

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> ~ Today in History ~ Sit and Be Fit ~ Brain Boosters ~ Residents Lunch ~ In Room Visitations ~IN2L Su-PRIZE Bingo ~ Snacks & Hydration ~ I Love Lucy Tribute ~ Monday Night Baseball	<b>2</b> ~ Tips for the Day ~ Simply Sweet Baking ~ Canapés & Hydration ~ Residents Lunch ~ Balance Clinic ~ Fall Ice-Cream Social: <b>Apple Sundaes</b> ~ Western Movie Night (resident's choice)  Simchat Torah	<b>3</b> ~ Morning Walk ~ Today in History ~ Morning Scenic Drive ~ Morning Tunes & Snacks ~ Residents Lunch ~ Creative Corner with Shanel ~ Snacks & Hydration ~IN2L: Who, What and When ~ Musical Matinee	<b>4</b> ~ Let's Talk About It ~ Think Positive Day with <b>Tanysha</b> ~ Morning Tunes & Snacks ~ Residents Lunch ~ IN2L: Name that Tune ~ Armchair Travel ~ TGIT Happy Hour: <b>Doug and George perform            in Manor Dining Room            at 2:30 p.m.</b> ~ Socializing and Reminiscing ~ Thursday Night Sports Viewing	<b>5</b> ~ Today in History ~ Catholic Communion ~ IN2L BINGO ~ Morning Tunes & Snacks ~ Residents Lunch ~ In Room Visitations  ~ Diversity Day Fun at 2 p.m. in <b>Lodge Lifestyles            Room</b>	<b>6</b> ~ Morning Meet and Greet ~ Noodles and Balloons ~ Morning Tunes & Snacks ~ Resident's Lunch ~ Trivia/Word Games ~ Afternoon Vibes with Gail ~ Snacks and Hydration ~ Lawrence Welk Tribute on PBS
<b>7</b> ~ Daily Chronicles ~ Spiritual Sing Along Hour ~ Morning Tunes & Snacks ~ Creative Corner: Adult Coloring Circle ~ Resident's Lunch ~ In Room Visitations ~ Afternoon Walk ~ In Tune w/Program Boxes ~ Sunday Afternoon with Gail ~ 49er Golden Years Football Club <b>Rams vs 49ers</b>	<b>8</b> ~ Today in History ~ Ceramic Art in <b>Cottage Activity Room 10 a.m.</b> ~ Morning Tunes & Snacks ~ Residents Lunch ~ In Room Visitations ~IN2L Su-PRIZE Bingo ~ Snacks & Hydration ~ I Love Lucy Tribute ~ Monday Night Football  Columbus Day (US) Thanksgiving Day (Canada)	<b>9</b> ~ Tips for the Day ~ Simply Sweet Baking ~ Canapés & Hydration ~ Residents Lunch ~ Balance Clinic ~ Fall Ice-Cream Social: <b>"Pumpkin Shakes"</b> ~ Western Movie Night (resident's choice)	<b>10</b> ~ Morning Walk ~ Today in History ~ Ladies Luncheon in Cottage Activity Room 11:15 a.m. (Please sign up with Rosa) ~ Morning Tunes & Snacks ~ Residents Lunch ~ Afternoon Creative Corner Fall Wreaths ~ Snacks & Hydration ~IN2L: Who, What and When ~ Musical Matinee	<b>Happy Birthday Audrey 11</b> ~ Morning Charades ~ Creative Easel Painting ~ Morning Tunes & Snacks ~ Residents Lunch ~ IN2L: Name that Tune ~ Armchair Travel ~ TGIT Happy Hour: <b>The Little Trouble Band performs            in Manor Dining Room            at 2:30 p.m.</b> ~ Socializing and Reminiscing ~ Thursday Night Sports Viewing	<b>12</b> ~ Today in History ~ Morning Tunes & Snacks ~ Catholic Communion ~ IN2L: Show me the Country ~ Residents Lunch ~ In Room Visitations ~ IN2L: Travel Documentary ~ IN2L BINGO ~ Snacks & Hydration ~ Friday Night Matinee	<b>13</b>  ~ Flower Planting with our Girl Scouts Club at 10 a.m. in Lodge and Villa Courtyards  ~ Resident's Lunch ~ Trivia/Word Games ~ Afternoon Vibes with Shanel ~ Snacks and Hydration ~ Lawrence Welk Tribute on PBS
<b>14</b> ~ Daily Chronicles ~ Spiritual Sing Along Hour ~ Morning Tunes & Snacks ~ Creative Corner: Adult Coloring Circle ~ Resident's Lunch ~ In Room Visitations ~ Afternoon Walk ~ In Tune w/Program Boxes ~ Afternoon Football Viewing <b>Rams vs Broncos</b> ~ Sunday Afternoon with Gail	<b>15</b> ~ Today in History ~ Did you Know? ~ Morning Tunes & Snacks ~ Residents Lunch ~ Neighborhood <b>B-Day Celebration w/Marvin in            Lodge Dining Room at 2:30 p.m.</b> ~ Snacks & Hydration ~ I Love Lucy Tribute ~ 49er Golden Years Football Club <b>49ers vs Packers</b>	<b>16</b> ~ Tips for the Day ~ Daily Chronicles ~ Canapés & Hydration ~ Lend a Heart Visits in the Villa at 10 a.m. ~ Residents Lunch ~ Movie with a Menu at 2 p.m. in Cottage Activity Room ~ Western Movie Night (resident's choice)	 <b>17</b> <b>outing at 10:30 a.m.</b> (Families please sign up with Rosa) ~ Sentimental Sing Along ~ Canapés & Hydration ~ Residents Lunch ~ Afternoon Vibes with Shanel ~ Canapés & Hydration ~ Retro Movie Night ~ Adventurous Eaters Club in Manor Activity Room at 4:15 p.m. (Please sign-up with Rosa)	<b>Happy Birthday Charlene 18</b> ~ Morning Charades ~ Creative Easel Painting ~ Morning Tunes & Snacks ~ Residents Lunch ~ IN2L: Name that Tune ~ Armchair Travel ~ TGIT Happy Hour: <b>Marcus and Maggi perform            in Manor Dining Room            at 2:30 p.m.</b> ~ Socializing and Reminiscing ~ Thursday Night Sports Viewing	<b>Happy Birthday Hazel 19</b> ~ Today in History ~ Fall Easel Painting ~ Catholic Communion ~ Morning Tunes & Snacks ~ Residents Lunch ~ In Room Visitations ~ IN2L: Travel Documentary ~ Snacks & Hydration ~ IN2L BINGO ~ Friday Night Matinee	<b>20</b> ~ Morning Meet and Greet ~ Noodles and Balloons ~ Morning Tunes & Snacks ~ Resident's Lunch ~ Trivia/Word Games ~ Afternoon Vibes with Shanel ~ Snacks and Hydration ~ Lawrence Welk Tribute on PBS
<b>21</b> ~ Daily Chronicles ~ Spiritual Sing Along Hour ~ Morning Tunes & Snacks ~ Creative Corner: Adult Coloring Circle ~ Resident's Lunch ~ In Room Visitations ~ Afternoon Walk ~ In Tune w/Program Boxes ~ Sunday Afternoon with Gail ~ 49er Golden Years Football Club <b>Rams vs 49ers</b>	<b>22</b> ~ Today in History ~ Spiritual Hour at 10:30 a.m. in Cottage Activity Room ~ Residents Lunch ~ In Room Visitations ~IN2L Su-PRIZE Bingo ~ Snacks & Hydration ~ I Love Lucy Tribute ~ Monday Night Baseball	<b>23</b> ~ Tips for the Day ~ Daily Chronicles ~ Canapés & Hydration ~ Simply Sweet Baking ~ Residents Lunch ~ Tunes Tuesday <b>Jim Elsaas performs in            Lodge Dining Room            at 2:30 p.m.</b> ~ Western Movie Night (resident's choice)	<b>Happy Birthday Ruth 24</b> ~ Today in History ~ IN2L: I Remember When ~ Morning Sit and Be Fit ~ Brain Joggers ~ Residents Lunch ~ Adult Coloring ~ Puzzles and Ponderings ~ Snacks & Hydration ~ Westside Story Premiere Day Tribute	<b>25</b> ~ Morning Charades ~ Zumba Gold ~ Morning Tunes & Snacks ~ Residents Lunch ~ IN2L: Name that Tune ~ IN2L: World Tourism Day ~ TGIT Happy Hour in Manor Dining Room at 2:30 p.m. ~ Socializing and Reminiscing ~ Thursday Night Sports Viewing	<b>26</b> ~ Today in History ~ Massage Therapy with Amanda ~ Ladies Beautification Hour ~ Morning Tunes & Snacks ~ Catholic Communion ~ Residents Lunch ~ In Room Visitations  ~ Murder Suspect Mystery Dinner in Manor Dining Room at 5 p.m.	<b>27</b> ~ Morning Meet and Greet ~ Balloon Volleyball ~ Morning Tunes & Snacks ~ Resident's Lunch ~ Trivia/Word Games ~ Afternoon Vibes with Shanel ~ Snacks and Hydration ~ Lawrence Welk Tribute on PBS
<b>Happy Birthday Sammi 28</b> ~ Daily Chronicles ~ Spiritual Sing Along Hour ~ Morning Tunes & Snacks ~ Creative Corner: Adult Coloring Circle ~ Resident's Lunch ~ In Room Visitations ~ In Tune w/Program Boxes ~ Sunday Afternoon with Gail ~ 49er Golden Years Football Club <b>49ers vs Cardinals</b>	<b>29</b> ~ Today in History ~ Sunrise Mimosas and <b>Karaoke Hour 10 a.m.</b> ~ Did you Know? ~ Morning Tunes & Snacks ~ Residents Lunch ~ Musical Monday <b>Linda Herring performs            in Lodge Dining Room            at 2:30 p.m.</b> ~ Snacks & Hydration ~ I Love Lucy Tribute ~ Monday Night Sports	<b>30</b> ~ Tips for the Day ~ Simply Sweet Baking ~ Canapés & Hydration ~ Residents Lunch ~ Balance Clinic ~ Fall Ice-Cream Social: <b>Caramel Vanilla Shakes</b> ~ Western Movie Night (resident's choice)	<b>Happy Birthday Opal 31</b> <b>Wear a Halloween Costume</b> ~ Morning Matinee "Hocus Pocus" ~ Halloween Luncheon ~ Pumpkin Carving ~ Canapés & Hydration ~ Halloween Social  ~ Trick or Treat the Halls of Meadow Oaks at 5:30-7 p.m.	 <h1 style="text-align: center;">October 2018</h1> <h2 style="text-align: center;">Compass Rose of Meadow Oaks</h2>		