



30	Oct 1	2	3	4	5	6
	Fresh Spinach Cheese Salad BBQ Pork Steak Quiche Florentine <i>or</i> Twice Baked Potato Steamed Broccoli Baked Roll Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Baked Cod/Dill Sauce <i>or</i> Green Beans Italian Mozzarella Garlic Bread Brownies	Four Bean Salad Homestyle Turkey/Gravy Oven Roasted Pork <i>or</i> Cranberry Sage Dressing Baked Squash Baked Roll Pear Cobbler	Peach Spring Salad Classic Baked Ham Braised Balsamic Chicken <i>or</i> Scaloped Potatoes Chef's Steamed Vegetable Baked Roll Apple Pie	Coleslaw Teriyaki Meatballs Cod/Tomato Cream Sauce <i>or</i> Parsley Rice Glazed Baby Carrots Baked Roll Chocolate Mousse	Cucumber Corn Salad Lemon Grilled Chicken Sweet Corned Beef <i>or</i> Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Bread Pudding/Vanilla Sauce
7	8	9	10	11	12	13
Coleslaw Marinated Pork Roast Roast Beef au Jus <i>or</i> Roasted Yams Mixed Vegetables Baked Roll Assorted Desserts	Layered Fruit Salad Country Fried Steak/Gravy Turkey Roast/Zesty Rub <i>or</i> Mashed Potatoes Roasted Cauliflower Baked Roll Chocolate Sour Cream Cake	Green Salad Kielbasa/Peppers Apricot Chicken <i>or</i> Rice Pilaf Roasted Summer Squash Baked Roll Apple Cobbler	Hawaiian Fruit Salad Pan Seared Cod Glazed Baked Ham <i>or</i> Roasted Red Potatoes Lemon Pepper Green Beans Baked Roll Key Lime Pie	Broccoli Raisin Salad Beef Patty/Mushroom Sauce Lemon Oregano Turkey <i>or</i> Boiled Potatoes Beets Baked Roll Cheesecake	Ambrosia Dressed Up Chicken Baked Dijon Salmon <i>or</i> Seasoned Rice Capri Blend Baked Roll Fruit Crisp	Marinated Pepper Salad Kalua Roast Pork Teriyaki Kabobs <i>or</i> Aloha Sweet Potatoes Honey Glazed Carrots Baked Roll Buttermilk Spice Cake
14	15	16	17	18	19	20
Yogurt Jello Salad Zesty Meatloaf Mushroom and Swiss Chicken <i>or</i> Onion Roasted Potatoes Roasted Carrots Baked Roll Maple Bar	Asian Cabbage Salad Honey Curry Chicken Breast Apple Cider Pork Loin <i>or</i> Rice Pilaf Broccoli Baked Roll Peach Cobbler	Cinnamon Fruit Cup Almond Crusted Pork Cutlet Broccoli Ham Quiche <i>or</i> Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Green Salad Salisbury Steak Chicken Fettuccine Alfredo <i>or</i> Baked Potato Sautéed Spinach Baked Roll Fresh Banana Cream Pie	Vegetable Pasta Salad Oven Roasted Chicken Breast Pork & Pineapple Kabobs <i>or</i> Lyonnaise Potatoes Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Ambrosia Seasoned Baked Tilapia Cube Steak Oriental <i>or</i> Potato Wedges Lemon Pepper Green Beans Baked Roll Texas Sheet Cake	Green Salad Braised Beef Cubes Beef Goulash <i>or</i> Mashed Potatoes/Gravy Winter Sunset Blend Baked Roll Autumn Spice Cake
21	22	23	24	25	26	27
Feta Garbanzo Bean Salad Brown Sugar Ham Roast Beef with Mustard Sauce <i>or</i> Roasted Yams Baked Lima Beans Baked Roll Homemade Cherry Pie	Sunshine Jello Salad Garlic Ranch Chicken Shrimp Style Scampi <i>or</i> Potato Bacon Gratin Corn O'Brien Baked Roll Cranberry Cheesecake	Green Salad Swedish Meatballs Homestyle Turkey <i>or</i> Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Wax Bean Salad Herb Crusted Pork Roast Grilled Chicken Legs <i>or</i> Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Layered Fruit Salad Hamburger Steak/Onions Tomato Basil Chicken <i>or</i> Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Creamy Coleslaw Cheddar Crumb Cod Sweet and Sour Pork <i>or</i> Rice Orzo Pilaf Seasoned Peas Baked Roll Raspberry Sherbet Dessert	Green Salad Cranberry Glazed Turkey Roast Aldilla Braised Beef <i>or</i> Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
28	29	30	31	Nov 1	2	3
Green Salad Yankee Pot Roast Baked Salmon/Lemon Dill Sauce <i>or</i> Garlic Mashed Potatoes Baby Carrots Baked Roll Peach Pie	Mixed Vegetable Salad Marinated Drum Sticks Veal/Mushroom Sauce <i>or</i> Lemon Rice Steamed Sugar Snap Peas Baked Roll Cranberry Apple Crisp	Green Salad Grilled Pork Cutlet Swiss Steak/Tomatoes <i>or</i> Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Fruited Jello Salad Bacon Wrapped Patty Turkey Roast/Stuffing <i>or</i> Baked Potato Greens Baked Roll Graham Streusel Cake			