



# October 2018 Memory Care Activities

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	<b>1</b> 8:30 Trivia Beauty Shop Crafts Puzzles/Games Walk & Talk Word Games	<b>2</b> 8:30 Trivia Fun in the Hub Sensory Stimulation Physical Exercise Story Time Mental Stimulation	<b>3</b> 8:30 Trivia AL: 10:00 Flex & Fun with Marv Movie Bus Ride Snacks	<b>4</b> 8:30 Trivia Beauty Shop Spa Day/One-on-ones Outing with one or two Mental Stimulation Snacks	<b>5</b> 8:30 Trivia AL:10:30 Flex & Fun with Marv Musical DVD Walk & Talk Snacks	<b>6</b> 8:30 Trivia Clean up the patio Fun in the Hub Singalong Mental Stimulation Snacks
<b>7</b> Walk & Talk One-on-Ones Nail Care Story Time Snacks	<b>8</b> 8:30 Trivia Beauty Shop Crafts Puzzles/Games Walk & Talk Word Games	<b>9</b> 8:30 Trivia Foot Clinic Fun in the Hub Sensory Stimulation Physical Exercise Story Time Mental Stimulation	<b>10</b> 8:30 Trivia AL: 10:30 Tai Chi with Tracy Movie Bus Ride Reminisce Snacks	<b>11</b> 8:30 Trivia Beauty Shop Spa Day/One-on-ones Outing with one or two Mental Stimulation AL: 2:30 Singalong with Christine	<b>12</b> 8:30 Trivia  Noon-Oktoberfest at Mountain Meadows	<b>13</b> 8:30 Trivia Clean up the patio Fun in the Hub Singalong Mental Stimulation Snacks
<b>14</b> Walk & Talk One-on-Ones Nail Care Story Time Snacks	<b>15</b> 8:30 Trivia Beauty Shop Crafts Puzzles & Games Walk & Talk 3:00 Music with the Lacey's	<b>16</b> 8:30 Trivia Foot Clinic AL: Singalong with Christine Physical Exercise AL: 2:30 Birthday Party Story Time	<b>17</b> 8:30 Trivia AL: 10:00 Flex & Fun with Marv Movie Bus Ride Snacks	<b>18</b> 8:30 Trivia Beauty Shop Spa Day/One-on-ones  AL: 2:00 Old Time Fiddlers Snacks	<b>19</b> 8:30 Trivia Foot Clinic AL:10:30 Flex & Fun with Marv Musical DVD Walk & Talk Snacks	<b>20</b> 8:30 Trivia Clean up the patio Fun in the Hub Singalong Mental Stimulation Snacks
<b>21</b> Walk & Talk One-on-Ones Nail Care Story Time Snacks	<b>22</b> 8:30 Trivia Beauty Shop Crafts Puzzles/Games Walk & Talk Word Games	<b>23</b> 8:30 Trivia Fun in the Hub Sensory Stimulation Physical Exercise Story Time Mental Stimulation	<b>24</b> 8:30 Trivia AL: 10:00 Flex & Fun with Marv Movie Bus Ride Snacks	<b>25</b> 8:30 Trivia Beauty Shop Spa Day/One-on-ones Outing with one or two Mental Stimulation Snacks	<b>26</b> 8:30 Trivia AL: 10:30 Flex & Fun with Fern Musical DVD Walk & Talk Snacks	<b>27</b> 8:30 Trivia Clean up the patio Fun in the Hub Singalong Mental Stimulation Snacks
<b>28</b> Walk & Talk One-on-Ones Nail Care Story Time Snacks	<b>29</b> 8:30 Trivia Beauty Shop Crafts Puzzles/Games Walk & Talk Word Games	<b>30</b> 8:30 Trivia AL: 10:30 Word Games with Christine Physical Exercise Sensory Stimulation AL: 2:30 Yak & Snack	<b>31</b> AL: 10:00 Flex & Fun with Marv Movie  Happy Halloween			