

## October 2018



## Northglenn Heights

30	Oct 1 Green Salad Roast Pork/Ginger Glaze Lemon Rice Steamed Broccoli Baked Roll Carrot Cake	Green Salad Spaghetti/Marinara Meat Sauce Green Beans Italian Mozzarella Garlic Bread Pound Cake	Green Salad Bacon Cheddar Pork Chops Cranberry Sage Dressing Baked Seasoned Squash Baked Roll Pear Cobbler	Green Salad Braised Balsamic Chicken Scalloped Potatoes Chef's Steamed Vegetable Baked Roll Soft Brown Sugar Cookie	Green Salad Teriyaki Meatballs Parsley Rice Glazed Baby Carrots Baked Roll Frozen Sherbet Dessert	Green Salad Lemon Grilled Chicken Herb Roasted Red Potatoes Grilled Asparagus Baked Roll Banana Cream Pudding
Baked Potato Mixed Vegetables Baked Roll	Green Salad Country Fried Steak/Gravy Mashed Potatoes Roasted Cauliflower Baked Roll Chocolate Sour Cream Cake	Green Salad Kielbasa/Peppers Baked Macaroni Cheese Corn O'Brien Baked Roll Apple Cobbler	Green Salad Glazed Baked Ham Fresh Cooked Yams Lemon Pepper Green Beans Baked Roll Key Lime Pie	Green Salad Beef Patty/Mushroom Sauce Boiled Potatoes Beets Baked Roll Chocolate Lush	Green Salad Baked Dijon Salmon Seasoned Rice Capri Blend Baked Roll Chocolate Caramel Cake	Green Salad Meatballs/Pasta Sauce Mashed Potatoes/Gravy Honey Glazed Carrots Baked Roll Ice Cream
Green Salad Zesty Meatloaf Southern Fried Chicken Onion Roasted Potatoes Roasted Carrots Baked Roll Maple Bar	Green Salad Honey Curry Chicken Breast Meatloaf Rice Pilaf Broccoli Baked Roll Peach Cobbler	Green Salad Baked Pork Chops Oven Baked Chicken Smashed Sweet Potatoes Corn Baked Roll Cream Pecan Cake	Green Salad Salisbury Steak Chicken Fettuccine Alfredo Baked Potato Sauteed Spinach Baked Roll Fresh Banana Cream Pie	Green Salad Oven Roasted Chicken Breast Beef Medallions Lyonnaise Potatoes Mixed Vegetables Baked Roll Blueberry Cream Angel Dessert	Green Salad Seasoned Baked Tilapia Baked Fish Fillet  or Potato Wedges Lemon Pepper Green Beans Baked Roll Orange Thumbprint Cookie	Green Salad Beef Sour Cream Noodle Bake Beef Goulash Sauteed Zucchini Crusty Garlic Bread Autumn Spice Cake
Brown Sugar Ham Roast Beef with Mustard Sauce Roasted Yams Baked Lima Beans Baked Roll	Green Salad Garlic Ranch Chicken Shrimp Style Scampi Potato Bacon Gratin Corn O'Brien Baked Roll Almond Sugar Cookie	Green Salad Swedish Meatballs Homestyle Turkey Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Green Salad Herb Crusted Pork Roast Deep Dish Spinach Quiche Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Green Salad Hamburger Steak/Onions Tomato Basil Chicken Sour Cream Potatoes Capri Blend Baked Roll Maple Bread Pudding	Green Salad Cheddar Crumb Cod Sweet and Sour Pork or Rice Orzo Pilaf Creamy Coleslaw Baked Roll Raspberry Sherbet Dessert	Green Salad Cranberry Glazed Turkey Roast Seasoned Steak Cornbread Dressing Roasted Parmesan Brussels Sprouts Baked Roll Pineapple Cake
Salmon/Lemon Dill Sauce Garlic Mashed Potatoes Baby Carrots Baked Roll	Green Salad Marinated Drum Sticks Veal/Mushroom Sauce Lemon Rice Steamed Sugar Snap Peas Baked Roll Cranberry Apple Crisp	Green Salad Grilled Pork Chop/Applesauce Swiss Steak/Tomatoes Baked Yams Herbed Corn Baked Roll Glazed Pumpkin Cake	Green Salad Bacon Wrapped Patty Turkey Roast/Stuffing Baked Potato Greens Baked Roll Chocolate Chip Cookie	Nov 1	2	3