October 2018

In The Moment – Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White Cliffs Senior Living	**1** 8:30 Who's in the News? 9:00 Game Show 11:00 Kick Ball 1:30 Love on a Leash W/ KRMC Hospice - Pet Therapy 2:30 Pumpkin Ice Cream Social 3:30 Yahtzee 6:30 LL Tea & Tunes	**2** 8:30 News and Views 9:00 Game Show 11:00 Walk it Out 1:30 Game of Choice 2:30 Snack and Words of Wisdom 3:30 AE Artistic Moments 6:30 Aromatherapy	**3** 8:30 Executive Coffee 9:00 Game Show 9:30 Brenden Theater Outing 11:00 Stretches 1:30 Pretty Nails 2:30 CE Snack and This Day in History 3:00 1:1 Cart 6:30 Soothing Sounds	**4** *Wear Pink in Honor of Breast Cancer Awareness Month* 8:30 News and Views 9:00 Game Show 10:00 Cuddles of Joy W/ Living Waters Hospice - Pet Therapy 11:00 Fitness Fun 1:30 Trivia 2:30 Neighborhood Happy Hour 2:30 Snack and Chat 3:30 Puzzle Perfect 6:30 SS Chicken Soup for the Soul	**5** 8:30 Executive Coffee 9:00 Game Show 10:00 CC Bingo with Living Waters Hospice 1:30 15 Minute Fitness 2:30 Snack Social 3:30 Poetry Circle 6:30 Evening Stroll	**6** 8:30 Rise and Shine Music 9:30 Reminiscing 11:00 PE Stretch and Flex 1:30 Musical Moments 2:30 Snack Social 3:30 Busy Hands 6:30 Night Owls
7 8:30 Morning Music 9:30 Start Your Day with a Laugh! 10:00 Reading Roundtable 1:30 Chit Chat Club 2:30 Snack Social 3:00 SS Bible Study with Mike 6:30 LL Patio Talk	**8** **Columbus Day** 8:30 Who's in the News? 9:00 Game Show 11:00 Kick Ball 1:30 Love on a Leash W/ KRMC Hospice - Pet Therapy 2:30 Snack and Chat 3:30 Yahtzee 6:30 Tea & Tunes	**9** 8:30 News and Views 9:00 Game Show 11:00 Walk it Out 1:30 Game of Choice 2:30 CE Taste and Tell 6:30 Aromatherapy	**10** 8:30 Executive Coffee 9:00 Game Show 9:30 Out and About 11:00 Stretches 1:30 Pretty Nails 2:30 Snack and This Day in History 3:00 1:1 Cart 6:30 Soothing Sounds	**11** *Wear Pink in Honor of Breast Cancer Awareness Month* 8:30 News and Views 9:00 Game Show 10:30 Trivia 11:00 Fitness Fun 2:00 CC Cuddles of Joy W/ Living Waters Hospice - Pet Therapy 2:30 Neighborhood Happy Hour 2:30 Snack and Chat 3:30 Puzzle Perfect 6:30 Chicken Soup for the Soul	**12** 8:30 Executive Coffee 9:00 Game Show 10:00 Bingo with Living Waters Hospice 1:30 PE 15 Minute Fitness 2:30 Snack Social 3:30 Poetry Circle 6:30 Evening Stroll	**13** 8:30 Rise and Shine Music 9:30 Reminiscing 11:00 Stretch and Flex 1:30 Musical Moments 2:30 Snack Social 3:30 AE Busy Hands 6:30 Night Owls
14 8:30 Morning Music 9:30 Start Your Day with a Laugh! 10:00 Reading Roundtable 1:30 LL Chit Chat Club 2:30 Snack Social 3:00 Bible Study with Mike 6:30 Patio Talk	**15** 8:30 Who's in the News? 9:00 Game Show 11:00 PE Kick Ball 1:30 Love on a Leash W/ KRMC Hospice - Pet Therapy 2:30 Snack and Chat 3:30 Yahtzee 6:30 Tea & Tunes	**16** 8:30 News and Views 9:00 Game Show 11:00 Walk it Out 1:30 Game of Choice 2:30 Snack and Words of Wisdom 3:00 AE ***Pumpkin Painting*** 6:30 Aromatherapy	**17** 8:30 Executive Coffee 9:00 Game Show 9:30 CC Out and About 11:00 Stretches 1:30 Pretty Nails 2:30 Snack and This Day in History 3:00 1:1 Cart 6:30 SS Soothing Sounds	**18** *Wear Pink in Honor of Breast Cancer Awareness Month* 8:30 News and Views 9:00 Game Show 10:00 Cuddles of Joy W/ Living Waters Hospice - Pet Therapy 11:00 Fitness Fun 1:30 Trivia 2:30 Neighborhood Happy Hour 2:30 Snack and Chat 3:30 Puzzle Perfect 6:30 Chicken Soup for the Soul	**19** 8:30 Executive Coffee 9:00 Game Show 10:00 Bingo with Living Waters Hospice 1:30 15 Minute Fitness 2:30 Snack Social 3:30 CE Poetry Circle 6:30 Evening Stroll	**20** 8:30 Rise and Shine Music 9:30 Reminiscing 11:00 Stretch and Flex 1:30 Musical Moments 2:30 Snack Social 3:30 Busy Hands 6:30 Night Owls
21 8:30 Morning Music 9:30 Start Your Day with a Laugh! 10:00 Reading Roundtable 1:30 Chit Chat Club 2:30 Snack Social 3:00 Bible Study with Mike 6:30 Patio Talk	**22** 8:30 CE Who's in the News? 9:00 Game Show 11:00 Kick Ball 1:30 CC Love on a Leash W/ KRMC Hospice - Pet Therapy 2:30 Pumpkin Pie Social 3:30 Yahtzee 6:30 Tea & Tunes	**23** 8:30 News and Views 9:00 Game Show 10:30 Music Makers W/ Tiny Tots 11:00 Walk it Out 1:30 Game of Choice 2:30 Snack and Words of Wisdom 3:30 Artistic Moments 6:30 SS Aromatherapy	**24** 8:30 Executive Coffee 9:00 Game Show 9:30 Out and About 11:00 PE Stretches 1:30 Happy Hour 2:30 Birthday Party 3:00 1:1 Cart 6:30 Soothing Sounds	**25** *Wear Pink in Honor of Breast Cancer Awareness Month* 8:30 News and Views 9:00 Game Show 10:00 Cuddles of Joy W/ Living Waters Hospice - Pet Therapy 11:00 Fitness Fun 1:30 Trivia 2:30 LL Neighborhood Happy Hour 2:30 Snack and Chat 3:30 Puzzle Perfect 6:30 Chicken Soup for the Soul	**26** 8:30 Executive Coffee 9:00 Game Show 10:00 Bingo with Living Waters Hospice 1:30 ***Halloween Festival*** 2:30 Snack Social 4:00 Poetry Circle 6:30 Evening Stroll	**27** 8:30 Rise and Shine Music 9:30 Reminiscing 11:00 Stretch and Flex 1:30 Musical Moments 2:30 Snack Social 3:30 AE Busy Hands 6:30 Night Owls
28 8:30 Morning Music 9:30 Start Your Day with a Laugh! 10:00 Reading Roundtable 1:30 Chit Chat Club 2:30 Snack Social 3:00 Bible Study with Mike 6:30 LL Patio Talk	**29** 8:30 Who's in the News? 9:00 CE Game Show 11:00 Kick Ball 1:30 Love on a Leash - Pet Therapy 2:30 Halloween Cookie Social 3:30 Yahtzee 6:30 Tea & Tunes	**30** 8:30 News and Views 9:00 Game Show 10:30 CC Hand Massages W/ River Valley Hospice 11:00 PE Walk it Out 1:30 AE Crafts W/ River Valley Hospice 2:30 Snack and Words of Wisdom 3:30 Game of Choice 6:30 Aromatherapy	**31** **Halloween** 8:30 Executive Coffee 9:00 Game Show 11:00 Stretches 1:30 **Halloween Costume Contest** 2:30 *Halloween Snack & This Day in History* 3:00 1:1 Cart 6:30 SS Soothing Sounds			

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AE Artistic Expression
CC Community Connections
CE Continuing Education
LL Lifestyle & Leisure
PE Physical Engagement
SS Spiritual Support

Healthy Snacks & Hydration offered throughout each day!