



White Cliffs

30	Oct 1	2	3	4	5	6
	Green Salad Roast Pork/Ginger Glaze Beef Paprika <i>or</i> Mashed Potatoes Steamed Broccoli Carrot Cake	Green Salad Grilled Tilapia/Aioli Sauce BBQ Chicken Leg <i>or</i> Delicious Rice Lemon Glazed Carrots Pound Cake	Green Salad Homestyle Turkey/Gravy Bacon Cheese Chicken <i>or</i> Cornbread Stuffing/Chilies Mixed Vegetables Pumpkin Pie	Green Salad Classic Baked Ham Caribbean Shrimp <i>or</i> Angel Hair Pasta Chef's Steamed Vegetable Cheesecake	Green Salad Teriyaki Meatballs Seasoned Baked Flounder <i>or</i> Parsley Rice Collard Greens Chef's Dessert	Green Salad Lemon Grilled Chicken Beef Stroganoff/Noodles <i>or</i> Parsley Egg Noodles Green Beans Chocolate Peanut Butter Pie
7	8	9	10	11	12	13
Green Salad Marinated Pork Roast Chicken Kiev <i>or</i> Mashed Potatoes Mixed Vegetables Apple Pie	Green Salad Country Fried Steak/Gravy Turkey Roast/Zesty Rub <i>or</i> Mashed Potatoes/Gravy Roasted Cauliflower Chocolate Cake	Green Salad Baked Drumsticks Kielbasa/Peppers <i>or</i> Rice Pilaf Corn O'Brien Baked Roll Cherry Crisp	Green Salad Pan Seared Cod Glazed Baked Ham <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Key Lime Pie	Green Salad Lemon Oregano Turkey Beef Stroganoff <i>or</i> Parsley Egg Noodles Buttered Squash Ice Cream	Green Salad Marinated Rosemary Chicken Cheddar Crumb Tilapia <i>or</i> Seasoned Rice Capri Blend Funfetti Cake	Green Salad Herb Seasoned Pork Meatloaf <i>or</i> Mashed Potatoes/Gravy Honey Glazed Carrots Coconut Cream Pie
14	15	16	17	18	19	20
Yogurt Jello Salad Zesty Meatloaf Mushroom and Swiss Chicken <i>or</i> Onion Roasted Potatoes Roasted Carrots Baked Roll Maple Bar	Asian Cabbage Salad Honey Curry Chicken Breast Apple Cider Pork Loin <i>or</i> Rice Pilaf Broccoli Baked Roll Peach Cobbler	Cinnamon Fruit Cup Almond Crusted Pork Cutlet Broccoli Ham Quiche <i>or</i> Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Green Salad Salisbury Steak Chicken Fettuccine Alfredo <i>or</i> Baked Potato Sautéed Spinach Baked Roll Fresh Banana Cream Pie	Vegetable Pasta Salad Oven Roasted Chicken Breast Pork & Pineapple Kabobs <i>or</i> Lyonnais Potatoes Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Ambrosia Seasoned Baked Tilapia Cube Steak Oriental <i>or</i> Potato Wedges Lemon Pepper Green Beans Baked Roll Texas Sheet Cake	Green Salad Braised Beef Cubes Beef Goulash <i>or</i> Mashed Potatoes/Gravy Winter Sunset Blend Baked Roll Autumn Spice Cake
21	22	23	24	25	26	27
Feta Garbanzo Bean Salad Brown Sugar Ham Roast Beef with Mustard Sauce <i>or</i> Roasted Yams Baked Lima Beans Baked Roll Homemade Cherry Pie	Sunshine Jello Salad Garlic Ranch Chicken Shrimp Style Scampi <i>or</i> Potato Bacon Gratin Corn O'Brien Baked Roll Cranberry Cheesecake	Green Salad Swedish Meatballs Homestyle Turkey <i>or</i> Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Wax Bean Salad Herb Crusted Pork Roast Grilled Chicken Legs <i>or</i> Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Layered Fruit Salad Hamburger Steak/Onions Tomato Basil Chicken <i>or</i> Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Creamy Coleslaw Cheddar Crumb Cod Sweet and Sour Pork <i>or</i> Rice Orzo Pilaf Seasoned Peas Baked Roll Raspberry Sherbet Dessert	Green Salad Cranberry Glazed Turkey Roast Aldilla Braised Beef <i>or</i> Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
28	29	30	31	Nov 1	2	3
Green Salad Yankee Pot Roast Baked Salmon/Lemon Dill Sauce <i>or</i> Garlic Mashed Potatoes Baby Carrots Baked Roll Peach Pie	Mixed Vegetable Salad Marinated Drum Sticks Veal/Mushroom Sauce <i>or</i> Lemon Rice Steamed Sugar Snap Peas Baked Roll Cranberry Apple Crisp	Green Salad Grilled Pork Cutlet Swiss Steak/Tomatoes <i>or</i> Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Fruited Jello Salad Bacon Wrapped Patty Turkey Roast/Stuffing <i>or</i> Baked Potato Greens Baked Roll Graham Streusel Cake			