September 2018						<b>PACIFICA</b> SENIOR LIVING WOODMONT
Sunday 🖉	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> MORNING ROUTINE (L) Encourage a Friend (LS) Manicures (LR) Face Pampering (LS) Tea Making (C) Remembering Love (S) Sit & Be Fit (PS) Walking Group (OP) EVENING ROUTINE (L)		PLEASE NOTE THAT SCHEDULED ACTIVITIES ARE SUBJECT TO CHANGE WITHOUT NOTICE AL LIC #99	MORNING ROUTINE (L) 7:00-11:00 Morning ADL & Breakfast Morning Exercise Morning Snack Daily Chronicles Morning Nail Care Morning Games Morning Group Activities	EVENING ROUTINE (L) 5:00-8:00 Dinner Word Games Relaxing Music Reminiscing Evening Foot Soak / Nail Care Evening Movie Evening Snack		<b>1</b> MORNING ROUTINE (L) Group Puzzles (C) Stretch with Me (PS) Listening to Old Tunes (M) Popcorn Making (RL) Group Walk (O) What Doesn't Belong? Bird Feeder Craft (CLR) EVENING ROUTINE (L)
<b>2</b> MORNING ROUTINE (L)	<b>3 MORNING ROUTINE (L)</b>	<b>4 MORNING ROUTINE (L)</b>	<b>5</b> MORNING ROUTINE (L)	6 MORNING ROUTINE (L)	<b>7 MORNING ROUTINE (L)</b>	<b>8</b> MORNING ROUTINE (L)
Pet Therapy (LS)	Chair Exercise (P)	Ball Toss (P)	Random Trivia (C)	Sensory Board (C)	Magazine Viewing (L)	Musical Ball Toss (MP)
Walking Group (OP)	Fresh Air Outing (O)	Backyard Outing (O)	Sit & Be Fit (P)	Painting (L)	Courtyard Exploring (O)	Bean Bag Game (R)
Spiritual Inspirations (S)	Gratitude Garland (C)	Leaf Door Décor (L)	Fill in the Blank Singing (M)	Fill in the Blank Singing (MC	Name That Tune (MR)	Touch & Feel Fabrics (CR)
Hymns Sing-a-longs (M)	Knitting (RL)	Sing an Old Tune (M)	Snack Social (S)	Bird Watching (O)	Beading Circle (CL)	Painting (L)
Classic Movie Showing (R)	Group Singing (M)	Floor Puzzles (CR)	Newspaper Reading (CR)	Stretch With Me (PS)	Manicures (SL)	Walk & Talk (SP)
Bird Watching (O)	Word Games (CL)	Knitting (RL)	Cheese Pizza Party (SL)	Afternoon Prayer (S)	Bird Watching (O)	Music & Memory (MR)
Beach Ball Kick Ball (P)	Puzzles with Friends (SC)	Bible Word Search (CS)	MUSIC WITH DAVID (SM)	Making Lemonade (R)	MUSIC WITH MR.TRIPP(M)	Fresh Air Outing (O)
EVENING ROUTINE (L)	EVENING ROUTINE (L)	<b>EVENING ROUTINE (L)</b>	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)
<b>9</b> MORNING ROUTINE (L)	<b>10</b>	<b>11</b> MORNING ROUTINE (L)	<b>12</b> <sup>MORNING ROUTINE (L)</sup>	<b>13</b> MORNING ROUTINE (L)	<b>14 MORNING ROUTINE (L)</b>	<b>15</b> MORNING ROUTINE (L)
Group Trivia (CR)	Indoor Gardening (CS)	Courtyard Picnic (OS)	Silly Hat Game (SL)	Sittercise (P)	Cupcake Making (RLC)	Newspaper Reading (C)
Word Games (LC)	Memory Sheets (RC)	Musical Ball Toss (PM)	Puzzles with Friends (C)	Table Bowling (CR)	Backyard Walk (OP)	Walking & Singing (PM)
Table Settling (LR)	Stretching Game (P)	Puzzles with Friends (SC)	Bird Watching (O)	Walk & Talk (OS)	Scarf Dancing (PM)	Coupon Clipping (LC)
Movie Social (S)	Hotdogs & Hymns (MSL)	Snack Social (S)	Newspaper Reading (CR)	Table Setting (LR)	Walk & Talk (OS)	Bird Watching (O)
Group Hymns (MS)	Plant Watering (O)	Music & Memory (M)	Milkshakes & Movies (SL)	Short Story Reading (LR)	Table Setting (LR)	Folding & Sorting (R)
Sit & Be Fit (PS)	Folding & Sorting (CRL)	Crafty Corner (L)	Group Prayer (S)	Musical Ball Toss (MP)	Junk Drawer Detective (C)	What Belongs? (CR)
Walking Group (OP)	Name that Tune (CM)	Group Singing (M)	Cake Day Snack (LS)	Daily Chronicle Reading (RC)	MUSIC WITH MR.TRIPP(M)	Group Singing (MS)
EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)
<b>16 MORNING ROUTINE (L)</b>	MORNING ROUTINE (L)	<b>18</b> MORNING ROUTINE (L)	<b>19 MORNING ROUTINE (L)</b>	20 MORNING ROUTINE (L)	<b>21</b> MORNING ROUTINE (L)	<b>22</b> MORNING ROUTINE (L)
Group Trivia (CR)	Newspaper Reading (C)	Inspirational Reading (CL)	Pet Therapy (LR)	Design & Drill (CR)	Potato Stamps (LC)	Chair Exercise (P)
Word Games (LC)	Walking & Singing (PM)	Group Parachute (PS)	Fresh Air Outing (O)	Wrapping Yarn (SR)	Bird Watching (OR)	Fabric Feeling (RC)
Table Setting (LR)	Coupon Clipping (LC)	Table Bowling (L)	Popcorn Toss (PS)	Birthday Cards Craft (C)	Kick Ball (PS)	Laundry Folding (RL)
Movie Social (S)	Bird Watching (O)	Sensory Table Game (CR)	Music & Memory (M)	BIRTHDAY PARTY (SM)	Group Puzzle (C)	One on One Walk (O)
Group Hymns (MS)	Folding & Sorting (R)	BINGO (LS)	Junk Drawer Detectives	Courtyard Exploring (OP)	Making Lemonade (R)	Table Puzzles (RC)
Group Parachute (SP)	What Belongs? (CR)	Group Sing-a-long (M)	Bread Making (CR)	Sit & Be Fit (P)	Movie Social (S)	Snack Social (S)
Walking Group (O)	Group Singing (MS)	Ball Toss (P)	Afternoon Prayer (S)	What Doesn't Belong (CR)	MUSIC WITH STEVE (M)	Old Tunes (RM)
<b>EVENING ROUTINE (L)</b>	EVENING ROUTINE (L)	EVENING ROUTINE (L)	<b>EVENING ROUTINE (L)</b>	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)
<b>23</b> MORNING ROUTINE (L)	<b>24 MORNING ROUTINE (L)</b>	<b>25 MORNING ROUTINE</b>	<b>26</b> MORNING ROUTINE	<b>27 MORNING ROUTINE (L)</b>	<b>28 MORNING ROUTINE (L)</b>	<b>29</b> MORNING ROUTINE (L)
Stuffing Envelopes (CR)	What's Missing (C)	Sing-a-long Hymns (SM)	Stretch with Me (P)	Sittercise (P)	Group Singing (MR)	Chair Exercising (P)
Watering Plants (OP)	Fill in the Blank Sing (M)	Table Puzzles (RC)	Old Time Radio (MR)	Table Bowling (CR)	Butterfly Watching (O)	Group Parachute (SP)
Snack Social (S)	Making Ribbion Wands (L)	Aromatherapy (RL)	Word Games (C)	Walk & Talk (OS)	Memory Sheers (CR)	Group Sing-a-long (M)
Music & Memory (MC)	Table Bowling (CS)	Bird Watching (O)	Group Hangman (C)	Table Setting (LR)	Sittercise (P)	Folding Napkins (LR)
BINGO (SR)	BINGO (R)	Sensory Board (C)	Fresh Air Outing (O)	Short Story Reading (LR)	Group Jeopardy (CS)	Junk Drawer Detective (C)
Rolling Yarn (LC)	Group Walk (O)	BINGO (C)	Snack Social (S)	Musical Ball Toss (MP)	Story Time (SR)	Courtyard Exploring (O)
Balloon Volleyball (P)	Sit & Be Fit (P)	Ice Cream Ball Toss (SP)	Chair Exercising (P)	Daily Chronicle Reading (RC)	MUSIC WITH DAVID (M)	Leaf Craft (C)
EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	EVENING ROUTINE (L)	<b>EVENING ROUTINE (L)</b>	EVENING ROUTINE (L)	EVENING ROUTINE (L)

The Daily 7 Key (P) Physical Wellness (R) Reminiscent Activities (S) Social/Spiritual (C) Cognitive (M) Music (L) Life Enrichment (O) Outdoor Activities