10 Legacies Pacifica Memory Care

October

PACIFICA SENIOR LIVING UNION CITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 **Happy Birthday Mike!** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (ML) 10:30 Sorting Stations (M) 1:00 Piano with Debbie (CS) 2:00 Table Games (S) 6:00 Classic Movie	**2** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (CS) 1:00 Table Games (SL) 2:00 Manicures (S) 6:00 Classic Movie	**3** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:30 Exercise (CLS) 2:00 Cooking Class (MS) 3:00 Music Circle (S) 6:00 Classic Movie	**4** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (SM) 1:00 Sorting stations **(SM) 2:00 Happy Hour** (S) 6:00 Classic Movie	**5** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:15 Noodle Ball (SL) 2:00 Sing Along (ML) 3:00 Sorting Stations (S) 6:00 Classic Movie	**6** RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (SL) 10:15 Sing Along (S) 2:00 Afternoon Movie Visit with Family and Friends
7 (RS) 9:30 Daily Chronicles (CSRML) 10:15 Communion (PSO) 11:00 Short Stroll (SC) 1:00 Art Fun (SM) 2:00 Sing Along Visit with Family and Friends	**8** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (ML) 10:30 Sorting Stations (M) 1:00 Piano with Debbie **(SO) 1:30 Scenic Drive** (CS) 2:00 Table Games (S) 6:00 Classic Movie	**9** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (CS) 1:00 Table Games (SL) 2:00 Manicures (S) 6:00 Classic Movie	**10** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:30 Exercise (CLS) 2:00 Cooking Class (MS) 3:00 Music Circle (S) 6:00 Classic Movie	**11** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (SM) 1:00 Sorting stations **(SM) 2:00 Happy Hour** (S) 6:00 Classic Movie	**12** **Happy Birthday Marilyn!** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:15 Noodle Ball (SL) 2:00 Sing Along (ML) 3:00 Sorting Stations (S) 6:00 Classic Movie	**13** RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (SL) 10:15 Sing Along (S) 2:00 Afternoon Movie Visit with Family and Friends
14 (RS) 9:30 Daily Chronicles (CSRML) 10:15 Communion (PSO) 11:00 Short Stroll (SC) 1:00 Art Fun (SM) 2:00 Sing Along Visit with Family and Friends	**15** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (ML) 10:30 Sorting Stations (M) 1:00 Piano with Debbie (CS) 2:00 Table Games (S) 6:00 Classic Movie	**16** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (CS) 1:00 Table Games (SL) 2:00 Manicures (S) 6:00 Classic Movie	**17** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:30 Exercise **(CLS) 1:30 Birthday Party!** (MS) 3:00 Music Circle (S) 6:00 Classic Movie	**18** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (SM) 1:00 Sorting stations **(SM) 2:00 Happy Hour** (S) 6:00 Classic Movie	**19** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:15 Noodle Ball (SL) 2:00 Sing Along (ML) 3:00 Sorting Stations (S) 6:00 Classic Movie	**20** RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (SL) 10:15 Sing Along (S) 2:00 Afternoon Movie Visit with Family and Friends
21 (RS) 9:30 Daily Chronicles (CSRML) 10:15 Communion (PSO) 11:00 Short Stroll (SC) 1:00 Art Fun (SM) 2:00 Sing Along Visit with Family and Friends	**22** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (ML) 10:30 Sorting Stations (M) 1:00 Piano with Debbie **(SO) 1:30 Scenic Drive** (CS) 2:00 Table Games (S) 6:00 Classic Movie	**23** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (CS) 1:00 Table Games (SL) 2:00 Manicures (S) 6:00 Classic Movie	**24** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:30 Exercise (CLS) 2:00 Cooking Class (MS) 3:00 Music Circle (S) 6:00 Classic Movie	**25** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (SM) 1:00 Sorting stations **(SM) 2:00 Happy Hour** (S) 6:00 Classic Movie	**26** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:15 Noodle Ball (SL) 2:00 Sing Along (ML) 3:00 Sorting Stations (S) 6:00 Classic Movie	**27** RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (SL) 10:15 Sing Along (S) 2:00 Afternoon Movie Visit with Family and Friends
28 (RS) 9:30 Daily Chronicles (CSRML) 10:15 Communion (PSO) 11:00 Short Stroll (SC) 1:00 Art Fun (SM) 2:00 Sing Along Visit with Family and Friends	**29** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (ML) 10:30 Sorting Stations (M) 1:00 Piano with Debbie (CS) 2:00 Table Games (S) 6:00 Classic Movie	**30** (RS) 9:30 Daily Chronicles (CSRML) 10:00 Rosary (CS) 1:00 Table Games (SL) 2:00 Manicures (S) 6:00 Classic Movie	**31** (RS) 9:30 Daily Chronicles (MS) 10:00 Morning Meeting (P) 10:30 Exercise (CLS) 2:00 Cooking Class (MS) 3:00 Music Circle (S) 6:00 Classic Movie			**Activities are Subject to Change** Snacks are generally served at 10:30 and 2:30 In the living room

The Daily 7 Keys: (P) - Physical (R) - Reminiscent (S) - Social © - Cognitive (M) - Music Related (L) - Life Skill (O) - Outdoor

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October

PACIFICA SENIOR LIVING
UNION CITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 Sittercise GR 10:00PO-KE-NO GR 10:30 Library Shuttle L 11:00 Shopping Shuttle L 1:00 Weight Lifting GR 3:00 Bingo GR	**2** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Giant Crossword LR 1:30 Exercise 2 Music GR 2:00 Painting GR 3:30 Giant Boggle LR	**3** 9:30 Sittercise GR 10:00 Bean Bag Toss GR 11:00 Gardening BP 1:00 Bingo GR 2:15 Manicures GR 3:30 Giant Crossword LR	**4** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Bingo GR 1:00 Blackjack LB 2:30 Cooking Fun GR 4:00 Wheel of Fortune LR	**5** 9:30 Sittercise GR 11:00 Wheel of Fortune LR 2:00 Exercise 2 Music GR 3:00 Happy Hour LR 6:00 Poker Night LIB	**6** 9:30 Sittercise GR 11:00 Trivia LR 1:00 Bingo GR 2:15 Bingo Store GR 3:30 Sing Along LR 6:00 Classic Movie TR
7 Drives to Church 9:30 Communion GR 10:45 Exercise 2 Music GR 1:00 Afternoon Movie TR 1:00 Shopping Shuttle L 2:30 Arts and Crafts GR 3:30 Poker LIB	**8** **Happy Birthday Julie!** 9:30 Sittercise GR 10:00PO-KE-NO GR 1:00 Weight Lifting GR 1:30 Scenic Drive L 3:00 Bingo GR	**9** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Giant Crossword LR 1:30 Exercise 2 Music GR **2:30 Activity Meeting GR** 3:30 Giant Boggle LR	**10** 9:30 Sittercise GR 10:00 Bean Bag Toss GR 11:00 Gardening BP 1:00 Bingo GR 2:15 Manicures GR 3:30 Giant Crossword LR	**11** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Bingo GR 1:00 Blackjack LB 2:30 Cooking Fun GR 4:00 Wheel of Fortune LR	**12** 9:30 Sittercise GR 11:00 Wheel of Fortune LR **1:30 Resident Council GR** 3:00 Happy Hour LR 6:00 Poker Night LIB	**13** 9:30 Sittercise GR 11:00 Trivia LR 1:00 Bingo GR 3:30 Sing Along LR 6:00 Classic Movie TR
14 Drives to Church 9:30 Communion GR 10:45 Exercise 2 Music GR 1:00 Afternoon Movie TR 2:30 Arts and Crafts GR 3:30 Poker LIB	**15** 9:30 Sittercise GR 10:00PO-KE-NO GR 10:30 Library Shuttle L 11:00 Shopping Shuttle L 1:00 Weight Lifting GR 3:00 Bingo GR	**16** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Giant Crossword LR 1:30 Exercise 2 Music GR 2:00 Painting GR 3:30 Giant Boggle LR	**17** 9:30 Sittercise GR 10:00 Bean Bag Toss GR 11:00 Gardening BP 1:00 Bingo GR 2:15 Manicures GR 3:30 Giant Crossword LR	**18** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Bingo GR **1:30 Town Hall Meeting GR** 3:30 Wheel of Fortune LR	**19** 9:30 Sittercise GR 11:00 Wheel of Fortune LR 2:00 Exercise 2 Music GR 3:00 Happy Hour LR 6:00 Poker Night LIB	**20** 9:30 Sittercise GR 11:00 Trivia LR 1:00 Bingo GR 2:15 Bingo Store GR 3:30 Sing Along LR 6:00 Classic Movie TR
21 Drives to Church 9:30 Communion GR 10:45 Exercise 2 Music GR 1:00 Afternoon Movie TR 1:00 Shopping Shuttle L 2:30 Arts and Crafts GR 3:30 Poker LIB	**22** 9:30 Sittercise GR 10:00PO-KE-NO GR 1:00 Weight Lifting GR 1:30 Scenic Drive L 3:00 Bingo GR	**23** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Giant Crossword LR 1:30 Exercise 2 Music GR 2:00 Painting GR 3:30 Giant Boggle LR	**24** 9:30 Sittercise GR 10:00 Bean Bag Toss GR 11:00 Gardening BP 1:00 Bingo GR 2:15 Manicures GR 3:30 Giant Crossword LR	**25** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Bingo GR 1:00 Blackjack LB 2:30 Cooking Fun GR 4:00 Wheel of Fortune LR	**26** 9:30 Sittercise GR 11:00 Wheel of Fortune LR **11:30 Birthday Party DR** 2:00 Exercise 2 Music GR 3:00 Happy Hour LR 6:00 Poker Night LIB	**27** 9:30 Sittercise GR 11:00 Trivia LR 1:00 Bingo GR 3:30 Sing Along LR 6:00 Classic Movie TR
28 Drives to Church 9:30 Communion GR 10:45 Exercise 2 Music GR 1:00 Afternoon Movie TR 2:30 Arts and Crafts GR 3:30 Poker LIB	**29** 9:30 Sittercise GR 10:00PO-KE-NO GR 10:30 Library Shuttle L 11:00 Lunch Outing New China L 1:00 Weight Lifting GR 3:00 Bingo GR	**30** 9:30 Sittercise GR 10:00 Rosary LS 10:30 Giant Crossword LR 1:30 Exercise 2 Music GR **2:30 Tea Party Social GR**	**31** 9:30 Sittercise GR 10:00 Bean Bag Toss GR 11:00 Gardening BP 1:00 Bingo GR 2:15 Manicures GR 3:30 Giant Crossword LR		**KEY** **Lobby…..L** **Library…..LIB** **Gathering Room….GR** **Living Room…..LR** **Back Patio…..BP** **Dining Room…..DR** **Legacies……..LS**	

Activities are Subject to Change