

# October 2018

## Assisted Living Lifestyle & Leisure



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	9:30 PE Sit & Be Fit [AR] 1 10:00 PE Strength & Balance 10:30 LL Let's Create! (Stuffed Caramel Apples) 2:00 PE Water Aerobics [PL] 3:30 AE Fall Craft [AR] 6:00 LL Movie & Popcorn	9:30 PE Sit & Be Fit 2 10:00 AE Busy Hands Club [AR] 10:00 LL Men's Coffee [AL Lib] 10:30 CE Current Events [AR] 2:00 SS Lutheran Communion Service 2:30 LL Lost & Found Pick-up [AR] 3:30 LL Trivia & Treats 6:00 LL Nostalgic TV [AR] 7:00 CC Old Time Fiddlers [DR]	Flu Shot Clinic 3 9:30 PE Sit & Be Fit [AR] 10:30 LL Ladies Coffee [AR] 12:00 CC Sid's Pharmacy Flu Shots [AR] 2:00 LL Bingo! [AR] 3:15 AE Flower Pressing Project [AR] 4:00 CE A Color Symphony [AR] 7:30 SS Christian Fellowship [SOC]	9:30 PE Sit & Be Fit [AR] 4 10:00 CE Current Events [AR] 10:45 PE Walking Club [AR] 1:30 LL Shopping 2:00 PE Water Aerobics [PL] 3:15 LL Wine Time [AR] 5:00 LL Nostalgic Television [AR] 6:00 LL Ladies Manicures with WSU [AR]	10:00 LL Men's Coffee [AL Lib] 5 10:00 LL Wii Bowling [AL AR] 1:30 LL Brain Puzzles 3:00 SS Catholic Mass [AR] 6:00 LL Movie & Popcorn [AR]	9:30 PE Walking Club [AR] 6 10:00 CE Reading the News Paper 12:00 AE Working in the Garden 1:30 LL Bingo! [AR] 3:30 AE Art Therapy [AR] 4:30 CC Guitar Performance Ft. Sarah H. [DR] 6:00 LL Movie & Popcorn [AR]	
	10:00 SS Catholic Communion [AR] 7 10:00 LL Conversation & Connection 10:30 PE Walking Club [AL] 12:15 AE Gardening Club (Weather Permitting) 1:30 SS Christian Worship IL [SOC] 2:00 LL Wii Bowling with WSU [AR] 3:00 AE Hymn Sing 6:00 AE Wild rose Mennonites	Columbus Day 8 9:30 PE Sit & Be Fit [AR] 10:00 PE Strength & Balance 11:00 LL Oktoberfest Celebration [DR] 1:30 CC Library [AR] 2:00 PE Water Aerobics [PL] 3:30 LL Trivia & Treats [AR] 6:00 LL Movie & Popcorn	9:30 PE Sit & Be Fit 9 10:00 AE Busy Hands Club [AR] 10:00 LL Men's Coffee [AL Lib] 10:30 CE Current Events [AR] 3:30 LL Trivia & Treats 6:00 LL Nostalgic TV [AR]	9:30 PE Sit & Be Fit [AR] 10 10:30 LL Ladies Coffee [AR] 2:00 LL Bingo! [AR] 3:00 CE Alternatives to Violence [AL AR] 7:30 SS Christian Fellowship [SOC]	9:30 PE Sit & Be Fit [AR] 11 10:00 CE Current Events [AR] 10:45 PE Walking Club [AR] 1:30 LL Shopping 2:00 PE Water Aerobics [PL] 3:15 LL Wine Time [AR] 5:00 LL Nostalgic Television [AR] 6:00 LL Ladies Manicures with WSU [AR]	10:00 LL Men's Coffee [AL Lib] 12 10:00 LL Wii Bowling [AL AR] 1:30 LL Brain Puzzles 6:00 LL Movie & Popcorn [AR]	9:30 PE Walking Club [AR] 13 10:00 CE Reading the News Paper 12:00 AE Working in the Garden 1:30 LL Bingo! [AR] 3:30 AE Halloween Craft [AR] 6:00 LL Movie & Popcorn [AR]
	10:00 SS Catholic Communion [AR] 14 10:00 LL Conversation & Connection 10:30 PE Walking Club [AL] 12:15 AE Gardening Club (Weather Permitting) 1:30 SS Christian Worship IL [SOC] 2:00 LL Wii Bowling with WSU [AR]	15 9:30 PE Sit & Be Fit [AR] 10:00 PE Strength & Balance 10:30 AE Gardening Club (Weather Permitting) 2:00 PE Water Aerobics [PL] 3:30 LL Trivia & Treats [AR] 6:00 LL Movie & Popcorn	16 9:30 PE Sit & Be Fit 10:00 AE Busy Hands Club [AR] 10:00 LL Men's Coffee [AL Lib] 10:30 CE Current Events [AR] 2:00 PE Bean Bag Baseball with WSU 3:30 LL Trivia & Treats 6:00 LL Nostalgic TV [AR]	17 9:30 PE Sit & Be Fit [AR] 10:00 LL Wii Bowling [AL AR] 10:30 LL Ladies Coffee [AR] 2:00 LL Bingo! [AR] 7:30 SS Christian Fellowship [SOC]	18 9:30 PE Sit & Be Fit [AR] 10:00 CE Current Events [AR] 10:45 PE Walking Club [AR] 1:30 LL Shopping 2:00 CC Merry Minstrels [DR] 2:00 PE Water Aerobics [PL] 3:15 LL Wine Time [AR] 5:00 LL Nostalgic Television [AR] 6:00 LL Ladies Manicures with WSU [AR]	19 10:00 LL Men's Coffee [AL Lib] 10:00 LL Wii Bowling [AL AR] 1:30 LL Brain Puzzles 6:00 LL Movie & Popcorn [AR]	20 9:30 PE Walking Club [AR] 10:00 CE Reading the News Paper 12:00 AE Working in the Garden 1:30 LL Bingo! [AR] 3:30 AE Art Therapy [AR] 4:30 CC Football Tailgate Party! 6:00 LL Movie & Popcorn [AR]
	10:00 SS Catholic Communion [AR] 21 10:00 LL Conversation & Connection 10:30 PE Walking Club [AL] 12:15 AE Gardening Club (Weather Permitting) 1:30 SS Christian Worship IL [SOC] 2:00 LL Wii Bowling with WSU [AR]	22 9:30 PE Sit & Be Fit [AR] 10:00 PE Strength & Balance 10:30 AE Gardening Club (Weather Permitting) 2:00 PE Water Aerobics [PL] 3:00 LL Board Games [AL AR] 3:30 LL Trivia & Treats [AR] 6:00 LL Movie & Popcorn	23 9:30 PE Sit & Be Fit 10:00 AE Busy Hands Club [AR] 10:00 LL Men's Coffee [AL Lib] 10:30 CE Current Events [AR] 2:00 LL Resident Meeting [AR] 3:30 LL Treats & Brain Games [AR] 4:00 LL Dinner at Birch & Barley 6:00 LL Nostalgic TV [AR]	24 9:30 PE Sit & Be Fit [AR] 10:00 LL Wii Bowling [AL AR] 10:30 LL Ladies Coffee [AR] 2:00 LL Bingo! [AR] 3:15 LL AL Birthday Party [AR] 7:30 SS Christian Fellowship [SOC]	25 9:30 PE Sit & Be Fit [AR] 10:00 CE Current Events [AR] 10:45 PE Walking Club [AR] 1:30 LL Shopping 2:00 CC Cowboy Poets [DR] 5:00 LL Nostalgic Television [AR] 6:00 LL Ladies Manicures with WSU [AR]	26 10:00 LL Men's Coffee [AL Lib] 10:00 LL Wii Bowling [AL AR] 1:30 LL Brain Puzzles 6:00 LL Movie & Popcorn [AR]	27 9:30 PE Walking Club [AR] 10:00 CE Reading the News Paper 12:00 AE Working in the Garden 1:30 LL Bingo! [AR] 2:00 LL Outdoor Outing 3:30 AE Halloween Craft [AR] 6:00 LL Movie & Popcorn [AR]
	10:00 SS Catholic Communion [AR] 28 10:00 LL Conversation & Connection 10:30 PE Walking Club [AL] 12:15 AE Gardening Club (Weather Permitting) 12:30 Guitar Perfor 1:30 SS Christian Worship IL [SOC] 2:00 LL Wii Bowling with WSU [AR] 3:30 CC Guitar Performance Ft. Sarah H. [ECA]	29 9:30 PE Sit & Be Fit [AR] 10:00 PE Strength & Balance 10:30 AE Gardening Club (Weather Permitting) 2:00 PE Water Aerobics [PL] 3:30 AE Wine & Paint Social [AR] 6:00 LL Movie & Popcorn	Candy Corn Day 30 9:30 PE Sit & Be Fit 10:00 LL Men's Coffee [AL Lib] 10:00 AE Preparing Cookies for Cookie Activity [AR] 2:00 AE Decorating Cookies with WSU [AR] 6:00 LL Nostalgic TV [AR]	Halloween 31 9:00 CC Halloween Party with Building Blocks [AL AR] 6:00 LL Movie & Popcorn [AL AR] 7:30 SS Christian Fellowship [SOC]	815 SE Klemgard Pullman, WA 99163 509-334-9488		