19 Hea	rtland Assisted	Living	October 2018		Calendar Activities are Subject To Change	PACIFICA SENIOR LIVING CHINO HILLS
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
After Hours From 7:30 p.m 8:00 a.m. Contact Phone Number for residents, family members and employees. (909) 606-2553 And/or ring the doorbell.	1 9:30 - After Breakfast Coffee Talk 10:30 - 11:30 Entertainment - Don Jensen Social Parlor 1:30 - Crazy Eights Card Game 3:00 - Scrabble 4:00 - Puzzle Mania	2 8:45 - Walk with Mary (Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:30 - Traveling Game Show 3:00 - Crazy Eights Card Game 4:00 - Puzzle Mania	Shopping 3 9:00 - Shopping "Walmart" 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:00 - Shopping - Theft Store 2:00 - Scrabble 4:00 - Puzzle Mania	4 <u>Medical Transportation</u> 8:45 - Walk with Mary (Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 3:00 - Hangman 4:00 - Puzzle Mania	 5 Signa Content of the second secon	6 9:30 - After Breakfast Coffee Talk 10:30 - Puzzle Mania 1:00 - Entertainment Michael Sinatra - Social Parlor 3:00 - Resident game choice 6:00 - Saturday Night Movie
7 9:00 - After Breakfast Coffee Talk 10:00 - Dominoes 11:00 - St. Paul's Church (Activity Room) 1:00 - Calvary Worship (Activity Room) 2:30 - Resident Game Choice 6:00 - Fireside Chat with Friends!	8 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:30 - Crazy Eights Card Game 3:00 - Scrabble 4:00 - Puzzle Mania	 9 Medical Transportation 8:45 - Walk with Mary (Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - Pet Therapy 11:00 - 11:30 Music relaxation after Exercise - Patio 4:00 - Puzzle Mania 	10 9:00 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:30 - Food Council Meeting 2:30 - Crazy Eights Card Game 4:00 - Puzzle Mania	11 <u>Medical Transportation</u> 8:45 - Walk with Mary _(Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:30 - Crazy Eights Card Game 3:00 - Hangman 4:00 - Puzzle Mania	 12 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:00 - Bingo 4:00 - Puzzle Mania 	13 9:00 - After Breakfast Coffee Talk 10:30 - Puzzle Mania 1:00 - Bingo w/Mike 3:00 - Crazy Eights Card Game 6:00 - Saturday Night Movie (Library)
 9:00 - After Breakfast Coffee Talk 10:00 - Dominoes 11:00 - St. Paul's Church (Activity Room) 1:00 - Devotional Readings w/Bob Wright (Activity Room) 2:30 - Resident Game Choice 6:00 - Fireside Chat with Friends! 	15 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - Lunch Outing Olive Garden 1:30 - Crazy Eights Card Game 3:00 - Scrabble 4:00 - Puzzle Mania	16Medical Transportation8:45 - Walk with Mary (Weather Permitting)9:30 - After Breakfast Coffee Talk10:30 - Exercise with music11:00 - 11:30 Music relaxation after Exercise - Patio2:30 - Calvary Worship Bible Study (Library)4:00 - Puzzle Mania	17 <u>Shopping</u> <u>9:00 - Shopping "Walmart</u> 9:00 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 3:00 - 5:00 Pumpkin Decorating Activity Room	 18 Medical Transportation 8:45 - Walk with Mary (Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - Laughing Yoga 1:30 - Donut Social - Activity Review Mtg - Activities Room 3:00 - Hangman 4:00 - Puzzle Mania 	 19 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:00 - Bingo 4:00 - Puzzle Mania 	20 9:00 - After Breakfast Coffee Talk 10:30 - Puzzle Mania 3:00 - Crazy Eights Card Game 6:00 - Saturday Night Movie (Library)
21 9:00 - After Breakfast Coffee Talk 10:00 - Dominoes 11:00 - St. Paul's Church (Activity Room) 1:00 - Calvary Worship (Activity Room)	22 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:30 - Crazy Eights Card Game 3:00 - Scrabble 4:00 - Puzzle Mania	23 <u>Medical Transportation</u> <u>Jan's Boutique</u> 8:45 - Walk with Mary (Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:30 - Crazy Eights Card Game 2:30 - Calvary Worship Bible Study (Library) 4:00 - Puzzle Mania	24Shopping9:00 -Shopping "Walmart9:00 -After Breakfast Coffee Talk10:30 -Exercise with Music11:00 -11:30Music relaxation after Exercise - Patio1:30 -Resident Council Mtg.4:00 -Puzzle Mania	25Medical Transportation8:45 -Walk with Mary (Weather Permitting)9:30 -After Breakfast Coffee Talk10:30 -Exercise with Music11:00 -11:30 Music relaxation after Exercise - Patio1:30 -Crazy Eights Card Game 3:00 -3:00 -Hangman 4:00 -Puzzle Mania	26 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - 11:30 Music relaxation after Exercise - Patio 1:00 - Bingo 4:00 - Puzzle Mania	9:00 - After Breakfast Coffee Talk 10:30 - Puzzle Mania 1:00 - Resident Game Choice 6:00 - Saturday Night Movie (Library)
 9:00 - After Breakfast Coffee Talk 10:00 - Dominoes 11:00 - St. Paul's Church (Activity Room) 1:00 - Devotional Readings w/Bob Wright (Activity Room) 2:30 - Resident Game Choice 6:00 - Fireside Chat with Friends! 	29 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with Music 11:00 - Lunch Outing Riverside Grill 1:30 - Crazy Eights Card Game 3:00 - Scrabble 4:00 - Puzzle Mania	30 <u>Medical Transportation</u> 8:45 - Walk with Mary (Weather Permitting) 9:30 - After Breakfast Coffee Talk 10:30 - Exercise with music 11:00 - 11:30 Music relaxation after Exercise - Patio 2:30 - Calvary Worship Bible Study (Library) 4:00 - Puzzle Mania	 31 <u>Shopping</u> <u>Happy Halloween</u> 9:00 - Shopping "Walmart" 9:30 - 11:30 Halloween Dress up & Makeup in the Activity Room 1:30 - Halloween Social & Parade Entertainment by "Teri & her Drums" 	Helen Walker1stLois Shelby1stEileen Marks6thR.J. Brewer9thErnest Flament19thSandra Evens31st	A la presenta de la companya de la c	veen.

10 Leg	Legacies Pacifica Memory Care October 2018 Office					Calendar Activities are Subject To Change PACIFICA SENIOR LIVING CHINO HILLS	
Sunday 🖉	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
After Hours From 7:30 p.m 8:00 a.m. Contact Phone Number for residents, family members and employees. (909) 606-2553 And/or ring the doorbell.	 9:00 - Toning Our Bodies! (P) 9:30 - Story Time (C) 10:00 - Snack & Chat Time (S) 10:30 - 11:30 - Entertainment Don Jensen - A.L. Social Parlor 2:00 - Snack & Chat Time (S) 3:00 - Horse Derby (C) 6:00-8:00 Movie Time (S) 	2 9:00 Legacies Live PRICE IS RIGHT! (C) 9:30 - Toning Our Bodies (P) 10:00 - Snack & Chat Time (S) 2:00 - Snack & Chat Time (S) 2:30 - BIBLE STUDY (Library) (PS) 2:30 - Traveling Game Show (C) 3:00 - Bean Bag Toss (P/S) 4:00 - Story Time (R) 6:00-8:00 Movie Time (S)	3 9:00 - Toning Our Bodies! (P) 9:30 - Family Feud Trivia Game (R) 10:00 - Snack & Chat Time (S) 2:30 - Snack & Chat Time (S) 4:00 - Story Time (R) 6:00-8:00 - Movie Time (S)	4 9:00 - Toning Our Bodies! (P) 9:30 - TBT Reminiscing Game (P) 10:00 - Snack & Chat Time (S) 11:00 - Outdoor Adventure (P/O) 1:00 - Bingo 2:00 - Snack & Chat Time (S) 4:00 - Story Time (R) 6:00-8:00 - Movie Time (S)	5 9:00 - Toning Our Bodies! (P) 9:30 - Name that Actor (R) 10:00 - Snack & Chat Time (S) 11:30 - COMMUNION A.L. Library 1:00 - Poetry & Reading (R) 1:30 - Baking w/Myra (LO) 2:00 - Snack & Chat (S) 4:00 - Story Time (C) 6:00-8:00 Movie Time (S)	6 9:00 - Toning Our Bodies! (P) 9:30 - Hangman (O/R) 10:30 - Snacks & Chat Time (S) 1:00 - Entertainment Michael Sinatra - A.L Social Parlor (S) 2:00 - Snack & Chat Time (S) 2:30 - Movie Matinee (s) 6:00-8:00 Movie Time (S)	
 9:00 - Toning Our Bodies! (P) 9:30 - Word Shuffle (C) 10:30 - Snack & Chat Time (S) 11:00 - St. Paul's Church (A.L. Activity Room) 1:00 - Calvary Worship (AL Library) 1:30 - Balloon Tennis (P) 2:00 - Snack & Chat Time (S) 4:00 - Story Time (R) 6:00-8:00 - Movie Time (S) 	 8 9:00 - Toning Our Bodies! (P) 9:30 - Story Time (C) 10:00 - Snack & Chat Time (S) 10:30 - Exercise w/ Mary - Patio (P) (Weather Permitting) 11:00- Music Adventure - Patio (P/O) (Weather permitting) 2:00 - Snack & Chat Time (S) 3:00 - Horse Derby (C) 6:00-8:00 Movie Time (S) 	 9:00- Legacies Live PRICE IS RIGHT! (C) 9:30 - Toning Our Bodies (P) 10:00 - Snack & Chat Time (S) 10:45 - Pet Therapy 2:00 - Snack & Chat Time (S) 2:30 - BIBLE STUDY (Library) (PS) 2:30 - Traveling Game Show (C) 3:00 - Bean Bag Toss (P/S) 4:00 - Story Time (R) 	9:00 - Toning Our Bodies! (P) 9:30 - Family Feud Trivia Game (R) 10:00 - Snack & Chat Time (S) 2:30 - Snack & Chat Time (S) 4:00 - Story Time (R) 6:00-8:00 - Movie Time (S)	11 9:00 - Toning Our Bodies! (P) 9:30 - Reading Time w/Myra (P) 10:00 - Snack & Chat Time (S) 11:00 - Outdoor Adventure (P/O) 1:00 - Bingo 2:30 - Snack & Chat Time (S) 6:00-8:00 - Movie Time (S)	12 9:00 - Toning Our Bodies! (P) 9:30 - Name that Actor (R) 10:00 - Snack & Chat Time (S) 1:00 - Balloon Tennis (O/S) 2:00 - Snack & Chat Time (S) 4:00 - Story Time (C) 6:00-8:00 - Movie Time (S)	13 9:00 - Toning Our Bodies! (P) 10:00 - Bus Ride w/Mike 9:30 - Hangman (O/R) 10:30 - Snacks & Chat Time (S) 2:00 - Snack & Chat Time (S) 2:00 - Tea Party (S) 6:00-8:00 Movie Time (S)	
 9:00 - Toning Our Bodies! (P) 9:30 - Word Shuffle (C) 10:30 - Snack & Chat Time (S) 11:00 - St. Paul's Church (A.L. Activity Room) 1:00 - Devotional Readings w/Bob Wright (AL Activity Room) 1:30 - Balloon Tennis (P) 2:00 - Snack & Chat Time (S) 4:00 - Story Time (R) 6:00-8:00 - Movie Time (S) 	15 9:00 - Toning Our Bodies! (P) 9:30 - Story Time (C) 10:00 - Snack & Chat Time (S) 10:30 - Exercise w/Mary - Patio (P) (Weather Permitting) 11:00- Music Adventure - Patio (P/O) (Weather permitting) 2:00 - Snack & Chat Time (S) 3:00 - Horse Derby (C) 6:00-8:00 Movie Time (S)	16 9:00 - Legacies Live PRICE IS RIGHT! (C) 9:30 - Toning Our Bodies (P) 10:00 - Snack & Chat Time (S) 10:45 - Pet Therapy (PS) 11:00 - Outdoor Adventure (P/O) 1:00 - "Gardening w/Mayra" (C/S) 2:00 - Snack & Chat Time (S) 2:30 - BIBLE STUDY (Library)(P/S) 6:00-8:00 Movie Time (S)	 9:00 - Toning Our Bodies! (P) 9:30 - Family Feud Trivia Game (R) 10:00 - Snack & Chat Time (S) 2:00 - Story Time (R) 3:00 - 5:00 Pumpkin Decorating (S) A.L. Activity Room 6:00-8:00 - Movie Time (S) 	18 9:00 - Toning Our Bodies! (P) 9:30 - TBT Reminiscing Game (P) 10:00 - Snack & Chat Time (S) 11:00 - Laughing Yoga (P/O) 1:00 - BINGO (L/C) 2:00 - Snack & Chat Time (S) 4:00 - Story Time (R) 6:00-8:00 - Movie Time (S)	19 9:00 - Toning Our Bodies! (P) 9:30 - Name that Actor (R) 10:00 - Snack & Chat Time (S) 1:00 - Balloon Tennis (O/S) 2:00 - Snack & Chat Time (S) 4:00 - Story Time (C) 6:00-8:00 - Movie Time (S)	20 9:00 - Toning Our Bodies! (P) 9:30 - Hangman (O/R) 10:30 - Snacks & Chat Time (S) 1:30 - Movie Matinee (S) 3:00 - Outdoor Adventure (O) 6:00-8:00 Movie Time (S)	
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Activity Key Codes:

(P) ~ Physical Wellness

(R) ~ Reminiscence

(S) ~ Social

(C) ~ Cognitive

(M) - Music

(L) ~ Life Skill

(O) Outdoor Activities (Weather Permitting)