

October 2018
In The Moment – Memory Support



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ Jessica 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Friends w/ Paws 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
11:00 CC Sing Along 1:00 CC Talk and Toss 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	Columbus Day 8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ Diane 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Friends w/ Paws 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:00 LL Music w/ Don Kay 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
11:00 CC Sing Along 1:00 CC Talk and Toss 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 2:00 LL Book Club w/ Jessica 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Friends w/ Paws 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 1:00 CE Taste And Tell w/ Brandi 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
11:00 CC Sing Along 1:00 CC Talk and Toss 2:30 PE Silver Sneakers (Walking Club) 3:00 SS Church Services 6:00 CC Book Club	8:30 CC Morning Social 10:00 CC Talk and Toss 11:00 CC Movie and Popcorn 1:30 AE Arts and Crafts 2:30 PE Silver Sneakers (Walking Club) 2:30 AE Sing Along w/ Joe 3:00 LL Busy Bees 6:00 CE Book Club	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 1:00 CE Coloring Creations 1:00 Creative Kitchen w/ Brandi 2:00 LL Book Club w/ Diane 3:00 AE Sing Along 6:00 LL Hot Coco or Tea Club	8:30 CC Morning Social 10:00 CC Bowling w/ Friends 11:00 LL Manicures 2:30 PE Silver Sneakers (Walking Club) 3:00 CC Friends w/ Paws 3:30 CC Busy Hands 5:00 LL Movie w/ Popcorn	8:30 CC Morning Social 10:00 LL Hand Massages w/ Lotion 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 PE Talk and Toss 6:00 CC Book Club	8:30 CC Morning Social 10:00 CE Current Events 10:30 CC Get To know Me 11:00 CC Sing Along 2:00 AE Music Happy Hour w/ Joe 3:00 PE Talk and Toss 3:30 LL Busy Hands 6:00 CC Movie W/ Friends	11:00 LL Beauty Parlor (Hair & Nails) 11:00 CC Sing Along 2:30 PE Silver Sneakers (Walking Club) 3:30 LL Busy Hands 5:00 LL Movie w/ Popcorn 6:00 CC Book Club
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			AE Artistic Expression CC Community Connections CE Continuing Education LL Lifestyle & Leisure PE Physical Engagement SS Spiritual Support			Healthy Snacks & Hydration offered throughout each day!