



The Wentworth at East Millcreek

Oct 1	2	3	4	5	6	7
Green Salad Pork Tenderloin Herb Baked Chicken <i>or</i> Baked Yams Steamed Broccoli Homemade Carrot Cake	Green Salad Beef Paprika Grilled Tilapia/Aioli Sauce <i>or</i> Fried Potatoes/Onions Lemon Glazed Carrots Ice Cream	Green Salad Homestyle Turkey/Gravy Baked Pork Chops <i>or</i> Cranberry Sage Dressing Baked Seasoned Squash Cherry Fluff	Green Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scalloped Potatoes Chef's Steamed Vegetable Soft Brown Sugar Cookie	Green Salad Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Fresh Mashed Potatoes Glazed Baby Carrots Honey Bun Cake	Green Salad Veal Parmesan Lemon Grilled Chicken <i>or</i> Herb Roasted Red Potatoes Green Beans Banana Cream Pudding	Green Salad New England Pot Roast Fresh Mashed Potatoes Mixed Vegetables Pecan Pie
8	9	10	11	12	13	14
Green Salad Turkey Roast/Zesty Rub Meatloaf <i>or</i> Fresh Mashed Potatoes Chef's Steamed Vegetable Fruit	Green Salad Baked Drumsticks Kielbasa/Peppers <i>or</i> Baked Beans Grilled Zucchini Apple Cobbler	Green Salad Glazed Baked Ham Pan Seared Cod <i>or</i> Lemon Pepper Green Beans Angel Food Cake	Green Salad Beef Patty/Mushroom Sauce Lemon Oregano Turkey <i>or</i> Boiled Potatoes Beets Ice Cream	Green Salad Cheddar Crumb Tilapia Marinated Rosemary Chicken <i>or</i> Seasoned Rice Capri Blend Pineapple Upside Down Cake	Green Salad Breaded Steaks/Roasted Potatoes Herb Seasoned Pork <i>or</i> Aloha Sweet Potatoes Honey Glazed Carrots Double Chocolate Chip Cookie	Green Salad Zesty Meatloaf Southern Fried Chicken <i>or</i> Onion Roasted Potatoes Roasted Carrots Baked Roll Maple Bar
15	16	17	18	19	20	21
Green Salad Honey Curry Chicken Breast Meatloaf <i>or</i> Rice Pilaf Broccoli Baked Roll Peach Cobbler	Green Salad Baked Pork Chops Oven Baked Chicken <i>or</i> Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Green Salad Salisbury Steak Chicken Fettuccine Alfredo <i>or</i> Baked Potato Sauteed Spinach Baked Roll Fresh Banana Cream Pie	Green Salad Oven Roasted Chicken Breast Beef Medallions <i>or</i> Lyonnais Potatoes Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Green Salad Seasoned Baked Tilapia Baked Fish Fillet <i>or</i> Potato Wedges Lemon Pepper Green Beans Baked Roll Orange Thumbprint Cookie	Green Salad Beef Sour Cream Noodle Bake Beef Goulash <i>or</i> Sauteed Zucchini Crusty Garlic Bread Autumn Spice Cake	Green Salad Brown Sugar Ham Roast Beef with Mustard Sauce <i>or</i> Roasted Yams Baked Lima Beans Baked Roll Homemade Cherry Pie
22	23	24	25	26	27	28
Green Salad Garlic Ranch Chicken Shrimp Style Scampi <i>or</i> Potato Bacon Gratin Corn O'Brien Baked Roll Almond Sugar Cookie	Green Salad Swedish Meatballs Homestyle Turkey <i>or</i> Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Green Salad Herb Crusted Pork Roast Deep Dish Spinach Quiche <i>or</i> Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Green Salad Hamburger Steak/Onions Tomato Basil Chicken <i>or</i> Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Green Salad Cheddar Crumb Cod Sweet and Sour Pork <i>or</i> Rice Orzo Pilaf Creamy Coleslaw Baked Roll Raspberry Sherbet Dessert	Green Salad Cranberry Glazed Turkey Roast Seasoned Steak <i>or</i> Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake	Green Salad Yankee Pot Roast Baked Salmon/Lemon Dill Sauce <i>or</i> Garlic Mashed Potatoes Baby Carrots Baked Roll Homemade Peach Pie
29	30	31	Nov 1	2	3	4
Green Salad Marinated Drum Sticks Veal/Mushroom Sauce <i>or</i> Lemon Rice Steamed Sugar Snap Peas Baked Roll Cranberry Apple Crisp	Green Salad Grilled Pork Chop/Applesauce Swiss Steak/Tomatoes <i>or</i> Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Green Salad Bacon Wrapped Patty Turkey Roast/Stuffing <i>or</i> Baked Potato Greens Baked Roll Chocolate Chip Cookie				