

October 2018
In The Moment – Memory Support

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 9:30 Coffee & Chat 10:00 Country Ride 10:00 PE Fitness Fun 10:15 Sing-a-long 2:00 Manicures 3:30 Coloring Club 6:30 Music Appreciation	1 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:30 Kitchen Creation 2:00 Sing-a-long 3:00 Fairy Tale Acres Visit 6:30 Movie Matinee	2 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:30 Kitchen Creation 2:00 Sing-a-long 3:00 Fairy Tale Acres Visit 6:30 Movie Matinee	3 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:30 Sing-a-long 2:00 Music with Jerry & Duane [AR] 3:30 Puzzle Group 6:30 Classic TV Hour	4 9:30 Coffee & Chat 10:00 PE Ball Toss 10:30 AE Make a Masterpiece 2:00 Sing-a-long 3:30 Busy Hands 6:30 Music Appreciation	5 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Friday Fitness 10:15 Sing-a-long 2:00 CC Community Service Project 3:30 LL Happy Hour 6:30 Hand Massages	6 9:30 Coffee & Chat 10:00 PE Fitness Fun 10:30 Sing-a-long 2:00 LL Puzzles & Games 3:30 Hand Massages 6:30 Saturday Matinee
7 10:00 PE Sunday Stretch 10:15 SS Hymn Sing 2:00 Sundaes on Sunday 3:30 Busy Hands 6:30 Classic TV Hour	Columbus Day 8 9:30 Columbus Day Chat 10:00 Country Ride 10:00 PE Fitness Fun 10:15 Sing-a-long 2:00 Manicures 3:30 Columbus Day Mocktails 6:30 Music Appreciation	9 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:30 Kitchen Creation 2:00 Sing-a-long 3:30 Busy Hands 6:30 Movie Matinee	10 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:30 Sing-a-long 2:00 Oktober Fest 3:30 Puzzle Group 6:30 Classic TV Hour	11 9:30 Coffee & Chat 10:00 PE Ball Toss 10:30 AE Make a Masterpiece 2:00 Sing-a-long 3:30 Busy Hands 6:30 Music Appreciation	12 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Friday Fitness 10:15 Sing-a-long 2:00 CC Book Club 3:30 LL Happy Hour 6:30 Hand Massages	13 9:30 Coffee & Chat 10:00 PE Fitness Fun 10:30 Sing-a-long 2:00 LL Puzzles & Games 3:30 Hand Massages 6:30 Saturday Matinee
Happy Birthday Norma S. 14 10:00 PE Sunday Stretch 10:15 SS Hymn Sing 2:00 Sundaes on Sunday 3:30 Busy Hands 6:30 Classic TV Hour	15 9:30 Coffee & Chat 10:00 PE Fitness Fun 10:15 Sing-a-long 2:00 Manicures 3:00 Painting Pumpkins 6:30 Music Appreciation	Happy Birthday Gloria F. 16 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:30 Making The Birthday Cake 2:00 Birthday Party 3:30 Busy Hands 6:30 Movie Matinee	17 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:30 Sing-a-long 2:00 Zumba Gold with Bonnie 3:30 Puzzle Group 6:30 Classic TV Hour	18 9:30 Coffee & Chat 10:00 PE Ball Toss 10:30 AE Make a Masterpiece 2:00 Music with Lauren K. 3:30 Busy Hands 6:30 Music Appreciation	19 9:30 Coffee & Chat 10:00 CC Country Ride 10:00 PE Friday Fitness 10:15 Sing-a-long 2:00 CC Book Club 3:30 LL Happy Hour 6:30 Hand Massages	20 9:30 Coffee & Chat 10:00 PE Fitness Fun 10:30 Sing-a-long 2:00 Halloween Party 6:30 Saturday Matinee
21 10:00 PE Sunday Stretch 10:15 SS Hymn Sing 2:00 Sundaes on Sunday 3:30 Busy Hands 6:30 Classic TV Hour	22 9:30 Coffee & Chat 10:00 Country Ride 10:00 PE Fitness Fun 10:15 Sing-a-long 2:00 Manicures 3:30 Coloring Club 6:30 Trick or Treat	23 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:30 Kitchen Creation 2:00 Sing-a-long 3:30 Busy Hands 6:30 Movie Matinee	24 9:30 Coffee & Chat 10:00 PE Warm Up Exercises 10:30 Sing-a-long 2:00 Memory Games 3:30 Puzzle Group 6:30 Classic TV Hour	25 9:30 Coffee & Chat 10:00 PE Ball Toss 10:30 AE Make a Masterpiece 2:00 Sing-a-long 3:30 Busy Hands 6:30 Music Appreciation	National Pumpkin Day 26 9:30 Coffee & Chat 10:00 PE Friday Fitness 10:15 Sing-a-long 2:00 CC Book Club 2:00 Pumpkin Palooza 3:30 LL Happy Hour 6:30 Hand Massages	27 9:30 Coffee & Chat 10:00 PE Fitness Fun 10:30 Sing-a-long 2:00 LL Puzzles & Games 3:30 Hand Massages 6:30 Saturday Matinee
28 10:00 PE Sunday Stretch 10:15 SS Hymn Sing 2:00 Sundaes on Sunday 3:30 Busy Hands 6:30 Classic TV Hour	29 9:30 Coffee & Chat 10:00 Country Ride 10:00 PE Fitness Fun 10:15 Sing-a-long 2:00 Manicures 3:30 Coloring Club 6:30 Music Appreciation	30 9:30 Coffee & Chat 10:00 PE Balloon Volley 10:30 Kitchen Creation 2:00 Sing-a-long 3:30 Busy Hands 6:30 Movie Matinee	Halloween 31 9:30 Spooky Chat 10:00 PE Warm Up Exercises 10:30 Sing-a-long 2:00 Halloween Hop with Tom S. 3:30 Puzzle Group 6:30 Classic TV Hour	2321 Freedom Way York, PA 17402 717-741-9919 AE Artistic Expression CC Community Connections LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support		

Healthy Snacks & Hydration offered throughout each day!