

A BIT OF CANDY BAR HISTORY

Sweets, as we know them today, have been around since the 19th century. Americans over the age of 18 consume 65 percent of these sugary confections. Candy making has developed rapidly in the last hundred years. Today people spend more than \$7 billion a year on chocolate. Halloween is the holiday with the highest candy sales, about \$2 billion is spent on candies during this holiday.

The history of the candy bar actually began back in 1847. The first chocolate bar was made in Britain by Joseph Fry and his son, who pressed a paste made of cocoa powder and sugar into the shape of a bar. The chocolate bar developed further in 1849 when John Cadbury introduced his brand of the bar. The first milk chocolate bar was made by Henry Nestle and Daniel Peter and was created by adding milk to the traditional chocolate recipe. This resulted in a creamier taste and smoother texture.

Milton Hershey introduced the first Hershey's solid milk chocolate bar in 1900. Goo Goo Cluster was sold in 1913 as the first bar to combine chocolate, marshmallows, peanuts, and caramel. Ten years later the first Milky Way bar appeared on shelves in 1923 and was intended to taste like a malted milk in the more portable form of a candy. In 1928 a former Hershey's employee decided to embark on his own candy-making adventure and thus we have the Reese's Peanut Butter Cup.

Can you guess what is America's favorite? Snickers was introduced in 1930 and has been the top-seller every year since.

October

October can be fun for everyone.

Halloween is fun for all ages, a day to show that you're young at heart.

The color changing of the leaves is in full swing giving us a beautiful scene anywhere we go!

Delicious things like apples and pumpkins are in season, making delicious drinks, meals, and treats all month long!

The tradition of giving candy doesn't have to be all about the candy - keep the spirit of giving alive all through the month!



There's something for everyone to enjoy
with Halloween

SWEET PRETZEL TREATS



Ingredients:

1-40 ounce bag of Rolo candies
1 large bag of mini-square pretzels


Directions:

Pre-heat oven to 325 degrees
Line cookie sheets with parchment paper
Place single pretzels one inch apart to fill sheet
Unwrap the Rolo's and put one on top of each pretzel
Stick in oven for 2-3 minutes, until soft – do not overcook
Take out while it's still warm, place another pretzel on top and press down gently until you see the caramel come through the square's middle

Place in festive bag, give away or keep!

October 2018
Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><p>CHERRY PARK PLAZA Independent, Assisted and Memory Care Communities</p></div>	<div>1</div> <div>10:00 PE Balloon Ball [LR] 10:00 SS Bible Study [L] 10:15 PE Bean Bag Basketball [LR] 10:45 CE Guessing Bag [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CC Bake & Share [K] 2:00 PE Afternoon Walk [ALD] 2:30 LL Snack [DR] 3:00 LL Dean Sings [MDR] 4:00 LL Set Tables & Freshen Up [DR] 5:30 CC Dementia Support Group [ALD] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>2</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Pet Therapy w/Barney [LR] 2:00 SS Hymn Sing [LR] 2:30 LL Oktoberfest Snack [DR] 3:00 AE Adult Coloring [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>3</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Flickin' Chicken [LR] 10:30 LL Bake Bread [K] 10:45 SS Our Daily Bread [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Country Drive 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>4</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:45 CE Short Stories [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 PE Afternoon Walk [ALD] 2:00 LL Magician: Bob Eaton [LR] 2:30 LL Snack [DR] 3:00 AE Magnet Making [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>5</div> <div>Nat'l Do Something Nice Day 10:00 PE Balloon Ball [LR] 10:15 PE Bowling [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Beauty [DR] 2:30 LL Snack [DR] 3:00 LL Happy Hour [MDR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>6</div> <div>10:00 PE Balloon Ball 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 SS Hymn Sing CD [LR] 2:00 PE Afternoon Walk [O] 2:30 LL Snack [DR] 3:00 CE Board Games [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>
<div>7</div> <div>10:15 PE Bowling [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 AE Adult Coloring [DR] 1:30 PE Afternoon Walk [O] 2:00 LL Sunday Matinee & Popcorn [LR] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>	<div>8</div> <div>Columbus Day 10:00 PE Balloon Ball [LR] 10:00 SS Bible Study [L] 10:15 PE Bean Bag Basketball [LR] 10:45 CE Guessing Bag [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CC Bake & Share [K] 2:00 PE Afternoon Walk [ALD] 2:30 LL Snack [DR] 3:30 LL Dinner Outing @ McMenamin's Edgefield [ALD] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>9</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Pet Therapy w/Barney [LR] 2:00 SS Hymn Sing [LR] 2:30 LL Snack [DR] 3:00 CE Puzzles [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>10</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Flickin' Chicken [LR] 10:30 LL Bake Bread [K] 10:45 SS Our Daily Bread [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CE Brain Games & Soda Bar [DR] 2:00 LL Entertainer: Fast Eddie [LR] 2:30 LL Snack [DR] 3:00 AE Leaf Rubbing Art [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>11</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:30 CE Short Stories [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 PE Afternoon Walk [ALD] 2:15 CE Trivia [DR] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>12</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Bowling [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Taste & Tell w/Chef Robert [K] 2:00 LL Beauty [DR] 2:30 LL Snack [DR] 3:00 LL Happy Hour: Chuck Par-Due [MDR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>13</div> <div>10:00 PE Balloon Ball [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 SS Hymn Sing CD [LR] 1:30 PE Afternoon Walk [O] 2:30 LL Snack [DR] 3:00 CE Board Games [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>
<div>14</div> <div>10:15 PE Bowling [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 AE Adult Coloring [DR] 1:30 PE Afternoon Walk [O] 2:00 LL Sunday Matinee & Popcorn [LR] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>	<div>15</div> <div>Nat'l I Love Lucy Day 10:00 PE Balloon Ball [LR] 10:00 SS Bible Study [L] 10:15 PE Bean Bag Basketball [LR] 10:45 CE Guessing Bag [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CC Bake & Share [K] 2:00 PE Afternoon Walk [ALD] 2:00 LL Art In Motion w/ Meredith Dalgish [LR] 2:30 LL Snack [DR] 3:00 LL Dean Sings [MDR] 3:00 CE I Love Lucy Facts and Trivia [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>16</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Pet Therapy w/Barney [LR] 2:00 SS Hymn Sing [LR] 2:30 LL Snack [DR] 3:00 CE Short Stories [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>17</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Flickin' Chicken [LR] 10:30 LL Bake Bread [K] 10:45 SS Our Daily Bread [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CE Brain Games & Soda Bar [DR] 2:30 LL Snack [DR] 3:00 AE Crafting Fall Wreaths [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>18</div> <div>Nat'l Chocolate Cupcake Day 10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:30 CE Short Stories [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 PE Afternoon Walk [ALD] 2:15 LL Baking Chocolate Mini Cupcakes [K] 3:00 LL Sing-a-Long [LR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>19</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Bowling [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Beauty [DR] 2:30 LL Snack [DR] 3:00 LL Happy Hour: Karen Kurzawa [MDR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>20</div> <div>11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 SS Hymn Sing CD [LR] 1:30 PE Afternoon Walk [O] 2:30 LL Snack [DR] 3:00 CE Board Games [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>
<div>21</div> <div>10:15 PE Bowling [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 AE Adult Coloring [DR] 1:30 PE Afternoon Walk [O] 2:00 LL Sunday Matinee & Popcorn [LR] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>	<div>22</div> <div>National Color Day 10:00 PE Balloon Ball [LR] 10:00 SS Bible Study [L] 10:15 PE Bean Bag Basketball [LR] 10:45 CE Guessing Bag [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CC Bake & Share [K] 2:00 LL Entertainer: Dean Dotson [LR] 2:30 LL Snack [DR] 3:00 AE Adult Coloring [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>23</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Pet Therapy w/Barney [LR] 2:00 SS Hymn Sing [LR] 2:30 LL Snack [DR] 3:00 CE Puzzles [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>24</div> <div>10:00 LL Gresham Hot Shots [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 AE Painting [DR] 2:30 LL Snack [DR] 3:00 CE Homemade Spiced Apple Cider & Brain Games [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>25</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:30 CE Short Stories [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 PE Afternoon Walk [ALD] 2:00 CE Trivia [DR] 2:15 AE Pumpkin Painting [DR] 2:30 LL Snack [DR] 3:00 AE Napkin Folding [DR] 4:00 LL Set Tables & Freshen Up [DR] 4:30 LL Candlelight Dinner [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>26</div> <div>National Pumpkin Day 10:00 PE Balloon Ball [LR] 10:15 PE Bowling [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Beauty [DR] 2:30 LL Snack [DR] 3:00 LL Happy Hour [MDR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>27</div> <div>11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 SS Hymn Sing CD [LR] 1:30 PE Afternoon Walk [O] 2:30 LL Snack [DR] 3:00 CE Board Games [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>
<div>28</div> <div>10:15 PE Bowling [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 AE Adult Coloring [DR] 1:30 PE Afternoon Walk [O] 2:00 LL Sunday Matinee & Popcorn [LR] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 LL Movie & Popcorn [LR]</div>	<div>29</div> <div>National Cat Day 9:30 LL Cat Therapy [LR] 10:00 PE Balloon Ball [LR] 10:00 SS Bible Study [L] 10:15 PE Bean Bag Basketball [LR] 10:45 CE Guessing Bag [LR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CC Bake & Share [K] 2:00 PE Afternoon Walk [ALD] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 5:30 CC Dementia Support Group [ALD] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>30</div> <div>10:00 PE Balloon Ball [LR] 10:15 PE Dice Games [LR] 10:45 CE Coffee and News [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 LL Pet Therapy w/Barney [LR] 2:00 SS Hymn Sing [LR] 2:30 LL Snack [DR] 3:00 AE Lollipop Ghosts [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>31</div> <div>Halloween 10:00 PE Balloon Ball [LR] 10:15 PE Flickin' Chicken [LR] 10:30 LL Bake Bread [K] 10:45 SS Our Daily Bread [DR] 11:00 PE Set Tables & Freshen Up [DR] 12:30 LL Old TV Shows [LR] 1:00 CC Candy Walk [ALD] 2:00 LL Caramel Apple Slices and Blue Ocean Mocktails [DR] 2:30 LL Snack [DR] 4:00 LL Set Tables & Freshen Up [DR] 6:00 PE Household Tasks 7:00 CE Jeopardy! [LR] 7:30 CE Wheel of Fortune [LR]</div>	<div>1323 SW Cherry Park Road Troutdale, OR 97060 503-491-1661</div> <div>AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support</div>		<div>Healthy Snacks & Hydration offered throughout each day!</div>