

Once Upon a December

Like every good chef, the Sacramento Women's Chorus is serving up a tasty treat for the holiday season. In their case, this means a musical feast that begins with an assortment of savory pieces, some that might even be considered a bit spicy. Next, they will serve up a sumptuous and satisfying main course of more traditional fare, both old and new. The final portion of their tuneful banquet will be a helping of melodies that acknowledge other delightful celebrations of the season from Solstice to Chanukah.

Because so many of us here at Campus Commons enjoyed seeing our fellow resident, Genelle Palmer, on stage and thought the group gave an amazing performance, we have added their seasonal concert "**Once Upon a December**" to our calendar of events. Once again, we will be offering transportation to the venue for those who need a lift and have added their names to the concert transportation sign-up sheet. Be sure to sign up early, as bus seating will be on a first come, first served basis.

Tickets for the December show go on sale October 17th and must be purchased through the group's website:

<https://www.sacramentowomenschorus.com/tickets>. The price for the concert is \$25.00 and there is no reserved seating being offered. If you need assistance with your ticket purchase, please talk to Genelle who will be more than happy to help you. Anyone wanting a 10% savings on the price of tickets, be sure to make your purchase during the Early Bird Special period between October 17 and October 31.

We hope you can join us on Saturday, December 8th, at the Unitarian Universalist Church, 2425 Sierra Blvd., literally around the corner from Campus Commons. We'll leave here at 6:15pm. Doors open at 6:30pm and the concert starts at 7:00pm.

Important Telephone Numbers

Office Hours – Monday-Friday 8:30am-5:30pm
 Saturday & Sunday 9:00am-5:00pm
 Office 916-929-3966 Fax 916-929-3627
 Barbara/Activities Office 916-929-6003
 Van/Transportation 916-468-3091
 Dining Room 916-921-5998
 Police Non-Emergency 916-264-5471
 Emergency & Fire 911
 Comcast Cable 1-800-266-2278
 AT&T 1-800-310-2355
 Paratransit 916-429-2744
 Yellow Cab 916-444-2222

Beauty Salon Jane Ma 916-223-9658
 Wednesday-Saturday
 Clean Touch Dry Cleaning 916-366-6666
 Pick-up & drop-off Monday & Thursday

Bottled Art



Artisans have been creating miniature models of fully rigged ships inside bottles for centuries. Perhaps you, too, could master this secret art on October 4, Ship in a Bottle Day. The first mention of putting objects, including ships, in bottles dates back to 1719, when the art was popularized by a German named Matthias Buchinger. What made the feat even more spectacular was that Buchinger was born without hands or legs and grew to only 29 inches tall. Despite these handicaps, Buchinger earned renown throughout Europe as an artist, magician, musician, marksman, calligrapher, and performer. From 1719, it became a common German folk art form to place objects in bottles, mainly depictions of saints. The oldest surviving ship in a bottle dates back to 1784. The three-masted Portuguese warship resides in a closed egg-shaped bottle. Ships in bottles were not only made by sailors to pass time on a long journey or to give as gifts, but historians think that many ships in bottles were created by lighthouse keepers, who had both the time and access to materials for creating these maritime models.

Campus Commons

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 Rick Comer, Housekeeping

Shawn Asberry, Karen Schaefer &
 Tom Combo/Eleila Williams,
 Evening Porters

Richard Beyerl
 Chef/General Manager, Sodexo

Christine's Comments

Happy October! I'm just amazed that we have entered the last quarter of the year. If you've thought we've had a busy year so far, it's just getting started folks. Halloween this month, Thanksgiving next month and then all the Christmas decorations come out. Whew! But, we love what we do for you and that's all that matters.

We marked the last week of September as our first annual Maintenance Appreciation Week! But, as you know, it wasn't all about maintenance, as we have an entire team here to keep the property running smoothly. The maintenance, housekeeping and porter staff were adorned with special goodies each day; favorite candy bars, cookies, gift cards to their favorite places to shop or eat. We ended the week with lunch from In and Out Burgers. We can't thank them enough, and for all of you that made it extra special for them, thank you as well!

Michelle Hylton will discuss what Medicare options are available to you for 2019. Last year's attendance was low, and we really want to have Michelle return each year, as she brings valuable information to us. If you sign up and attend, you will receive a free pie.

It looks like I need to remind everyone again about the mechanical gates. **PLEASE** be careful entering and exiting the gates. Three times in one month, individuals have hit the gate knocking it off track. This is a concern that you are either entering too fast, or your judgement has become impaired. Please be careful.

The staff will dress up again this year for Halloween and you know it's always a surprise. Last year, we were just a bunch of clowns running around with red noses and one very cool looking Dracula. This year will be just as fun. Happy fall, happy October and happy Halloween everyone!

Activities Corner by Barbara Higley

The season is beginning to take on all the vibrant colors of fall. As summer leaves us, fall will greet us!

A big thank you to our Garden Club for all of their efforts throughout the spring and summer in making our garden area such a happy and colorful one for all to enjoy. A job well done!

Feeling thrifty for those Halloween costumes? Deseret Industries Thrift Shop has everything you need and lots of what you just can't live without for your next costume at a reasonable cost. Soon to be your next treasure! Mark your calendar for **Wednesday, October 10th**, for a visit and lunch outing.

Beanbag baseball tournament games with Winding Commons have returned. Players will need to sign up in advance for **Wednesday, October 17th**, for the tournament date. Cheerleaders are always welcomed. Let's plan to bring the trophy back to our community.

Bishops Pumpkin Farm in Wheatland has been harvesting memories for guests for many years and we will create our own on **Wednesday, October 24th**, when we return to the farm. Join us to pick your favorite pumpkin, take a train ride through the grounds, take a spin on the carousel, or visit with the farm animals in the petting zoo. Oh, and we can't forget those hot, homemade chocolate chip cookies. So yummy!

We will end the month with a Halloween Carnival with your staff on **Wednesday, October 31st**. Residents will have an afternoon of fun-filled games such as ping pong water toss, witch hat toss, dime toss, pumpkin carving, a resident Halloween costume contest and much more. Prizes will be awarded to three of the most creative costumes.



October Birthdays

In astrology, Libras are those born between October 1–22. Libras, symbolized by the scales, strive for balance, avoid conflict, and desire fairness for everyone. To achieve this, they are sociable, strategic, charming, and diplomatic. Those born between October 23–31 are Scorpios. Scorpios are passionate and deep, qualities that help them counsel others in meaningful ways. Resourceful and determined, Scorpios make good managers.

- Shirley Moore, October 1st
- Tim Neff, October 2nd
- Claire Quinlan, October 3rd
- Mel Holland, October 4th
- Leila Gardner, October 5th
- Adele Davis, October 11th
- Anna Correa, October 14th
- Frank Palmer, October 14th
- Nancy Millin, October 25th
- Boo Hartzell, October 27th
- EB Long, October 27th
- Nina Lyon, October 30th

Marketing Minutes by Natasha McCrimmon

I want to thank everyone for their wonderful support for our Bingo Bonanza Extravaganza fundraiser for Shriners Hospitals for Children. I'm proud to announce that with our group effort, we raised \$2,010.00. I also want to announce that Campus Commons added an additional amount of \$8,000. That brings our grand total for the past six years to \$10,011! Thank you for a fun afternoon and giving to a fabulous organization.

We have three apartments available. If you know someone who you'd want to be your neighbor, have them give me a call. Friends make the best neighbors!



October's Featured Resident by Shirley Reimer

Gloria Soto's childhood was lonely. As an only child, living in Chicago, Gloria spent her early years at home with her Italian parents – whom Gloria cannot remember as ever having had a discussion with one another. Both parents worked full-time. Her school friends were never welcome in their home.



The only family activity Gloria can recall in those early years in Chicago, were the weekly streetcar trips to their family plot in the local Victory Garden – to cultivate their own little plot, harvest the crops, and take them back home on the streetcar.

Starting at age 13, Gloria's social life picked up when she and her mother moved to South San Francisco. During her high school years there, she found that she loved to dance! In fact, Gloria teamed up with a girlfriend, and together they performed dance routines for school assemblies throughout their high school years.

But here, dear reader, begins the absolute best story of Gloria's life:

When she was 15 years old, Gloria and a high school girlfriend went on a double-blind date – to a drive-in movie. In the car, Gloria happened to mention her age: 15. Immediately, her blind date exclaimed, "We're going home! I don't want any jail-bait in my car!" (Gloria's blind date was six years older–age 21.) He took Gloria home immediately.

Two years passed. Then one day in a local "creamery" – a popular place for young people to gather to drink Cokes and smoke cigarettes ("it was like a drugstore," Gloria explains) – some fellows congregated to the area where the girls were sitting. (It was learned later that one of those fellows had asked, "who's that girl over there?" Answer: Her name is "Gloria.") So the guy called out with a flip remark: "Hey Gloria, when are we going out?"

Gloria, deciding to act just as much the smart-aleck, shot back with: "OK, what about Friday at 7 p.m.?"

For the next six months or so, Gloria and her new friend Bob – the failed blind date of two years earlier – played hide-and-seek with her mother, with Bob parking his car at agreed upon locations where Gloria would know where to meet him. One day, Bob announced, "I have a surprise for you." It was an engagement ring! Gloria could not let her mother see it, so she wore it around her neck for three months and hid it under her pillow at night. There was no way that Gloria could introduce Bob to her mother, who strongly disapproved of the match. Reason: Bob was not Italian!

One day, upon Bob's return from the U.S. Army, Gloria invited him to her home to watch TV – and to meet her mother. The couple set themselves down in the living room, waiting for Gloria's mother to emerge from the bedroom to meet Bob. They waited. And they waited. Gloria's mother never did emerge.

Just one year after that call-out joke at the creamery – "Hey Gloria, when are we going out?" – Gloria and Bob were married – "The best day of my life," Gloria recalls. "God was on my shoulder." The marriage, blessed with three children, went on joyfully for the rest of her husband's life – for 55 years.

Gloria recalls that late in the marriage, when the couple moved to the mountains, Bob taught city-girl Gloria what living in the country was like. For the first time in Gloria's life, there was a garden. There were deer everywhere. Gloria saw her first turtle of a lifetime. There was a pond, with fish. Gloria bought food for the deer and fed them daily. She gave a name to every deer.

"These were my happiest days," she says. "My husband did all this for me – he taught me so much!"

Gloria and her cat Coco have been residents of Campus Commons since April 2016.