

Weekly Menu

Oceanview



	Sun 10-21-2018	Mon 10-22-2018	Tue 10-23-2018	Wed 10-24-2018	Thu 10-25-2018	Fri 10-26-2018	Sat 10-27-2018
B R K	Hot Cereal <i>or</i> Caramel Roll Mandarin Oranges 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Egg Mushroom Scramble 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Bacon and Egg Casserole Pears 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> French Toast Bacon Applesauce 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Egg and Ham Wrap Pineapple Chunks 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Cheesy Scrambled Eggs Hash Browns Fruit Cocktail 100% Juice Whole Grain Toast	Hot Cereal <i>or</i> Pancakes Sausage Link Peaches 100% Juice Whole Grain Toast
L U N	Cucumber Pepper Salad Brown Sugar Ham <i>or</i> Roast Beef with Mustard Sauce Fresh Mashed Potatoes Sauteed Carrots Baked Roll Pear Parfait	Classic Minestrone Soup Parmesan Fish Fillets <i>or</i> Beef Barbecue Sandwich Potato Bacon Gratin Garlic Zucchini Saute Baked Roll Coconut Cake	Soup Du Jour Swedish Meatballs <i>or</i> Homestyle Turkey Best Noodles Scandinavian Veg Baked Roll Chocolate Chip Cake	Garden Vegetable Soup Herb Crusted Pork Roast <i>or</i> Deep Dish Spinach Quiche Parmesan Roasted Potatoes Seasoned Cauliflower Baked Roll Mixed Berry Crisp	Layered Fruit Salad Braised Beef Brisket <i>or</i> Chicken Marengo Garlic Pasta Capri Blend Baked Roll Maple Bread Pudding	Homemade Clam Chowder Sweet and Sour Pork <i>or</i> Baked Cod Fillet Dill New Potatoes Seasoned Broccoli Baked Roll Lime Pound Cake	Soup Du Jour Beef Burgundy <i>or</i> Bacon Wrapped Pork Tenderloin Fresh Mashed Potatoes Roasted Parmesan Brussels Sprouts Baked Roll Fruit Cobbler
D I N	Soup Du Jour Turkey Pot Pie <i>or</i> Pulled Pork Cabbage California Blend Cornbread Muffin Cowboy Cookies	Classic Minestrone Soup Manicotti/Cheese Sauce <i>or</i> Stuffed Baked Potato Marinated Green Bean Salad Brownies	Soup Du Jour Ham and Cheese Roll Ups <i>or</i> Teriyaki Chicken Sandwich Chef's Steamed Vegetable Sugar Drop Cookie	Garden Vegetable Soup Beef BBQ Sandwich <i>or</i> Tuna Sandwich Pickled Beets Tapioca Pudding	Lentil Soup Italian Sausage Poor Boy <i>or</i> Bacon Tomato Quiche Carrot Raisin Salad Peanut Butter Cookie	Homemade Clam Chowder Old Fashion Stew <i>or</i> Apricot Maple Ham Chef's Steamed Vegetable Apple Struesel Bread	Soup Du Jour Grilled 3 Cheese Sandwich <i>or</i> Turkey Enchiladas Marinated Tomatoes Cheesy Rice Soft Oatmeal Cookies
	Week 2						

Dietitian's Signature: *Diane Jagan, RDN*
6-18-2018