

SUN	MON	TUE	WED	THUR	FRI	SAT	
Independent Living Calendar Art of Living WellSM	9:30 Walmart Trip (LOB) 11:05 Balance Class (FC) 1:15 Yoga (FC) 1:15 Monday Outing: Mini Golfing (BUS) 1:30 Monday Wii Bowling (GL) 2:00 Live Music (Mt. V) 2:00 CANCELLED Art Class (STUD) 3:15 Mini Golf Second Group (BUS) 4:30 Book Club (GL) 7:00 Card Games (GL) 1	9:30 Walking Club: Outside (LOB) 11:05 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 2:00 Bingo (Mt. V) 3:00 Farkle (Mt. V) 4:00 Wine Club (FR) 4:00 Quilt/Crochet Club (GR) 6:45 Tuesday Tunes: Mormon Blues Brothers (SUM) 2	11:00 LDS Service 1:30 Balance Class (FC) 2:00 Ceramics/Pottery Class (STUD) 2:00 Therapy Animal Visit (GR) 2:00 FLU SHOT CLINIC (Lobby/ Main Library) 4:00 Bean Bag Baseball (SUM) 7:00 Kean's Movie- Lives of the Prophets (FR) 7:00 Bridge and Pinochle (GL) 3	11:05 Strength training(Advanced) (FC) 1:30 Wii Bowling Team (GL) 2:30 NEW RESIDENT ORIENTATION (SUM) 3:30 Blood Pressure Checks (Summit Room Lobby) 5:30 Oktoberfest Dinner 7:00 Oktoberfest Musical Performance (SUM) 4	10:00 Smith's Shopping Trip (BUS) 10:30 Menu Talk/ Food Forum (BIS) 11:00 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 12:15 Restaurant Trip: Blue Lemon (LOB) 1:00 History with Kids (LIB) 2:00 Mary Ellen Arbon Memorial (SUM) 2:45 Scrabble (GL) 3:30 Balloon Volleyball (SUM) 7:00 Movie Night (Chan 6) 5	11:05 Strength Training (FC) 1:00 Music of the Past (Mt. V) 1:00 The District Trip (BUS) 2:00 Bingo is called by Doug C. (Mt. V) 3:00 Potting Wheel Demonstration (STUD) 3:00 Scenic Drive (LOB) 3:00 Games with Friends (Mt. V) 4:30 Walking Club- Inside (LOB) 6:00 LDS Women's Conference (FR) 7:00 In-Apt. Movie (Chan 6) 6	
	9:00 Church Transportation (LOB) 10:00 LDS Conference (SUM) 2:00 LDS Conference (SUM) 2:00 Bingo called by Harri (Mt. V) 3:00 Farkle (Mountain View Neighborhood) 7:00 Blue Planet (Chan 6) 7	Columbus Day 9:30 Walmart Trip (LOB) 11:05 Balance Class (FC) 1:15 Yoga (FC) 1:15 Outing: Gardner's Village (BUS) 1:30 Monday Wii Bowling (GL) 2:00 Art Class (STUD) 4:30 Book Club (GL) 7:00 Card Games (GL) 8	9:30 Walking Club: Outside (LOB) 11:05 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 2:00 Bingo (Mt. V) 3:00 Farkle (Mt. V) 3:00 Technology Lecture (LIB) 4:00 Gentlemen's Club (GL) 4:00 Quilt/Crochet Club (GR) 6:45 Tuesday Tunes: Don Bennion (SUM) 9	11:00 LDS Service 1:00 LDS Temple Trip (LOB) 1:30 Balance Class (FC) 2:00 Ceramics/Pottery Class (STUD) 3:00 Medicare Seminar (GR) 4:00 Bean Bag Baseball (SUM) 7:00 Kean's Movie- Lives of the Prophets (FR) 7:00 Bridge and Pinochle (GL) 10	11:05 Strength training(Advanced) (FC) 1:30 Wii Bowling Team (GL) 1:30 Resident Art Show (SUM) 4:30 Crafting: Friendly Freddy (GR) 7:00 Bingo Night (Mt. V) 11	10:00 Smith's Shopping Trip (BUS) 10:30 Menu Talk/ Food Forum (BIS) 11:00 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 12:15 Restaurant Trip: Buffalo Wild Wings (LOB) 2:45 Rummikub (GL) 3:30 Balloon Volleyball (SUM) 6:30 Riverton School Football Game (BUS) 7:00 Movie Night (Chan 6) 12	11:05 Strength Training (FC) 1:00 Music of the Past (Mt. V) 1:00 The District Trip (BUS) 2:00 Bingo Called by Bobbie (Mt. V) 3:00 Potting Wheel Demonstration (STUD) 3:00 Scenic Drive (LOB) 3:00 Games with Friends (Mt. V) 4:30 Walking Club- Inside (LOB) 7:00 In-Apt. Movie (Chan 6) 13
	9:00 Church Transportation (LOB) 10:00 LDS Service (SUM) 2:00 Bingo Called by Carol S. (Mt. V) 3:00 Farkle (Mountain View Neighborhood) 7:00 Planet Earth II (Chan 6) 14	9:30 Walmart Trip (LOB) 11:05 Balance Class (FC) 1:15 Yoga (FC) 1:30 Monday Wii Bowling (GL) 2:00 Art Class (STUD) 4:30 Book Club (GL) 6:30 Hale Center Theater: Pimpernel (BUS) 7:00 Card Games (GL) 15	9:30 Walking Club: Outside (LOB) 11:00 Sagewood Election Day (LOB) 11:05 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 2:00 Bingo (Mt. V) 3:00 Farkle (Mt. V) 4:00 Evening Dinner Out (BUS) 4:00 Quilt/Crochet Club (GR) 6:45 Tuesday Tunes: Dave Fairbanks (SUM) 16	11:00 LDS Service 1:00 LDS Temple Outing (LOB) 1:30 Balance Class (FC) 2:00 Ceramics/Pottery Class (STUD) 3:00 Health Talk: Cognition (GR) 4:00 Bean Bag Baseball (SUM) 7:00 Kean's Movie- Lives of the Prophets (FR) 7:00 Bridge and Pinochle (GL) 17	11:00 Grief and Loss Therapy (FR) 1:30 Wii Bowling Team (GL) 2:30 Veterans Honor Flight Seminar (SUM) 3:30 Social Hour: Photo Memories (SUM) 7:00 Education Night: County Candidates (SUM) 18	10:00 Smith's Shopping Trip (BUS) 10:30 Menu Talk/ Food Forum (BIS) 11:00 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 12:15 Restaurant Trip: Serving Time Cafe (LOB) 2:45 Scrabble (GL) 3:30 Balloon Volleyball (SUM) 7:00 Movie Night (Chan 6) 19	11:05 Strength Training (FC) 1:00 Music of the Past (Mt. V) 1:00 The District Trip (BUS) 2:00 Bingo called by Harri Dickson (Mt. V) 3:00 Potting Wheel Demonstration (STUD) 3:00 Scenic Drive (LOB) 3:00 Games with Friends (Mt. V) 4:30 Walking Club- Inside (LOB) 7:00 In-Apt. Movie (Chan 6) 20
	9:00 Church Transportation (LOB) 10:00 LDS Service (SUM) 2:00 Bingo Called by Harri (Mt. V) 3:00 Farkle (Mountain View Neighborhood) 7:00 Blue Planet (Chan 6) 21	9:30 Walmart Trip (LOB) 11:05 Balance Class (FC) 1:15 Yoga (FC) 1:30 Monday Wii Bowling (GL) 1:30 AL/IL OUTING: MOVIE: (BUS) 2:00 Art Class (STUD) 7:00 Card Games (GL) 22	9:30 Walking Club: Outside (LOB) 11:05 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 2:00 Bingo (Mt. V) 3:00 Farkle (Mt. V) 3:00 Wheel chair Fix-it (IC) 3:00 Technology Lecture (LIB) 4:00 Quilt/Crochet Club (GR) 6:45 Tuesday Tunes: Mixed Nuts (SUM) 23	11:00 LDS Service 1:30 Balance Class (FC) 2:00 Ceramics/Pottery Class (STUD) 3:00 Ted Talks: Why do we Sleep? (GR) 4:00 Bean Bag Baseball (SUM) 7:00 Kean's Movie- Lives of the Prophets (FR) 7:00 Bridge and Pinochle (GL) 24	11:05 Strength training(Advanced) (FC) 1:30 Wii Bowling Team (GL) 2:00 Activity Ideas (SUM) 2:30 TOWN HALL MEETING (SUM) 3:30 Social Hour (SUM) 4:30 Crafting: Pumpkin Mosaic Art (GR) 7:00 Musical Performance (SUM) 25	8:30 Utah Symphony: Finishing Touches (LOB) 10:00 Smith's Shopping Trip (BUS) 10:30 Menu Talk/ Food Forum (BIS) 11:00 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 2:45 Rummikub (GL) 3:30 Balloon Volleyball (SUM) 5:00 RSVP Only Birthday Dinner (FD) 7:00 Movie Night (Chan 6) 26	11:05 Strength Training (FC) 1:00 Music of the Past (Mt. V) 1:00 The District Trip (BUS) 2:00 Bingo Called by Bibhor (Mt. V) 3:00 Potting Wheel Demonstration (STUD) 3:00 Scenic Drive (LOB) 3:00 Games with Friends (Mt. V) 4:30 Walking Club- Inside (LOB) 7:00 In-Apt. Movie (Chan 6) 27
9:00 Church Transportation (LOB) 10:00 LDS Service (SUM) 2:00 Bingo Called by Harri (Mt. V) 3:00 Farkle (Mountain View Neighborhood) 7:00 Blue Planet (Chan 6) 28	9:30 Walmart Trip (LOB) 11:05 Balance Class (FC) 1:15 Yoga (FC) 2:00 Help with Halloween Deco (LOB) 3:30 HALLOWEEN CARNIVAL FOR GRANDKIDS (Lobby, Bistro, Courtyard) 7:00 Card Games (GL) 29	9:30 Walking Club: Outside (LOB) 11:05 Color Me Calm (Mt. V) 11:15 Aquarobics (POOL) 2:00 Bingo (Mt. V) 3:00 Farkle (Mt. V) 4:00 Quilt/Crochet Club (GR) 6:45 Tuesday Tunes: Reminiscing with Lynda (SUM) 30	Halloween 9:00 D.I. Giveaway (LOB) 11:00 LDS Service 1:30 Balance Class (FC) 2:00 Ceramics/Pottery Class (STUD) 3:00 Ted Talks: Zombie roaches & parasite tales (GR) 4:00 Bean Bag Baseball (SUM) 4:30 TRICK-OR-TREAT CANDY GIVING (LOB) 7:00 Bridge and Pinochle (GL) 31		ROOM KEY GR - Activity Room (Great Room) STUD - Art Studio BIS - Bistro BUS - Bus Pick-up Chan 6 - Channel 6 FR - Family Room FD - Fine Dining FC - Fitness Center GL - Game Loft	GR - Great Room IC - Internet Cafe LIB - Library LOB - Lobby LIB - Main Library LOB - Main Lobby BUS - Meet in the Lobby (Bus) Mt. V - Mountain View POOL - Pool SUM - Summit Room	

October 2018

Bold activities: Transportation activities, CAPITALIZED: Special events