

October 2018 Assisted Living																
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday				
Stonecrest of Troy Assisted Living Activity Calendar		10:30 Get Fit: Upper Body Workout [AR]	1	10:30 Get Fit: Cardio Blast [FC]	2	9:30 Coffee in the Courtyard	3	10:30 Get Fit: Weights and Bands [AR]	4	Oktoberfest Theme Dinner		5	10:30 Get Fit: Chair Yoga [AR]	6		
		11:00 Left, Right, Center [AR]		11:00 Dog Bingo [AR]		10:30 Get Fit: Barre and Spin in the Fitness Center [AR]		11:00 Pinochle [AR]		10:30 Rosary with Guardian Angels [AR]			11:00 Dice Games [AR]			
		1:30 Euchre [AR]		1:30 Troy Public Library [O]		11:00 Let's Make a Deal		1:15 Jenuwine Cigar Lounge: Family Welcome to Meet There! [O]		11:00 Cooking Creations [AR]			2:30 Mystery Prize Bingo [AR]			
		2:30 Sundaes on a Monday, Cider and Donuts! [B]		3:30 Bridge Card Game [AR]		2:30 Bible Study [LK]		3:00 Tea Time [B]		2:00 Art Club: Fall Wreaths [AR]			4:00 Fast Feet Walking Club * [AR]			
		3:30 Quarter Bingo [AR]		6:30 Therapy Dog Visits		3:30 Travel Without a Passport: Transylvania [FT]		4:00 Get Fit: Tai Chi [FC]		3:30 Happy Hour with music by the Gene-n-Tonics [B]			7:00 Evening Movie * [FT]			
		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]		5:00 Oktoberfest Theme Dinner						
										7:00 Evening Movie * [FT]						
7:30 Joel Osteen Weekly Sermon WDIV @ 7:30 am	7	Columbus Day		8	10:30 Get Fit: Cardio Blast [FC]	9	9:30 Coffee in the Courtyard	10	Painting with Stonecrest Twist Family Night 6:00-7:30 pm		11	10:30 Get Fit: Zumba [AR]	12	Happy Birthday Betty T!	13	
10:30 Church Service [TB]		10:30 Get Fit: Upper Body Workout [AR]		10:30 Get Fit: Cardio Blast [FC]		11:00 Animal Bingo [AR]	10:30 Get Fit: Barre and Spin in the Fitness Center [AR]		10:30 Get Fit: Weights and Bands [AR]		11:00 Cooking Creations [AR]		11:00 Dice Games [AR]		10:30 Get Fit: Chair Yoga [AR]	
11:15 Sunday Stretches [AR]		11:00 Left, Right, Center [AR]		11:00 Dog Bingo [AR]		12:30 MGM Casino [O]	11:00 Cranium Crunches [AR]		11:00 Pinochle [AR]		2:00 Art Club: Spooky Mason Jars [AR]		2:30 Mystery Prize Bingo [AR]		11:00 Dice Games [AR]	
1:00 M.A.S.H Marathon [FT]		1:30 Euchre [AR]		6:30 Therapy Dog Visits		7:00 Evening Movie * [FT]	2:30 Bible Study [LK]		1:30 Timeless Trivia [FT]		3:30 Happy Hour with Music by Steve [B]		4:00 Fast Feet Walking Club * [AR]		2:30 Mystery Prize Bingo [AR]	
2:00 Therapy Dog Visit		2:00 Street Smarts Group Gather with the Troy Historic Society [B]		7:00 Evening Movie * [FT]			3:30 Farkle		3:00 Tea Time [B]		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]		4:00 Fast Feet Walking Club * [AR]	
7:00 Evening Movie * [FT]		2:30 Sundaes on a Monday, Cider and Donuts! [B]					7:00 Evening Movie * [FT]		4:00 Get Fit: Tai Chi [FC]						7:00 Evening Movie * [FT]	
		3:30 Quarter Bingo [AR]							7:00 Evening Movie * [FT]							
		7:00 Evening Movie * [FT]														
7:30 Joel Osteen Weekly Sermon WDIV @ 7:30 am	14	10:30 Get Fit: Upper Body Workout [AR]	15	National Bosses Day		16	Caregivers Cafe: Support Group 5:30 pm		17	10:30 Get Fit: Weights and Bands [AR]	18	10:30 Rosary with Guardian Angels [AR]	19	10:30 Get Fit: Chair Yoga [AR]	20	
10:30 Church Service [TB]		11:00 Left, Right, Center [AR]		10:30 Get Fit: Cardio Blast [FC]		11:00 Dog Bingo [AR]	9:30 Coffee in the Courtyard		11:00 Pinochle [AR]		1:30 Tea Time at Rochester Hills [O]		11:00 Cooking Creations [AR]		11:00 Dice Games [AR]	
11:15 Sunday Stretches [AR]		1:30 Euchre [AR]		11:00 Dog Bingo [AR]		12:30 Frankenmuth [O]	10:30 Get Fit: Barre and Spin in the Fitness Center [AR]		1:30 Timeless Trivia [FT]		3:00 Chess [B]		2:00 Art Club: Oreo Spider Cookies [AR]		2:30 Mystery Prize Bingo [AR]	
1:00 M.A.S.H Marathon [FT]		2:30 Sundaes on a Monday, Cider and Donuts! [B]		6:30 Therapy Dog Visits		7:00 Evening Movie * [FT]	11:00 Let's Make a Deal		3:00 Chess [B]		4:00 Get Fit: Tai Chi [FC]		3:30 Casino Happy Hour with music by Danny [B]		4:00 Fast Feet Walking Club * [AR]	
2:00 Therapy Dog Visit		3:30 Quarter Bingo [AR]		7:00 Evening Movie * [FT]			1:30 RESIDENT COUNCIL [LK]		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]	
7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]					2:30 Bible Study [LK]									
							3:30 Farkle									
							7:00 Evening Movie * [FT]									
7:30 Joel Osteen Weekly Sermon WDIV @ 7:30 am	21	10:30 Get Fit: Upper Body Workout [AR]	22	Howl-o-Ween at Daisy Knight Dog Park 6:00-7:30 pm		23	United Nations Day		24	10:30 Get Fit: Weights and Bands [AR]	25	10:30 Communion Service [AR]	26	Halloween Pup Party 2:00-3:00 pm		27
10:30 Church Service [TB]		11:00 Left, Right, Center [AR]		10:30 Get Fit: Cardio Blast [FC]		11:00 Dog Bingo [AR]	9:30 Coffee in the Courtyard		10:30 Get Fit: Barre and Spin in the Fitness Center [AR]		1:30 Timeless Trivia [FT]		11:00 Cooking Creations [AR]		10:30 Get Fit: Chair Yoga [AR]	
11:15 Sunday Stretches [AR]		1:30 Euchre [AR]		11:00 Dog Bingo [AR]		2:00 Yates Cider Mill [O]	10:30 Get Fit: Barre and Spin in the Fitness Center [AR]		11:00 Let's Make a Deal		2:00 Veterans Club: Care Packages and Letters [AR]		2:00 Art Club: Canvas Bags [AR]		11:00 Dice Games [AR]	
1:00 M.A.S.H Marathon [FT]		2:30 Music by Daniel [LO]		2:00 Yates Cider Mill [O]		3:30 Chess [B]	11:00 Let's Make a Deal		2:30 Bible Study [LK]		3:00 Tea Time [B]		3:30 Birthday Bash Happy Hour with Music by the Gene-n-Tonics [B]		3:00 Mystery Prize Bingo [AR]	
2:00 Therapy Dog Visit		2:30 Sundaes on a Monday, Cider and Donuts! [B]		6:30 Therapy Dog Visits		7:00 Evening Movie * [FT]	2:30 Bible Study [LK]		3:30 Matinee Movie: Hocus Pocus [FT]		4:00 Get Fit: Tai Chi [FC]		7:00 Evening Movie * [FT]		4:00 Fast Feet Walking Club * [AR]	
7:00 Evening Movie * [FT]		3:30 Quarter Bingo [AR]		7:00 Evening Movie * [FT]			3:30 Farkle		7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]				7:00 Evening Movie * [FT]	
		7:00 Evening Movie * [FT]					7:00 Evening Movie * [FT]									
Trick-or-Treating 2:00-3:00 pm	28	10:30 Get Fit: Upper Body Workout [AR]	29	10:30 Get Fit: Cardio Blast [FC]	30	11:00 Dog Bingo [AR]	Halloween		31	Activities that have an asterisk (*) means that they are resident-lead activities.		Location Keys		"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down."		
7:30 Joel Osteen Weekly Sermon WDIV @ 7:30 am		11:00 Left, Right, Center [AR]		11:00 Dog Bingo [AR]		1:30 Visit to Terror on Tillson Street, Romeo [O]	9:30 Coffee in the Courtyard		10:30 Get Fit: Barre and Spin in the Fitness Center [AR]	Sign-up for outings in the binder located in the Bistro!		Bistro	B	— Mary Pickford		
10:30 Church Service [TB]		1:30 Euchre [AR]		4:00 Euchre [B]		6:30 Therapy Dog Visits	10:30 Get Fit: Barre and Spin in the Fitness Center [AR]		11:00 Spooky Therapy Dog Visit			Fitness Center	FC			
11:15 Sunday Stretches [AR]		2:30 Sundaes on a Monday, Cider and Donuts! [B]		7:00 Evening Movie * [FT]			11:00 Spooky Therapy Dog Visit		2:30 Bible Study [LK]			Fox Theatre	FT			
1:00 M.A.S.H Marathon [FT]		3:00 Brain Power Presentation by Kathy Housey [B]					2:30 Bible Study [LK]		3:30 Monster Mash Party [B]			LegacyActivityRoom	AR			
2:00 Therapy Dog Visit		3:30 Quarter Bingo [AR]					3:30 Monster Mash Party [B]		7:00 Evening Movie * [FT]			LegacyKitchen	LK			
7:00 Evening Movie * [FT]		7:00 Evening Movie * [FT]					7:00 Evening Movie * [FT]					Lobby	LO			
												Outing	O			
												The Bridges	TB			