

October 2018

In The Moment - Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:00 CE Good News and Views [AGR] 1 9:15 CE Good News & Views [AGT] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 1:00 CE Elder Grow Therapeutic Horticulture [AGT] 2:00 CE NEW! Short Stories, Discussion and Reminiscing [ACT] 4:00 AE Elder Song [AGR]	9:00 CE Good News and Views [AGR] 2 9:15 CE Good News & Views [AGT] 10:30 AE Partying with Patrick! [AGR] 12:45 CC Crafty Corner [ACT] 2:15 CE Hymn Sing [ACT] 3:00 SS Gardening Club [AGT]	9:00 CE Good News and Views [AGR] 3 9:15 CE Good News & Views [AGT] 11:30 CE NEW! What Am I? Celebrating a commonplace item [L] 1:00 LL Manicures & Hand Massages [AGR] 1:00 LL Manicures and Hand Massages [AGT] 1:45 PE Music in Motion with Toni and Kylee [D] 3:00 AE Watercolor Art [AGR] 3:00 AE Watercolor Art [AGT]	9:00 CE Good News and Views [AGR] 4 9:15 CE Good News & Views [AGT] 10:00 PE Balloon Volleyball [AGR] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 11:00 CE Busy Hands [AGR] 11:00 PE Busy hands [AGT] 1:00 CC Out & About: Burke Museum of Natural History and Culture [B] 3:30 CC Reading Circle [ACT]	9:00 CE Good News and Views [AGR] 5 9:15 CE Good News & Views [AGT] 1:00 LL Float Your Boat [AGT] 1:00 LL Float your Boat [AGR] 2:00 SS Cuddle with Bunnies [AGT] 2:00 SS Cuddle with Bunnies [AGR] 3:00 CE NEW! Shuffle Board [ACT]	9:00 CE Good News and Views [AGR] 6 9:15 CE Good News & Views [AGT] 10:00 CE New! Seasonal Tea and Poetry [AGT] 10:30 LL Saturday Smoothies [AGT] 10:30 LL Saturday Smoothies [AGR] 1:45 AE Entertainment - Doug Deems [D]	
	9:00 CE Good News and Views [AGR] 7 9:15 CE Good News & Views [AGT] 10:00 PE Fitness Fun [AGR] 10:45 CE Puzzles [AGT] 1:00 CC Scenic Drive to West Point Light House [B] 4:00 SS Garden Club [AGT]	Columbus Day 9:00 CE Good News and Views [AGR] 8 9:15 CE Good News & Views [AGT] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 2:00 CE NEW! Short Stories, Discussion and Reminiscing [ACT] 4:00 AE Elder Song [AGR]	9:00 CE Good News and Views [AGR] 9 9:15 CE Good News & Views [AGT] 10:00 PE Move & Groove [AGR] 10:30 PE Balloon Volleyball [AGT] 12:45 CC Crafty Corner [ACT] 2:15 CE Hymn Sing [ACT] 3:00 SS Gardening Club [AGT]	9:00 CE Good News and Views [AGR] 10 9:15 CE Good News & Views [AGT] 11:00 AE Elder Song [AGR] - CE NEW! Who Am I? Celebrating a Mystery Person Born This Month [L] 1:00 LL Manicures & Hand Massages [AGR] 1:00 LL Manicures and Hand Massages [AGT] 1:45 PE Music in Motion with Toni and Kylee [D] 3:00 AE Watercolor Art [AGR] 3:00 AE Watercolor Art [AGT]	9:00 CE Good News and Views [AGR] 11 9:15 CE Good News & Views [AGT] 10:00 PE Balloon Volleyball [AGR] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 11:00 CE Busy Hands [AGR] 11:00 PE Busy hands [AGT] 1:00 CC Out & About: Collecting Autumn Leaves at Magnolia Park [B] 3:30 CC Reading Circle [ACT]	9:00 CE Good News and Views [AGR] 12 9:15 CE Good News & Views [AGT] 10:30 PE Exercise with the Seattle Learning Center Preschool [ACT] 1:00 LL Float Your Boat [AGT] 1:00 LL Float your Boat [AGR] 3:00 CE NEW! Shuffle Board [ACT] 4:00 SS Gardening Club [AGT]	9:00 CE Good News and Views [AGR] 13 9:15 CE Good News & Views [AGT] 10:00 CE New! Seasonal Tea and Poetry [AGT] 10:30 LL Saturday Smoothies [AGT] 10:30 LL Saturday Smoothies [AGR] 1:45 AE Entertainment by Staff [D]
	9:00 CE Good News and Views [AGR] 14 9:15 CE Good News & Views [AGT] 10:00 PE Fitness Fun [AGR] 10:45 CE Puzzles [AGT] 1:00 CC Scenic Drive: Cougar Mt. and Skwak Mt. Loop [B] 4:00 SS Garden Club [AGT]	9:00 CE Good News and Views [AGR] 15 9:15 CE Good News & Views [AGT] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 2:00 CE NEW! Short Stories, Discussion and Reminiscing [ACT] 4:00 AE Elder Song [AGR]	9:00 CE Good News and Views [AGR] 16 9:15 CE Good News & Views [AGT] 10:00 PE Move & Groove [AGR] 10:30 PE Balloon Volleyball [AGT] 12:45 CC Crafty Corner [ACT] 2:15 CE Hymn Sing [ACT] 3:00 SS Gardening Club [AGT]	9:00 CE Good News and Views [AGR] 17 9:15 CE Good News & Views [AGT] 11:30 CE NEW! Who Am I? Celebrating a Famous or Infamous Person [L] 1:00 LL Manicures & Hand Massages [AGR] 1:00 LL Manicures and Hand Massages [AGT] 1:45 PE Music in Motion with Toni and Kylee [D] 3:00 AE Watercolor Art [AGR] 3:00 AE Watercolor Art [AGT]	9:00 CE Good News and Views [AGR] 18 9:15 CE Good News & Views [AGT] 10:00 PE Balloon Volleyball [AGR] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 11:00 CE Busy Hands [AGR] 11:00 PE Busy hands [AGT] 1:00 CC Out & About: Thomas Family Farm Pick a Pumpkin [B] 3:30 CC Reading Circle [ACT]	9:00 CE Good News and Views [AGR] 19 9:15 CE Good News & Views [AGT] 10:30 CE Fire Safety Presentation by the Local Fire Department [L] 10:30 CC Tots Time with Seattle Learning Center [ACT] 1:00 LL Float Your Boat [AGT] 1:00 LL Float your Boat [AGR] 3:00 CE NEW! Shuffle Board [ACT] 4:00 SS Gardening Club [AGT]	9:00 CE Good News and Views [AGR] 20 9:15 CE Good News & Views [AGT] 10:00 CE New! Seasonal Tea and Poetry [AGT] 10:30 LL Saturday Smoothies [AGT] 10:30 LL Saturday Smoothies [AGR] 11:00 SS Catholic Communion Service [TH] 1:45 AE Entertainment Steve Flynn Piano and Singing [D]
	9:00 CE Good News and Views [AGR] 21 9:15 CE Good News & Views [AGT] 10:00 PE Fitness Fun [AGR] 10:45 CE Puzzles [AGT] 1:00 CC Scenic Drive to Seward Park [B] 4:00 SS Garden Club [AGT]	9:00 CE Good News and Views [AGR] 22 9:15 CE Good News & Views [AGT] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 2:00 CE NEW! Short Stories, Discussion and Reminiscing [ACT] 4:00 AE Elder Song [AGR]	9:00 CE Good News and Views [AGR] 23 9:15 CE Good News & Views [AGT] 10:00 PE Move & Groove [AGR] 10:30 AE Partying with Patrick! [AGT] 12:45 CC Crafty Corner [ACT] 2:15 CE Hymn Sing [ACT] 3:00 SS Gardening Club [AGT]	9:00 CE Good News and Views [AGR] 24 9:15 CE Good News & Views [AGT] 11:00 AE Elder Song [AGR] 11:30 CE NEW! What Am I? Celebrating a Commonplace Item [L] 1:00 LL Manicures & Hand Massages [AGR] 1:00 LL Manicures and Hand Massages [AGT] 1:45 PE Music in Motion with Toni and Kylee [D] 3:00 AE Watercolor Art [AGR] 3:00 AE Watercolor Art [AGT]	Spirit Week: Comfy/Pajama Day 9:00 CE Good News and Views [AGR] 25 9:15 CE Good News & Views [AGT] 10:00 PE Balloon Volleyball [AGR] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 11:00 PE Taste 'n' Tell: Squash and Gourds [AGT] 1:00 CC Out & About: Sky Nursery [B] 3:30 CC Reading Circle [ACT]	Spirit Week: Sports Day 9:00 CE Good News and Views [AGR] 26 9:15 CE Good News & Views [AGT] 1:00 LL Float Your Boat [AGT] 1:00 LL Float your Boat [AGR] 3:00 CE NEW! Shuffle Board [ACT] 4:00 SS Gardening Club [AGT]	Spirit Week: Crazy Hair Day 9:00 CE Good News and Views [AGR] 27 9:15 CE Good News & Views [AGT] 10:00 CE New! Seasonal Tea and Poetry [AGT] 10:30 LL Saturday Smoothies [AGT] 10:30 LL Saturday Smoothies [AGR] 1:45 AE Entertainment- Blak-n-Blues & Halloween Treats [D]
Spirit Week: Crazy Hat Day 9:00 CE Good News and Views [AGR] 28 9:15 CE Good News & Views [AGT] 10:00 PE Fitness Fun [AGR] 10:45 CE Puzzles [AGT] 1:00 CC Scenic Drive to Juanita Beach Park [B] 3:00 SS Bonnie & the Pups [ACT] 4:00 SS Garden Club [AGT]	Spirit Week: Nerd Day 9:00 CE Good News and Views [AGR] 29 9:15 CE Good News & Views [AGT] 10:30 PE NEW! Fitness Fun Led by Staff [ACT] 2:00 CE NEW! Short Stories, Discussion and Reminiscing [ACT] 4:00 AE Elder Song [AGR]	Spirit Week: Tourist Day 9:00 CE Good News and Views [AGR] 30 9:15 CE Good News & Views [AGT] 10:00 PE Move & Groove [AGR] 10:30 PE Balloon Volleyball [AGT] 12:45 CC Crafty Corner [ACT] 2:00 CE Book Mobile [D] 2:15 CE Hymn Sing [ACT] 3:00 SS Gardening Club [AGT]	Halloween Costume Contest! 9:00 CE Good News and Views [AGR] 31 9:15 CE Good News & Views [AGT] 11:30 LL NEW! Hallows Eve Trivia and Games! 1:00 LL Manicures & Hand Massages [AGR] 1:00 LL Manicures and Hand Massages [AGT] 1:45 PE Music in Motion with Toni and Kylee [D] 3:30 CC Children Trick or Treating [L]	100 Crockett St. Seattle, WA 98109 206-282-5001		AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support	
						Healthy Snacks & Hydration offered throughout each day!	