	1 9:00 Rise & Stretch 10:00 On the Town Shopping 10:00 Current Events 11:00 Wii Wheel of Fortune 1:00 Brain Busters 2:00 Bingo 3:00 Martini Monday Social 4:00 Poker w/ Lou 6:00 Evening Movie	2 9:00 Chair Zumba 10:00 Devotions 11:00 Chair Volleyball 1:00 Hollywood Bios 2:00 Sing Along w/ Arshag 3:00 Tea Time Social 4:00 Card Corner 6:00 Evening Movie	3 8:00 Out to the Market 9:00 Stretch & Flex 10:00 Communion 11:00 Out to Lunch Bunch 11:00 Shake Loose Memories 1:00 30 Minute Trivia 2:00 Prize Bingo 3:00 Wine Down Wed. Social 4:00 Card Corner	4 9:00 Chair Tai Chi 10:00 Bible Study 11:00 Chef Chat w/ Dan 1:00 Lou's Eye Catching Excursion 1:00 Laughter Yoga 2:00 Bingo 3:00 Oktoberfest Social 4:00 Poker	5 9:00 Fit & Fabulous 10:00 Mind Joggers 11:00 Craft Corner 1:00 Name That Tune 2:00 Prize Bingo 3:00 Happy Hour w/ Rex Perry 4:00 Scattergories	6 ALZHEIMER'S WALK 9:00 Morning Prayer 10:00 Hot Topics w/ Rusty 11:00 Chair Yoga 1:00 Poetry Reading 2:00 Bingo 3:00 Spooky Social 4:00 Board Game Bonanza
7 8:00 Grace Baptist Church 9:00 Stay Strong 10:00 News & Views 11:00 Wii Jeopardy 1:00 Journey Thru America 2:00 Bingo 3:00 Sundae Sunday Social 4:00 Dominoes 6:00 Evening Movie	8 9:00 Rise & Stretch 10:00 On the Town Shopping 10:00 Current Events 11:00 Wii Wheel of Fortune 1:00 Brain Busters 2:00 Bingo 3:00 Martini Monday Social 4:00 Poker w/ Lou	9 9:00 Chair Zumba 10:00 Devotions 11:00 Chair Volleyball w/ Donato 1:00 Hollywood Bios 2:00 Sing Along w/ Arshag 3:00 Tea Time Social 4:00 Card Corner 6:00 Evening Movie	10 8:00 Out to the Market 9:00 Stretch & Flex 10:00 Communion 11:00 Out to Lunch Bunch 11:00 Shake Loose Memories 1:00 30 Minute Trivia 2:00 Prize Bingo 3:00 Wine Down Wed. Social 4:00 Card Corner	11 HEALTH FAIR 10a - 2p 9:00 Chair Tai Chi 10:00 Bible Study 11:00 Clinical Chat w/ Sarah 1:00 Lou's Eye Catching Excursion 1:00 Laughter Yoga 2:00 Bingo 3:00 Oktoberfest Social 4:00 Poker	12 9:00 Fit & Fabulous 10:00 Mind Joggers 11:00 Flower Arranging 1:00 Name That Tune 2:00 Prize Bingo 3:00 Happy Hour w/ Noel 4:00 Scattergories	13 9:00 Morning Prayer 10:00 Hot Topics w/ Rusty 11:00 Chair Yoga 1:00 Poetry Reading 2:00 Bingo 3:00 Spooky Social 4:00 Board Game Bonanza
14 8:00 Grace Baptist Church 9:00 Stay Strong 10:00 News & Views 11:00 Wii Jeopardy 1:00 Journey Thru America 2:00 Bingo 3:00 Sundae Sunday Social 4:00 Dominoes 6:00 Evening Movie	15 9:00 Rise & Stretch 10:00 On the Town Shopping 10:00 Current Events 11:00 Wii Wheel of Fortune 1:00 Brain Busters 2:00 Bingo 3:00 Martini Monday Social 4:00 Poker w/ Lou 6:00 Evening Movie	16 9:00 Chair Zumba 10:00 Devotions 10:00 Alz Education Series 11:00 Chair Volleyball 1:00 Hollywood Bios 2:00 Sing Along w/ Arshag 3:00 Tea Time Social 4:00 Card Corner 6:00 Evening Movie	17 8:00 Out to the Market 9:00 Stretch & Flex 10:00 Communion 11:00 Out to Lunch Bunch 11:00 Shake Loose Memories 1:00 30 Minute Trivia 2:00 Prize Bingo 3:00 Wine Down Wed. Social 4:00 Card Corner	18 9:00 Chair Tai Chi 10:00 Worship w/ Dave 11:00 Chef Chat w/ Dan 1:00 Lou's Eye Catching Excursion 1:00 Laughter Yoga 2:00 Bingo 3:00 Oktoberfest Social 4:00 Poker	19 9:00 Fit & Fabulous 10:00 Mind Joggers 11:00 Craft Corner 1:00 Name That Tune 2:00 Prize Bingo 3:00 Happy Hour w/ Marvin 4:00 Scattergories	20 9:00 Morning Prayer 10:00 Hot Topics w/ Rusty 11:00 Chair Yoga 1:00 Fond Memories 2:00 Bingo 3:00 Spooky Social 4:00 Board Game Bonanza
21 8:00 Grace Baptist Church 9:00 Stay Strong 10:00 News & Views 11:00 Wii Jeopardy 1:00 Journey Thru America 2:00 Bingo 3:00 Sundae Sunday Social 4:00 Dominoes 6:00 Evening Movie	22 9:00 Rise & Stretch 10:00 On the Town Shopping 10:00 Current Events 11:00 Wii Wheel of Fortune 1:00 Brain Busters 2:00 Bingo 3:00 Martini Monday Social 4:00 Poker w/ Lou 6:00 Evening Movie	23 9:00 Chair Zumba 10:00 Devotions 11:00 Chair Volleyball 1:00 Hollywood Bios 2:00 Sing Along w/ Arshag 3:00 Tea Time Social 4:00 Card Corner 6:00 Evening Movie	24 8:00 Out to the Market 9:00 Stretch & Flex 10:00 Communion 11:00 Out to Lunch Bunch 11:00 Shake Loose Memories 1:00 30 Minute Trivia 2:00 Prize Bingo 3:00 Wine Down Wed. Social 4:00 Card Corner	25 9:00 Chair Tai Chi 10:00 Bible Study 11:00 Chef Chat w/ Dan 1:00 Lou's Eye Catching Excursion 1:00 Laughter Yoga 2:00 Bingo 3:00 Oktoberfest Social 4:00 Poker	26 9:00 Fit & Fabulous 10:00 Mind Joggers 11:00 Flower Arranging 1:00 Name That Tune 2:00 Prize Bingo 3:00 Happy Hour w/ Mara Joyce 4:00 Scattergories	27 9:00 Morning Prayer 10:00 Hot Topics w/ Rusty 11:00 Chair Yoga 1:00 Poetry Reading 2:00 Bingo 3:00 Spooky Social 4:00 Board Game Bonanza
28 8:00 Grace Baptist Church 9:00 Stay Strong 10:00 News & Views 11:00 Sunday Brunch 1:00 Journey Thru America 2:00 Bingo 3:00 Sundae Sunday Social 4:00 Dominoes 6:00 Evening Movie	29 9:00 Rise & Stretch 10:00 On the Town Shopping 10:00 Current Events 11:00 Wii Wheel of Fortune 1:00 Brain Busters 2:00 Bingo 3:00 Martini Monday Social 4:00 Poker w/ Lou 6:00 Evening Movie	30 9:00 Chair Zumba 9:30 Podiatry Visit 10:00 Devotions 11:00 Chair Volleyball 1:00 Hollywood Bios 2:00 Sing Along w/ Arshag 3:00 Tea Time Social 4:00 Card Corner 6:00 Evening Movie	31 HALLOWEEN 8:00 Out to the Market 9:00 Stretch & Flex 10:00 Communion 11:00 Out to Lunch Bunch 11:00 Shake Loose Memories 1:00 30 Minute Trivia 2:00 Costume Contest 3:00 Halloween Social 4:00 Card Corner			